

Olympic Distance Run

1. Right out of transition
2. Left onto bike path at Ft. Raleigh Entrance
3. Left on sidewalk to 345
4. Right on old 345
5. Continue on multi-use path (HWY 64)
6. Left on Mother Vineyard
Turn around point
7. Right on multi-use path
8. Bear Right to stay on 345
9. Right on Cedrow
10. Left on Algonkian
11. Right on old 345
12. Right on Dare Ave
13. To cone for 180 turn
14. Right into park for finish
FINISH