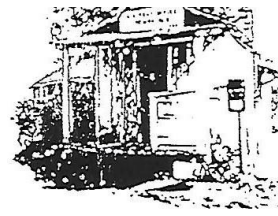


The Acmar Soul Miner

*Searching for wisdom
As for hidden treasures...
For the Lord gives wisdom*



Acmar United Methodist Church Nov. 2022 Vol. 23 Issue 11 Acmar Post Office

Nothing for Granted

Twentieth-century writer, G. K. Chesterton, said his goal was to take nothing for granted: "everything received with gratitude; everything passed on with grace."

The OCT/NOV 2021 *Guideposts* encourages us to notice the good. We can have a "gratitude make-over" with these 15 tips:

- (1) **As soon as you open your eyes in the morning, say "thank you."** Breathe in and out. Think about the wonder of what just occurred.
- (2) **Start a gratitude journal.** Write down three things you are grateful for each day. Marvel at them at the end of one month.
- (3) **Live in wonder.** Dig deep into the things – big and small – that delight you.
- (4) **Take a new path.** You never know what you might discover when you switch the route you take every day.
- (5) **Ring out.** Set an alarm on your phone for a certain time each day to say a prayer for the helpers in your life.
- (6) **Keep an "attitude of gratitude."** There's a reason this is one of the most popular 12-step sayings. Are you feeling discouraged? Look for the positive in your situation – then pay attention to how your mind-set shifts.
- (7) **Little things count.** Research shows that daily acts of kindness boost happiness. They don't have to be big. What matters is your intention.
- (8) **Remember apples for teachers?** It's apple-picking time. Give some to friends, family and coworkers to thank them for a lesson they taught you.

(9) **Honor our troops and veterans.** Make a care package with a card telling a military service member how much you appreciate their service. Check out operationgratitude.com for soldier's wish lists and shipping information. Or send a letter of thanks to your local VFW or veteran's home.

(10) **Say grace.** It doesn't have to be just before meals. Are there other moments throughout the day when you can give thanks?

(11) **Print out a photo.** Instead of sending a digital photo to the people you love, print one out. Write a note sharing why you are thankful for that moment, and drop in the mail.

(12) **Pray.** Take a page from Philippians 4:8 and think on those things that are true, noble, right, lovely and admirable.

(13) **Pass it on.** Got a favorite family recipe? Write it down on index cards to use as place cards at your Thanksgiving table.

(14) **Change your focus.** Remember you can be blessed and stressed at the same time. Can you find something to be grateful for in your challenges? A hidden strength, maybe, or an unexpected ally?

(15) **Set a goal to be kinder and more compassionate.** Cultivate feelings of kindness and good-will toward someone whether or not that person even knows it.¹

*I thank my God
upon every remembrance of you
(Philippians 1:3)*

¹ *Guideposts* OCT/NOV 2021.

McCauley, Celeste, Ed. "Gratitude Makeover"
Pages 18-21.

Children's Camp

Gospel Light's Big Book of Kindergarten Puzzles.

Puzzle 98

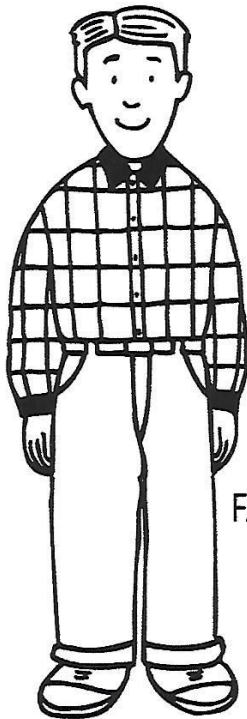
Look at the pictures and the words describing some people we can show God's love to. Then find the words in the puzzle.



GIRL



MOM



FATHER

M	A	B	G	C	F
O	F	N	I	H	A
M	U	B	R	O	T
A	K	A	L	M	H
P	Q	B	R	S	E
B	O	Y	W	X	R



BABY



BOY

The wisdom of God.
We see it in verses but sometimes we have to dig to uncover the meaning.

Look Here:
I thank my God upon every remembrance of you.
(Philippians 1:3)

Digging In:

We can be thankful for the people in our lives.
We are thankful for our Moms and Dads.
We are thankful for our brothers and sisters.
We are thankful for all of our family.
We are thankful for our friends.
We are thankful for our teachers.
We are thankful for all people who love us.

The Acmar Community Quilt

It has been charge conference time at the Acmar United Methodist Church. Some people may not be aware of what that means. The charge conference consists of members of the local church and must meet at least once a year. They consider the mission and ministry of the church, set a salary for the pastor, elect members of the church council and recommend candidates for ordained ministry.

The Pell City News printed the following article November 19, 1942.

Acmar Methodist Church News

The Methodist Churches of Acmar, Margaret, and Overton last month closed out one of their best years in the history of the charge. The report to the Annual Conference showed that all financial obligations had been met in full, and that a full program had been put on in each church.

During the year a new Sunday School was organized at Markeeta, with O.H. Stone as superintendent. The interest and attendance has steadily grown under his leadership.

The new year has begun and plans are being made for the work of the church. At Acmar and Margaret, the Stewards have met and pledged to do even a better work than last year. Some of the items to be addressed are:

1. A Sunday School Workers Training Class and a Vacation Bible School in each church.
2. A School of Missions in each church.
3. A Revival in each church.
4. Support of special interests of the Conference, such things as the Children's Home, Birmingham Southern financial campaign.
5. The meeting of all financial obligations in full for the year.
6. The enlistment of a greater percentage of our community in the work of the church.

Already the churches are at work planning special Christmas programs at which time the offering will be made for the Children's Home in Selma.

The friends of Mr. and Mrs. T.B. Dryer regret to see them leave Acmar. We wish Mrs. Dryer much happiness in her new home and Mr. Dryer continued success in his new position.

Mr. Bell, general manager, who has been serving as superintendent at Acmar since the resignation of Mr. T.B. Dryer, has announced the appointment of Mr. R.C. McClain to assistant superintendent. Mr. McClain has had twenty-five years of mining experience, fifteen of which have been spent at Acmar.

Mr. O. H. Moore has been promoted to safety engineer, the position formerly held by Mr. McClain.

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	DAYLIGHT SAVING TIME ENDS NOV. 6 BACK 1 HR.	1 ALL SAINTS DAY  Linda Rowell	2 BIBLE STUDY 10:00 am MCA 3-5 p White's Chapel	3	4	5
6 CHURCH 9 a All Saints  Gracen Sims	7	8	9	10  BINGO 10 Senior Center	11  VETERAN'S DAY	12 CHILDREN PLAY PRACTICE 10 am
13 CHURCH 9 a Christmas Boxes Veteran Off.	14  Candice Byers	15  Shirley Prince	16  MCA 3-5 p White's Chapel	17	18	19
20 CHURCH 9 a  Veronica Anderson	21  Olivia Champion	22	23  Sebastian Lamphear	24  THANKSGIVING	25	26
27  CHURCH 9 a 1st Sunday Advent: Hope	28 Cindy Raines  Carl Tamm  Tracey Wilson 	29  Luke Goodner	30	Audio Sermon Podcasts On Website	Soul Miner on the Website in Gallery	

Soul Food for November

Mon. October 31 Haggai 1:15b – 2:9
 Tue., November 1 Psalm 145:1-5, 17-21
 Wed., November 2 2 Thessalonians 2:1-17
 Thur., November 3 Luke 20:27-38
 Fri., November 4 Psalm 18:1-6
 Sat., November 5 1 Kings 19:1-9

Mon., November 7 Isaiah 65:17-25
 Tue., November 8 Psalm 118
 Wed., November 9 2 Thessalonians 3:6-13
 Thur., November 10 Luke 21:5-19
 Fri., November 11 Exodus 1:22; 2:1-10
 Sat., November 12 Lamentations 3:21-24

Mon., November 14 Jeremiah 23:1-6
 Tue., November 15 Luke 1:68-69
 Wed., November 16 Colossians 1:11-20
 Thur., November 17 Luke 23:33-43
 Fri., November 18 Matthew 17:14-20
 Sat., November 19 Ephesians 2:1-10

Acmar UMC / P.O. Box 85 / 4107 Old Acton Road
Moody, AL 35004 **Phone: 205 640 4325**
 Moody Crossroads / Intersection Hwy. 411/Cty. Rd. 10
 Take County Rd. 10 W. (Park Ave.) toward Trussville;
 Travel 1 mile; Turn right on Acmar Rd.; travel 2 miles;
 Left onto Old Acton Rd., Church is on the left

Mon., November 21 Isaiah 2:1-5
 Tue., November 22 Psalm 122
 Wed., November 23 Romans 13:11-14
 Thur., November 24 Matthew 24:36-44
 Fri., November 25 Philippians 4:10-13
 Sat., November 26 Hebrews 10:19-25

Mon., November 28 Isaiah 11:1-10
 Tue., November 29 Psalm 72:1-7, 18-19
 Wed., November 30 Romans 15:4-13
 Thur., December 1 Luke 1:1-17/Matthew 3:1-12
 Fri., December 2 Psalm 8:1-9
 Sat., December 3 1 John 4:7-12