

Group Meditation & Shamanic Healing

This 90 minute meditation will take you on a journey inside the soul. The meditation and healing consists of shamanic trance drumming while having guidance allowing the chakras and multi dimensions of the subtle body open up for the souls transformation at the soul level. No prior experience needed, just an open mind and heart.

Facilitated by Kristi Lopez

7pm-8:30pm

	Tuesday's	Wednesday's
Jan	15th, 29th	23rd
Feb	12th, 26th	6th, 20th
Mar	12th, 26th	6th, 20th

Cost each class: \$40

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