



MOVING FORWARD's meetings provide a way to meet other amputees in our community, so we may learn from and encourage each other. They also provide us with the opportunity to voice our concerns and help each other to find solutions to problems that we face as amputees. At some meetings we have guest speakers who share with us information to help us achieve a healthier lifestyle. We encourage you to come to a meeting and give it a try. You will leave with new friendships, knowledge, and motivation to help you in dealing with and living with limb loss.

Meetings are held at 3 area locations:

On the 3rd Monday of each month, from 6:30 - 8:00 pm, at Southern IN Rehab Hospital, 3104 Blackiston Blvd., New Albany, IN, in the Conference Room.

On the 4th Saturday of each month, from 2:00 - 4:00 pm, at Norton Brownsboro Medical Plaza 1, 4950 Norton Healthcare Blvd., Louisville, KY, in Room 301B.

Quarterly meetings are held at the Harrison Co. Hospital, 1141 Hospital Dr. N.W., Corydon, IN, in the Baumgart Room, from 6:30 - 8:00 pm.

Upcoming dates for this meeting are:

Mar. 7, June 6, Sept. 5, & Dec. 5, 2018.

See the **UPCOMING EVENTS** section of our newsletter for details about speakers and presentations for future meetings.

For more information, contact us:

Email: moving4wdamputeegroup@gmail.com

Call us: **502-509-6780**

Visit our website: ampmovingforward.com

Look on Facebook for: [Moving Forward Limb Loss Support &](#)

[Moving Forward Limb Loss Support Group for Young Adults Ages 18-38](#)

We hope to see you at a meeting soon!!