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All-around

There is just two weeks of regular season events remaining and several WDA teams will be in Minot on Friday, Feb. 5 for one of them. Jamestown will compete at the Fargo Invite that day.

Dismount

Jamestown finished runner-up for a third time this season (Jamestown Mid-Winter Invite)...Dickinson gymnasts swept individual titles last week at the Fern Pokorny Invite.

Team of the Week

Dickinson continued its impressive season, winning a seventh team title last week.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the finish Dickinson went in all-around scoring at its home meet on Saturday, Jan 30 (Keana Kudrna, Acacia Fossum, Ayanna Fossum).

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2015-16 SEASON SCHEDULE/RESULTS

This week's events.

Friday, Feb. 5
Minot Meet, 5:30 p.m.
Fargo Invite, 5 p.m.

Last week

Jan. 30
Fern Pokorny Invite, Dickinson

Team totals
1. Dickinson, 148.475; 2. Fargo Davies, 129.700; 3. Mandan, 123.275; 4. Fargo South, 117.900

Event Winners
All-Around: Keana Kudrna, Dickinson, 37.875

Vault: Kudrna, Dickinson, 9.875

Uneven Bars: Kudrna, Dickinson, 9.575

Balance Beam: Ayanna Fossum, Dickinson, 9.425

Floor Exercise: Acacia Fossum, Dickinson, 9.700

BISMARCK HIGH: The Demons will compete at meet in Minot on Friday, Feb. 5.

CENTURY: The Patriots will compete at meet in Minot on Friday, Feb. 5.

DICKINSON: The Midjets travel to Minot on Friday, Feb. 5. Dickinson captured the team title at its Fern Pokorny Invite last week. It was Dickinson's seventh team title this season and its score of 148.475 was a season high. Keana Kudrna had the top all-around score. It was the second time this season she earned that distinction.

Fern Pokorny Invite
All Around: 1. Keana Kudrna, 37.875. 2. Acacia Fossum, 37.600; 3. Ayanna Fossum, 37.575; 5. Peyton Selle, 34.575; 6. Meghan Ackerman, D, 34.550; 7. Dacia Rambousek, 34.350; 9. Faith Beck, D, 33.825
Uneven Bars: 1. Kudrna, 9.575; 2. Ay. Fossum, 9.000; 3. Ac. Fossum, 8.875; 4. Beck, 8.350; 5. Rambousek, 8.300; 6. Schumacher, 8.225; 8. Ackerman, 8.050; 9. Selle, 8.000
Vault: 1. Kudrna, 9.875; 2. Ac. Fossum, 9.800; 3. Ay. Fossum, 9.500; 4. Schumacher, 9.200; 5. Selle, 9.175. 6. Ackerman, 9.125; 8. Rambousek, 8.975; 9. Beck, 8.825.
Balance Beam: 1. Ay. Fossum, 9.425; 3. Ac. Fossum, 9.225; 4. Ackerman, 9.025. 5. Kudrna, 8.925; T6. Selle, 8.900; 9. Rambousek, 8.425; 10. Beck, 8.250
Floor Exercise: 1. Ac. Fossum, 9.700; 2. Ay. Fossum, 9.650; 3. Kudrna, 9.500; 7. Ryan Campbell, 8.850; 9. Macy Leiss, 8.700.

Mid-Winter Invite, Jamestown

Team totals

1. Valley City 140.675; 2. Jamestown 140.600; 3. Grand Forks 134.600; 4. Wahpeton 132.150

Event Winners

All-Around: Taylor Johnson, Valley City, 36.125

Vault: Maggie Ridley, Jamestown; 9.2. Brienne Roehrich, VC, 9.2

Uneven Bars: B. Roehrich, VC, 9.150

Balance Beam: T. Johnson, VC, 9.625

Floor Exercise: M. Ridley, J, 9.2; T Johnson, VC, 9.2

Meets in Central Time

JAMESTOWN: The Blue Jays travel east to Fargo for a meet on Friday, Feb. 5. The squad is coming off a runner-up finish at its home meet on Jan. 30. Maggie Ridley tied for first in the vault and floor exercise.

Mid-Winter Invite, Jamestown

All-Around: 3. Maggie Ridley, 35.400; 4. Alexis Triebenbach, 35.050; 5. Rachel Schiele, 34.450; T7. Madison Mandan, 34.250; 9. Hannah Schiele, 33.975

Vault: T1. Maggie Ridley, 9.2; 3. H. Schiele,

9.1; T4. R. Schiele, 9.0; T7. Kailey Alber, 8.8; T7. Peyton Rudnick, 8.8

Uneven Bars: T2. R. Schiele, 8.65; 4. Ridley, 8.6. 5. Triebenbach, 8.5; 6. H. Schiele, 8.45

Balance Beam: 3. Triebenbach, 8.950; 9. Mandan, 8.450; T10. Alber, 8.4; T10. Ridley, 8.4

Floor Exercise: T1. Ridley, 9.2.; 3. Mandan, 9.050; 4. Alber, 8.950. T5. Triebenbach, 8.9; 10. R. Schiele, 8.8.

LEGACY: The Sabers will compete at meet in Minot on Friday, Feb. 5.

MANDAN: The Braves are in Minot on Friday, Feb. 5 for the Minot Invite. Last week, Mandan finished third at the Fern Pokorny Invite in Dickinson. Olivia Lacher had the top score in all-around, placing 13th.

Fern Okorny Invite

All Around: 13. Olivia Lacher 31.275; 14. Rylee Bowers, 30.475

Vault: T14. R. Bowers 8.325

Uneven Bars: 11. J. Bowers 7.700; 13. Lacher 7.025 (13th)

Balance Beam: 11. Nellie Masseth 8.075; 12. J. Bowers 8.050; 13. Lacher 7.875

Floor Exercise: 16. R. Bowers 8.200; 19.

Lacher 8.050

MINOT: The Majettes host a meet this Friday, Feb. 5.

All-around

Dickinson and Jamestown will host meets on Saturday, Jan. 30.

Dismount

Dickinson won its sixth meet title last week...the WDA Meet is Feb. 19 in Minot.

Team of the Week

Legacy finished a season-best third at the Minot Invite on Jan. 22.

Past WDA Champions

2014-15: Minot
 2013-14: Minot
 2012-13: Dickinson
 2011-12: Minot
 2010-11: Minot
 2009-10: Minot
 2008-09: Minot
 2007-08: Dickinson
 2006-07: Dickinson
 2005-06: Minot

By the numbers

That is the number of meet titles that Dickinson has won this season.

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2015-16 SEASON SCHEDULE/RESULTS

This week's events.

Saturday, Jan. 30
 Jamestown Meet, 11 a.m.
 Dickinson Meet, 12 noon
Last week
Jan. 22
Minot Invite
Team totals
 1. Minot, 142.850; 2. Valley City, 137.475; 3. Legacy, 131.2; 4. Grand Forks, 130.625; 5. Century, 126.7; 6. Bismarck, 126.475
Event Winners

All-Around: Hannah Werchau, Minot, 37.075
Vault: H. Werchau, Minot, 9.475
Uneven Bars: H. Werchau, Minot, 9.175
Balance Beam: Taylor Johnson, Valley City, 9.45
Floor Exercise: H. Werchau, Minot, 9.55

Meets in Central Time

BISMARCK HIGH: The Demons are idle until a meet in Minot on Feb. 5. Last week, the squad was sixth at a meet in Minot. Morgan Salwei was fifth in all-around scoring.

Minot Invite
All Around: 5. Morgan Salwei, 34.425
Vault: 6. Salwei, 9.0; 8. Lauren Carlson, 8.8
Balance Beam: 2. Salwei, 8.95
Floor Exercise: 6. Salwei, 8.875

CENTURY: The Patriots are idle until they return to Minot for a meet on Feb. 5. Last week, the squad was fifth at the Minot Invite.

Minot Invite
Vault: T10. Ashley Gessele, 8.6; T10. Kenzie Gullickson, 8.6

DICKINSON: The Midgets host a meet on Saturday, Jan. 30. The squad is coming off a first place showing at a meet in Rapid City, SD last week. It was Dickinson's sixth meet title this season. Acacia Fossum was second in all-around scoring.

Rapid City Meet
All around: 2. Acacia Fossum, 37.650; 3. Keana Kudrna, 37.375; 4. Ayanna Fossum, 37.325.
Vault: 1. Kudrna, 9.900; 3. Ay. Fossum, 9.550; 4. Ac. Fossum, 9.500; 8. Brinklyn Schumacher, 9.000; 9. Meghan Ackerman, 8.850.
Uneven bars: 1. Kudrna, 9.600; 3. Ac. Fossum, 9.000; 4. Ay. Fossum, 8.850
Balance beam: 1. Ac. Fossum, 9.925; 3. Ay. Fossum, 9.350; 5. Dacia Rombousek, 9.000; 10. Kudrna, 8.300; 19. Payton Selle, 7.500.
Floor exercise: T1. Ay. Fossum, 9.575; T1. Kudrna, 9.575; 6. Ac. Fossum, 9.225; 8. Dacia Rombousek, 8.700; 9. Ryan Campbell, 8.650.

JAMESTOWN: The Blue Jays host a meet this Saturday, Jan. 30. The squad was idle last week.

LEGACY: The Sabers are idle until Feb. 5 when it competes in a meet in Minot. Last week, the team was third at a meet in Minot. Zoe Prince was fourth in all-around scoring.

Minot Meet
All Around: 4. Zoe Prince, 35.05
Vault: 7. Prince, 8.9
Uneven Bars: 7. Prince, 8.475; 8. Taylor Weidner, 8.35
Balance Beam: 5. Prince, 8.775; 8. Kyrie Link, 8.375
Floor Exercise: 4. Prince, 8.9

MANDAN: The Braves will compete at the Dickinson Invite on Saturday, Jan. 30. Mandan was idle last weekend.

MINOT: The Majettes are idle until Feb. 5 when it hosts a meet. The squad last week picked up its second meet title of the season. Hannah Werchau was first in all-around scoring.

Minot Meet
All Around: 1. Hannah Werchau, 37.075; 3. Olivia Schoffstall, 35.125; 6. Adisynn Widdell, 34.1; 10. Emma Spengler, 33.275
Vault: 1. Werchau, 9.475; 2. Savannah Fix, 9.3; 3. Widdell, 9.275; 4. Ashlee Pelzer, 9.150
Uneven Bars: 1. Werchau, 9.175; 2. Schoffstall, 9.075; 6. Grace Shanklin, 8.575; 9. Spengler, 8.3
Balance Beam: 3. Werchau, 8.875; 4. Fix, 8.85; 6. Schoffstall, 8.725; 9. Widdell, 8.2
Floor Exercise: 1. Werchau, 9.55; 6. Schoffstall, 8.875; 8. Spengler, 8.75

All-around

Several WDA teams will travel to the Magic City for a meet in Minot on Friday, Jan. 22. Dickinson will head south to Rapid City, SD for a meet there on Saturday, Jan. 23.

Dismount

Nine teams competed at the recent Julie Ziegler Invite on Jan. 15...Acacia Fossum of Dickinson won the all-around title at the Ziegler Meet.

Team of the Week

Minot was runner-up at the Julie Ziegler Meet last week. It was the third time this season the Majettes were runner-up in a meet.

Past WDA Champions

2014-15: Minot
 2013-14: Minot
 2012-13: Dickinson
 2011-12: Minot
 2010-11: Minot
 2009-10: Minot
 2008-09: Minot
 2007-08: Dickinson
 2006-07: Dickinson
 2005-06: Minot

By the numbers

That is the how WDA teams finished at the recent Bismarck Julie Ziegler Meet. Dickinson was first; Minot, second; Jamestown, third.

1-2-3

2015-16 SEASON SCHEDULE/RESULTS

This week's events.

Friday, Jan. 22

Minot Meet, 5:30 p.m.

Saturday, Jan. 23

Rapid City, SD Meet, TBA

Last week

Jan. 15

Julie Ziegler Invite, Bismarck

Team totals

1. Dickinson, 144.575; 2. Minot High, 140.225; 3. Jamestown, 136.675; 4. Valley City, 135.45; 5. Bismarck, 133; 6. Century, 128.6; 7. Grand Forks, 127.025; 8. Legacy, 126.9; 9. Mandan, 115.375.

Event Winners

All-Around: Acacia Fossum, Dickinson, 37.675

Vault: Keana Kudrna, Dickinson, 9.55

Uneven Bars: Ac. Fossum, Dickinson, 9.575

Balance Beam: Taylor Johnson, Valley City, 9.575

Floor Exercise: Ayanna Fossum, Dickinson, 9.575

Jan. 21.

Jamestown 139.300, Mandan 125.350

Meets in Central Time

BISMARCK HIGH: The Demons travel to Minot for a meet on Friday, Jan. 22. Last week, the squad finished fifth at the Julie Ziegler Invite in Bismarck. Rachel Dallman was fourth in all-around scoring.

Julie Ziegler Meet

All Around: 4. Rachel Dillman, 35.375

Vault: 4. Morgan Salwei, 9.15

Balance Beam: 4. R. Dillman, 9.025

Floor Exercise: 2. R. Dillman, 9.5

CENTURY: The Patriots travel to Minot for a meet on Friday, Jan. 22. Last week, Century was sixth at the Julie Ziegler Invite in Bismarck.

Julia Redwing had a pair of fifth place finishes in individual events

Julie Ziegler Meet

Uneven Bars: 5. Julia Redwing, 8.95

Balance Beam: 5. Redwing, 8.975

DICKINSON: The Midgets head to Rapid City, SD for a meet on Saturday, Jan. 23. Dickinson took the team title at the Julie Ziegler Invite last week in Bismarck. It was Dickinson's fifth team title of the year. Acacia Fossum was first in all-around scoring. Ac. Fossum won uneven bars and balance beam; Keana Kudrna won the vault; Ayanna Fossum won the floor exercise

Julie Ziegler Meet

All Around: 1. Acacia Fossum, 37.675; 3.

Keana Kudrna, 37.1; 6. Ayanna Fossum,

35.225

Vault: 1. Kudrna, 9.55; 3. Acacia Fossum,

9.45; 4. Ay. Fossum, 9.15

Uneven Bars: 1. Acacia Fossum, 9.575; 2. Kudrna,

9.525

Balance Beam: 2. Ac. Fossum, 9.525.

Floor Exercise: 1. Ay. Fossum, 9.575. 3. Keana

Kudrna, 9.425; 6. Ac. Fossum, 9.125

JAMESTOWN: The Blue Jays are idle until hosting a meet on Saturday, Jan. 30.

Last week, Jamestown was third at the Julie Ziegler Invite in Bismarck and then defeated Mandan, 139.300-125.350 in a dual on Jan. 21. Rachel Schiele was fifth on the beam at the Ziegler Meet.

Julie Ziegler Meet

Balance Beam: 6. Rachel Schiele, 8.925

LEGACY: The Sabers travel to Minot for a meet there on Friday, Jan. 22.

Last week, Legacy was eighth at the Julie Ziegler Invite in Bismarck.

MANDAN: The Braves will compete in Minot at a meet on Friday, Jan. 22.

Last week, Mandan was ninth at the Julie Ziegler Meet in Bismarck on Jan. 15 and then dropped a home dual to Jamestown on Jan. 21, 139.300-125.350. At the Ziegler Meet, Jaysea Bowers were 23rd in all-around scoring.

Julie Ziegler Invite

All Around: 23. Jaysea Bowers, 32.025

Vault: 22. J. Bowers, 8.550

Uneven Bars: 35. J. Bowers, 6.750

Balance Beam: 19. J. Bowers, 7.950

Floor Exercise: 26. J. Bowers, 8.775

MINOT: The Majettes will host a meet on Friday, Jan. 22.

Last week, Minot was runner-up at the Julie Ziegler Meet last week. Hannah Werchau was second in all-around scoring.

Julie Ziegler Meet

All Around: 2. Hannah Werchau, 37.175.

Vault: 2. Werchau, 9.5; 6. Adisynn Widdel,

9.05

Uneven Bars: 3. Werchau, Min., 9.5; 4.

Adisynn Widdel, 9.0; 6. Olivia Schoffstall,

8.825

Balance Beam: 3. Werchau, Min., 9.1

Floor Exercise: 4. Widdel, 9.4. 5. Savannah Fix,

9.15.

All-around

WDA teams head to Bismarck on Friday, Jan. 15 for a meet.

Dismount

Team of the Week

Dickinson won the team title at the Jamestown Invite on Jan. 8. It was the fourth team championship this season for the Midgets.

Past WDA Champions

2014-15: Minot
 2013-14: Minot
 2012-13: Dickinson
 2011-12: Minot
 2010-11: Minot
 2009-10: Minot
 2008-09: Minot
 2007-08: Dickinson
 2006-07: Dickinson
 2005-06: Minot

By the numbers

That is the number of regular season meets Dickinson has won this season.

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2015-16 SEASON SCHEDULE/RESULTS

This week's events

Friday, Jan. 15
 Bismarck Invite, 5 p.m.
Friday, Jan. 22
 Minot Meet, 5 p.m.
 Saturday, Jan. 23
 Rapid City, SD Meet, TBA
Last week
Jan. 8
 Jamestown Invite

1. Dickinson, 144.2; 2. Jamestown, 140.15; 3. Minot, 137.425; 4. Bismarck High, 133.75; 5. Century, 32.45; 6. Legacy, 30.425.

Event Winners

All-Around: Acacia Fossum, Dickinson, 37.925 points
Vault: Keana Kudrna, Dickinson, 9.75
Uneven Bars: Ac. Fossum, Dickinson, 9.775
Balance Beam: Zoe Prince, Legacy, 9.125
Floor Exercise: Ac. Fossum, Dickinson, 9.675
Jan. 12
 Jamestown vs. Valley City

Meets in Central Time

BISMARCK HIGH: The Demons host a meet on Friday, Jan. 15. Bismarck High is coming off a fourth place finish at the Jamestown Invite. Rachel Dillman placed in the top five in all four events.

Jamestown Invite
All Around: 4. Rachel Dillman, 36.55 points
Vault: 4. R. Rachel Dillman, 9.075
Uneven Bars: 4. R. Dillman, BHS, 9.275
Balance Beam: 5. R. Dillman, 8.9

CENTURY: The Patriots will host the Bismarck Invite on Friday, Jan. 15. Last week, Century finished fifth at the Jamestown Invite. The squad had one top six finisher in Julie Redwing in the vault.

Jamestown Invite
Vault: 6. Julie Redwing, 8.925 points

DICKINSON: The Midgets will compete at the Bismarck Invite on Friday, Jan. 15. Last week, Dickinson won the Jamestown Invite. Acacia Fossum at the top all-around scoring. She also had the top performance on the vault, uneven bars and floor.

Jamestown Invite
All Around: 1. Acacia Fossum, 37.925 points;
 2. Keana Kudrna, 36.925
Vault: 1. Kudrna, DHS, 9.75; 2. Ac. Fossum, 9.5
Uneven Bars: 1. Ac. Fossum, 9.775; 2. Kudrna, 9.7
Balance Beam: 2. Ac. Fossum, 8.975
Floor Exercise: 1. Ac. Fossum, 9.675; 2. Kudrna, 9.45; 3. Ayanna Fossum, 9.35

JAMESTOWN: The Blue Jays will compete at the Bismarck Invite on Friday, Jan. 15. Last week, Jamestown finished second at its home meet on Jan. 8. Erin Hillerud was fifth in all-around scoring. The squad was also scheduled for a dual with neighboring Valley City on Jan. 12.

Jamestown Invite
All Around: 5. Erin Hillerud, 36.1 points
Uneven Bars: 5. Hillerud, 9.075
Balance Beam: 3. R. Schiele, 8.95
Floor Exercise: T4. Hillerud, 9.325

LEGACY: The Sabers will compete next on Friday, Jan. 15 at the Bismarck Invite. Last week, Legacy finished sixth at the Jamestown Invite. Zoe Prince won the balance beam event.

Jamestown Invite
Balance Beam: 1. Zoe Prince, 9.125 points

MANDAN: The Braves will compete next at Bismarck Invite on Friday, Jan. 15. Last week, the squad was fourth at the Grand Forks Invite. Jaysea Bowers was fourth in all-around scoring.

Grand Forks Invite
All-Around: 4. Jaysea Bowers, 32.600; 4. Rylee Bowers, 31.750; 11. Olivia Lacher, 30.750; 12. Nellie Masseeth, 27.100
Vault: 7. J. Bowers 8.900; 14. Makayla Hickman, 8.500; T18. R. Bowers, 8.300
Uneven Bars: 10. O. Lacher, 8.00; 12. Bowers, 7.300; 15. R. Bowers, 7.150
Balance Beam: 5. R. Bowers, 7.800; 7. J. Bowers, 7.700; 12. N. Masseeth, 7.050
Floor Exercise: 8. J. Bowers, 8.700; 13. R. Bowers, 8.500; 13. Lacher, 7.950

MINOT: The Majettes compete next at the Bismarck Invite on Friday, Jan. 15. Last week, Minot placed third at the Jamestown Invite. Hannah Werchau was third in all-around scoring.

Jamestown Invite
All Around: 3. Hannah Werchau, 36.776
Vault: 3. Werchau, 9.175; 5. Adisynn Widdel, 8.95
Uneven Bars: 3. Werchau, 9.4
Balance Beam: 4. Grace Shanklin, 8.925
Floor Exercise: T4. Werchau, 9.325

All-around

WDA teams are off until the Jamestown Meet on Jan. 8.

Dismount

Dickinson won its third meet of the season at the Valley City Hi-Liner Holiday Invite...Jamestown won its home meet...

Team of the Week

Jamestown captured its home tournament on Dec. 22. The Blue Jays earlier won a dual event at Fergus Falls, MN.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the number of WDA teams that won meet titles last week. Dickinson won the Valley City Hi-Liner Holiday Invite and Jamestown won its home meet.

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For more game boxscores and other information, log on to wdasports.org

2015-16 SEASON SCHEDULE/RESULTS

This week's events

No meets scheduled

Last week

Dec. 18

Hi-Liner Holiday Invite, Valley City

Team totals

1. Dickinson, 145.125; 2. Minot, 140.250; 3. Valley City, 135.200; 4. Bismarck High, 134.150; 5. Legacy, 125.900; 6. Century, 125.275.

Event Winners

All-Around: Keana Kudrna, DHS, 36.800.

Vault: Kudrna, DHS, 9.950.

Uneven Bars: Acacia Fossum, DHS, 9.700.

Balance Beam: Rachel Dillman, BHS, 9.175.

Floor Exercise: Ayanna Fossum, DHS, 9.400

Dec. 19

Jamestown 133.2, Fergus Falls, MN 132.9

Fargo North-South Invite

Team totals

1. Fargo Davies 131.250; 2. Bemidji, MN, 129.625; 3. Wahpeton, 123.900; 4. Mandan, 119.625; 5. Fargo, 115.525

Event Winners

All-around: Anna Suppes, Fargo Davies, 34.600

Vault: McKenzie Gripenot, Wahpeton, 8.850

Uneven Bars: Jenna Rieth, Fargo Davies, 7.950

Balance Beam: Suppes, Fargo Davies, 8.975

Floor Exercise: Suppes, Fargo Davies, 8.950

Dec. 22

Jamestown Christmas Invite

Team totals

1. Jamestown, 137.3; 2. Fargo Davies, 135.5; 3. Aberdeen, SD Central, 123.15; 4. Fargo, 117.05

Event Winners

All-around: Anna Suppes, Fargo Davies, 34.95

Vault: Maggie Ridley, Jamestown, 8.9; Jenna Rieth, Fargo Davies, 8.9

Uneven Bars: Erin Hillerud, Jamestown, 8.8

Balance Beam: Ashlyn Eagleson, Fargo Davies, 9.05

Floor Exercise: Suppes, Fargo Davies, 9.2

Meets in Central Time

BISMARCK HIGH: The Demons return to action on Jan. 8 at the Jamestown Meet. Last week, BHS finished fourth at the Valley City Hi-Liner Holiday Invite. Rachel Dillman was fifth overall in all-around scoring. She also won the balance beam event.

Valley City Hi-Liner Holiday Invite

All-Around: 5. Rachel Dillman, 36.225; 6. Kate Dillman, 36.225

Vault: 6. Kate Dillman, 9.250

Uneven Bars: 5. Rachel Dillman, 8.900; 6. Kate Dillman, 8.850

Balance Beam: 1. Rachel Dillman, 9.175; 3. Kate Dillman, 9.125

Floor Exercise: 3. R. Dillman, 9.250

CENTURY: The Patriots return to action on Jan. 8 at the Jamestown Meet. Century is coming off a sixth place showing at the Valley City Hi-Liner Holiday Invite. Julia Redwing was third in the vault.

Valley City Hi-Liner Holiday Invite

Vault: 3. Julia Redwing, 9.400

DICKINSON: The Midgets will return to competition at a meet in Jamestown on Jan. 8. Dickinson won the Valley City Hi-Liner Holiday Invite on Dec. 19. Keana Kudrna was the all-around champion and vault. Acacia Fossum won the uneven bars event. Ayanna Fossum won the floor exercise.

Valley City Hi-Liner Holiday Invite

All-Around: 1. Keana Kudrna, 36.800; 2. Acacia Fossum, 36.750; 4. Ayanna Fossum, 36.300

Vault: 1. Kudrna, 9.950; 2. Ac. Fossum, 9.650; 7. Meghan Ackerman, 9.200

Uneven Bars: 1. Ac. Fossum, 9.700; 2. Kudrna, 9.250; 6 Ay. Fossum, 8.850

Balance Beam: 4. Dacia Rambousek, 9.025; 5. Ay. Fossum, 9.000

Floor Exercise: 1. Ay. Fossum, 9.400; 5. Kudrna, 9.175

JAMESTOWN: The Blue Jays will return to competition at its home meet on Jan. 8, besting a field of three teams. Jamestown won its holiday meet on Dec. 22 and also picked up a dual win at Fergus Falls, MN on Dec. 19. Maggie Ridley was second in all-around scoring.

Jamestown Christmas Meet

All Around: 2. Maggie Ridley, 34.15; 3. Alexis Treibenbach, 34.05; 4. Hannah Schiele, 33.75; 5. Rachel Schiele, 33.5; 11. Rudnick, 32.2

Vault: T1. Ridley, 8.9; T3. H. Schiele, 8.8; T6. Peyton Rudnick, 8.7

Uneven Bars: 1. Erin Hillerud, 8.8; 4. Treibenbach, 8.05; T6. H. Schiele, 7.95; T8. Ridley, 7.9; T8. R. Schiele, 7.9

Balance Beam: 2. Hillerud, 8.9; 3. Ridley, 8.55; T8. H. Schiele, 8.2; T8. Treibenbach, 8.2

Floor Exercise: 2. Treibenbach, 9.0; 3. R. Schiele, 8.9; 4. Kaily Alber, 8.85; T5. H. Schiele, 8.8; T5. Ridley, 8.8

LEGACY: The Sabers will return to competition on Jan. 8 at the Jamestown Meet. Legacy finished fifth at the Valley City Hi-Liner Holiday Invite on Dec. 19. Zoe Prince was second on the beam.

Valley City Hi-Liner Holiday Invite

Balance Beam: 2. Zoe Prince, Legacy, 9.150

MANDAN: The Braves will compete next at the Grand Forks Meet on Jan. 9. Mandan finished fourth at the Fargo North-South Invite. Jaysea Bowers was second in all-around scoring.

Fargo North-South Meet

All Around: 2. Jaysea Bowers, 33.550; 15. Rylee Bowers, 30.200; 19. Olivia Lacher, 29.000

Vault: 3. J. Bowers, 8.750; T16. R. Bowers, 8.050; 18. Makayla Hickman, 8.025

Uneven Bars: 4. J. Bowers, 7.725; 18. Lacher, 6.475; T22. R. Bowers, 6.075

Balance Beam: T4. J. Bowers, 8.375; 7. R. Bowers, 7.975; 11. Lacher, 7.475 (11th place); 16. Hanna Krause, 7.175

Floor Exercise: 3. J. Bowers, 8.700; T11. R. Bowers, 8.100; 23. Wessner, 7.200

MINOT: The Majettes return to competition on Jan. 8 at the Jamestown Meet. The squad finished runner-up at the Valley City Hi-Liner Holiday Invite. Hannah Werchau was third in all-around scoring.

Valley City Hi-Liner Holiday Invite

All-Around: 3. Hannah Werchau, Minot, 36.550

Vault: 4. Werchau, 9.300; 5. Adisynn Widdel, M, 9.275

Balance Beam: 6. Werchau, 8.825

Uneven Bars: 3. Werchau, 9.125; 4. Olivia Schoffstall, 9.050

Floor Exercise: 2. Werchau, 9.300; 6. Widdel, 9.025.

All-around

WDA teams will head east competing in meets in Valley City on Dec. 18 and Fargo on Dec. 19. It's the final competition before the holiday break.

Dismount

Minot won its first meet of the season on Dec. 11...Jamestown has competed in two duals so far this season...Mandan's third place showing in Valley City was a season high.

Team of the Week

Minot bested a field of five teams to win the Bismarck Invite on Dec. 11. Hannah Werchau won the all-around scoring.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the position senior Dickinson's Acacia Fossum finished in all four events and all-around scoring at the recent dual meet with Jamestown.

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For more game boxscores and other information, log on to wdasports.org

2015-16 SEASON SCHEDULE/RESULTS

This week's schedule

Friday, Dec. 18
Valley City Meet, 5 p.m.

Saturday, Dec. 19
Fargo Meet, 12 noon

Last week

Dec. 11

Bismarck Invite

Team totals

1. Minot, 140.150; 2. Bismarck High, 136.500; 3. Century, 133.750; 4. Legacy, 129.575. 5. Fargo Davies, 128.525; 6. Fargo, 115.025

Event winners

All-Around: Hannah Werchau, Minot, 37.575

Balance Beam: H. Werchau, Minot, 9.350

Floor Exercise: H. Werchau, Minot, 9.650

Vault: Kate Dillman, Bismarck High, 9.450

Uneven Bars: H. Werchau, Minot, 9.325

Valley City Meet

Team totals

1. Valley City; 2. Grand Forks; 3. Mandan; 4. Wahpeton

Dickinson Dual Meet

Team totals

1. Dickinson, 147.575; 2. Jamestown, 137.650

Event winners

All-Around: Acacia Fossum, Dick., 38.350

Balance Beam: Ac. Fossum, Dick., 9.200

Floor Exercise: Ac. Fossum, Dick., 9.650

Vault: Ac. Fossum, 9.775

Uneven Bars: Ac Fossum, 9.725

Meets in Central Time

BISMARCK HIGH: The Demons will compete at the Valley City Meet on Friday, Dec. 18. Last week, BHS finished runner-up at its home meet. Kate Dillman finished third in all-around scoring and won the vault.

Bismarck Invite

All-Around: 3. Kate Dillman, 6.475; 4. Rachel Dillman, 36.050

Balance Beam: 2. R. Dillman, 9.250; 3. Kate Dillman, 9.125; 4. Morgan Salwei, 8.775

Vault: 1. K. Dillman, 9.450; 5. R. Dillman, 9.050. 6. M. Salwei, 8.950

Floor Exercise: T2. R. Dillman, 9.525; 5. K. Dillman, 9.450

Uneven Bars: 4. K. Dillman, 8.450; T5. Rachel Dillman, 8.225

CENTURY: The Patriots will compete at the Valley City Meet on Friday, Dec. 18. Century placed third last week at its home meet. Julia Redwing was runner-up in all-around scoring.

Bismarck Invite

All-Around: 2. Julia Redwing, 36.575 points

Balance Beam: 5. Redwing, 8.700

Vault: 2. Redwing, 9.400

Floor Exercise: 4. Redwing, Century, 9.475

Uneven Bars: 2. Redwing, 9.000

DICKINSON: The Midgents won its home dual invite with Jamestown on Dec. 11. Acacia Fossum was the all-around winner and won all four individual events. Ayanna Fossum was second in runner-up scoring.

Dickinson Invite

All-around: 1. Acacia Fossum, 38.350; 2. Ayanna Fossum, 36.675; 4. Payton Selle, 33.925; 7. Meghan Ackerman, 33.800

Vault: 1. Ac. Fossum, 9.775; 2. Ackerman, 9.375; 3. Ay. Fossum, 9.275; 4. Selle, 9.225; 5. Brinklyn Schumacher, 9.200; 13. Macy Leiss, 8.400

Uneven bars: 1. Ac. Fossum, 9.725; 2. Keana Kudrna, 9.700; 3. Ay. Fossum, 9.050; 5. Faith Beck, 8.650; 6. Dacia Rambousek, 8.375; T7. Ackerman, 8.325; T13. Selle, 7.275

Balance beam: 1. Ac. Fossum, 9.200; 2. Selle, 8.925; 3. Kudrna, 8.875; 4. Rambousek, 8.850; 5. Ay. Fossum, 8.750; 7. Beck, 8.600; 13. Ackerman, 7.650

Floor exercise: 1. Ac. Fossum, 9.650; 2. Ay. Fossum, 9.600; 5. Rambousek, 8.800; T8, Beck, 8.550. 11. Selle, 8.500; T12.

Ackerman, 8.450; 14. Macy Leiss, 8.400; 16. Brinklyn Schumacher, 7.950

JAMESTOWN: The Blue Jays will compete at the Fargo Invite on Saturday, Dec. 19. Last week, Jamestown competed at a dual invite with Dickinson. Rachel Schiele was third in all-around scoring.

Dickinson Invite

All-Around: 3. Rachel Schiele, 34.125; T5. Maggie Ridley, 3.850.; T5. Alexis Triebenbach, 33.850; 8. Hannah Schiele, 33.725

Vault: T6. H. Schiele, 9.050; T6. R. Schiele 9.050; T8, Alber, 9.0; T8. Triebenbach 9.0

Uneven Bars: 4. Erin Hillerud, 8.825; T7. Triebenbach 8.325

Floor exercise: 4. Madison Mandan, 8.850. 6. Kailey Alber, 8.750. 7. R. Schiele 8.650;

T8, H. Schiele 8.550; T8, Peyton Rudnick, 8.550

Balance Beam: 6. R. Schiele, 8.650. 8. Ridley, 8.5

LEGACY: The Sabers will participate in the Valley City Invite on Friday, Dec. 18. Legacy finished fourth at its home meet last week. Kyrie Link was sixth on the beam.

Bismarck Invite

Balance Beam: 6. Kyrie Link, 8.575 points

MANDAN: The Braves will compete at the Fargo Invite on Saturday, Dec. 19. Mandan is coming off a third place effort at the Valley City Meet. Jaysea Bowers was third in all-around scoring.

Valley City Meet

All-Around: 3. Jaysea Bowers, 33.100 points; 10. Rylee Bowers, 30.500; 12. Olivia Lacher, 29.400; 15. Mckayla Wessner, 26.550

Balance Beam: T4. Wessner, 8.100; 11. J. Bowers, 7.750; 13. Lacher, 7.600; 14. R. Bowers, 7.550; 20. Krause, 7.100

Uneven Bars: 8. J. Bowers, 7.550; T12. R. Bowers, 6.950; 21. Lacher, 5.750

Floor Exercise: 2. J. Bowers, 8.900; 15. Lacher, 7.850; 17. R. Bowers, 7.600; 24. Duran, 7.050; T25. Masseth, 6.900; 27. Krause, 6.550; 28. Wessner,

6.400

Vault: T2. J. Bowers, 8.900; T13. R. Bowers, 8.400; T13. Nellie Masseth, 8.300; T15.

Masseth, 8.300

MINOT: The Majettes will compete at the Valley City Meet on Friday, Dec. 18. Minot is coming off a meet title at the Bismarck Invite. Hannah Werchau was the all-around champion. She swept all four individual events.

Bismarck Invite

All-around: 1. Hannah Werchau, 37.575 points; 5. Olivia Schoffstall, 34.275; 6.

Adisynn Widdel, 33.650

Balance Beam: 1. Werchau, 9.350

Vault: 3. Adisynn Widdel, 9.250; 3. Werchau, 9.250

Floor Exercise: 1. Werchau, 9.650; T2. A. Widdel, 9.525; 6. Olivia Schoffstall, 9.075

Uneven Bars: 1. Werchau, Minot, 9.325; 3. Schoffstall, Minot, 8.500; T5. Emma Spengler, 8.225

All-around

All seven WDA teams will compete this Friday, Dec. 11. BHS, Century, Legacy and Minot will take part in the Bismarck Invite. Dickinson hosts another meet with Jamestown participating. Mandan will travel to the Valley City Invite.

Dismount

Bismarck High and Dickinson opened the season with meet titles last week...Minot will host this year's WDA Meet on Feb. 19...Legacy is competing in its first year of varsity competition.

Team of the Week

Dickinson opened its season with the team title at its Milo Dullum Invite on Dec. 5. A Dickinson gymnast won every event.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the number of WDA teams competing this year in gymnastics with the addition of Legacy.

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For more game boxscores and other information, log on to wdasports.org

2015-16 SEASON SCHEDULE/RESULTS

This week's schedule

Friday, Dec. 11
Bismarck Meet, 5 p.m. CT
Valley City Invite, 5 p.m. CT
Dickinson Meet 5 p.m. CT

Last week

Dec. 3
Jamestown 135.85, Aberdeen Central, SD, 126.60

Dec. 4

Milo Dullum Meet, Dickinson
Team totals

1. Dickinson, 145.975; 2. Minot, 142.250; 3. Wahpeton, 121.300; 4. Mandan, 119.100

Event Winners

All-Around: Acacia Fossum, Dick., 37.600
Balance Beam: Ac. Fossum, Dick., 9.450

Floor Exercise: Ac. Fossum, Dick., 9.650
Vault: Ayanna Fossum, Dick., 9.575
Uneven Bars: Keana Kudrna, Dick., 9.650

Fargo Davies Invite

Team totals

1. Bismarck High, 134.025; 2. Century 128.6; 3. Fargo Davies 124.9; 4. Legacy 124.575; 5. Valley City 122.275; 6. Fargo 103.475.

Event Winners

All-Around: Julia Redwing, Cent., 36.5 (points)
Balance Beam: Redwing, Cent., 9.0
Floor Exercise: Rachel Dillman, BHS, 9.475
Vault: Redwing, Cent., 9.25
Uneven Bars: Redwing, Cent., 8.825

BISMARCK HIGH: The Demons will co-host the Bismarck Invite on Friday, Dec. 11. BHS opened its season with a team title at the Fargo Davies Invite on Dec. 11. Katie Dillman was second in the all-around scoring. Rachel Dillman was first in the floor exercise.

Fargo Davies Invite

All-Around: 2. Katie Dillman, 35.2; 3. Rachel Dillman, 33.175; 6. Carissa Albert, 31.95

Balance Beam: 3. R. Dillman, 8.95; 6. K. Dillman, 8.725

Floor Exercise: 1. R. Dillman, 9.475; 2. K. Dillman, 9.275; T5. Albert, 8.525; 7. Morgan Salwei, 8.45

Vault: 4. K. Dillman, 8.95; T10. Albert, 8.4

Uneven Bars: 2. R. Dillman, 8.45; 3. K. Dillman, 8.25; 11. Albert, 7.67

CENTURY: The Patriots will co-host the Bismarck Invite on Friday, Dec. 11. Century placed second at the Fargo Davies Invite last week. Julia Redwing won the all-around scoring. She was also first in the balance beam, vault and uneven bars.

Fargo Davies Invite

All-Around: 1. Julia Redwing 35.6 points; 8. Taylor DeCoteau, 31.625; 11. Ashley Gessele, 31.375

Balance Beam: 1. Redwing, 9.0

Floor Exercise: T5. Redwing, 8.525; 9. DeCoteau, 8.25; T10. Gessele, 8.2

Vault: 1. Redwing, 9.25; 6. Gessele, 8.7; T10. DeCoteau, 8.4

Uneven Bars: 1. Redwing, 8.825; T6. DeCoteau, 7.825

DICKINSON: The Midgets will host its second meet in as many weeks this Friday, Dec. 11. Last week, Dickinson hosted its annual Milo Dullum Invite which it won the team title, edging rival Minot. Acacia Fossum won the all-around scoring. She also won the beam and floor exercise events. Ayanna Fossum won the vault and Keana Kudrna won the uneven bars.

Milo Dullum Invite

All-Around: 1. Acacia Fossum, 37.600 points; 3. Ayanna Fossum, 36.025

Balance Beam: 1. Aca. Fossum, 9.450; 2. Keana Kudrna, 9.250; 4. Dacia Rambosek, 8.925; 6. Karsen Stroh, 8.725

Floor Exercise: 1. Aca. Fossum, 9.650; T3. Aya. Fossum, 9.300

Vault: 1. Aya. Fossum, 9.575; 3. Aca. Fossum, 9.450; 4. Meghan Ackerman, 9.375; 6. Faith Beck, 9.225

Uneven Bars: 1. Keana Kudrna, 9.650; T3. Acaid Fossum, 9.050; 5. Aya. Fossum, 8.900

JAMESTOWN: The Blue Jays will head west to compete at the Dickinson Invite on Friday, Dec. 11. Jamestown opened its season with a dual win at Aberdeen, SD Central last week. Hannah Schiele was the all-around champion.

Jamestown 135.85, Aberdeen, SD 126.60

All-around: 1. Hannah Schiele, 34.75; 3. Kailey Alber, 33.55; 4. Rachel Schiele, 33.45; 6. Alexis Triebenbach, 32.1; 7. Maggie Ridley 31.35; 8. Madison Mandan, 31.0

Floor exercise: 2. Schiele, 9.05; 4. Alber, 8.55; 6. R. Schiele, 8.25; 7. Peyton Rudnick, 7.9; 8. Ridley, 7.7

Balance beam: 1. Schiele, 9.15; 2. Alber, 8.95; 3. R. Schiele, 8.6; 5. Triebenbach, 8.15;

7. Mandan, 7.75

Uneven Bars: 1. Erin Hillerud, 8.4; 2. H. Schiele, 8.25; 3. R. Schiele, 8.2; 6. Triebenbach, 8.0. 7. Ridley, 7.8; 8. Mandan, 7.3

Vault: 2. Alber, 8.8; 3. Ridley, 8.7; 5. Mandan, 8.5; 6. R. Schiele, 8.4; 8. Rudnick, 8.35

LEGACY: The Sabers will compete at the Bismarck Invite on Friday, Dec. 11. Legacy finished fourth at the Fargo Davies Invite last week. Zoe Prince was fifth in the balance beam. Kyrie Link finished fifth in the uneven bars.

Fargo Davies Invite

Balance beam: 5. Zoe Prince, 8.875; 7. Kyrie Link, 8.425; 9. Alyssa Larson, 7.875; 10.

Paige Davis, 7.8

Uneven Bars: 5. Link, 7.825; T6. Prince, 7.825

MANDAN: The Braves will take part in the Valley City Invite on Friday, Dec. 11. Mandan finished fourth at last week's Milo Dullum Invite in Dickinson.

Milo Dullum Invite

All-around: 11. Jaysea Bowers 31.95. 15. Rylee Bowers 29.425

Balance beam: 16. J. Bowers 7.675

Floor exercise: T17. J. Bowers 8.00

Vault: 12. J. Bowers 8.875

Uneven Bars: 13. J. Bowers 7.40

MINOT: The Majettes will compete at the Bismarck Invite on Friday, Dec. 11. Minot opened its season with a runner-up finish at the Dickinson Milo Dullum. Hannah Werchau was Minot's top gymnast, placing second in all-around scoring.

Milo Dullum Invite

All-Around: 2. Hannah Werchau, 37.200; 4. Adisynn Widdel, 35.600; 5. Olivia Schoffstall, 34.850

Balance Beam: 3. Werchau, 9.600; 5. Grace Shanklin, 8.900

Floor Exercise: 2. Werchau, 9.600; 3. Widdel, 9.300; 5. Schoffstall, 8.800; 6. Nikayla Wacha, 8.750

Vault: 2. Werchau, 9.500; 5. Widdel, 9.275

Uneven Bars: T2. Schoffstall, 9.050; 4. Werchau, 9.000; 6. Widdel, 8.650