2023



Technical Safety
Procedures
Austin Temple cor

Austin Temple conducted training on many technical safety procedures.



The State Police Were In The House

Trooper LeSage discussed the do's and don'ts about highway safety. A C T I O

P A C K E



VA 811 – Dig With Care Molly Avery reviewed new law changes and their new phone app.



Mock OSHA Inspection Shane Harris played the competent person. Charlie Adams played OSHA Compliance Inspector.



#### A Huge Success

On September 22, 2023 from 7:00 am -3:30 pm, we conducted our 2023 Safety Conference for our employees that addressed multiple safety topics specific to their work environments. One hundred employees attended this seminar which included owners, managers, supervisors, and field employees. The conference was action-packed and included a variety of trainers. Attendees were very attentive, and participated with training activities throughout the day.

HRMVA. SHAW. ECI. 7-CITIES HARRIS MECHANICAL. TRADEMARK

### First Aid/CPR









#### First Aid/CPR Refresher

Herb Maher was back again as a presenter at our 6<sup>th</sup> Safety Conference. Everyone loves Herb's highly skilled training techniques and his real-life stories about the many experiences he had while working on the Virginia Beach Rescue Squad.

### WINNERS 65" Wide Screen TVs

## Kris Branch





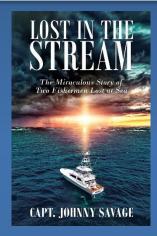
## Robbie Unch











Captain Johnny Savage was our keynote speaker and shared his story about being lost in the stream on April 13, 1998. He was on a sportfishing vessel that was struck by a rogue wave 90 miles off the coast of Key West causing the boat to immediately sink and disappear forever. The crew suddenly found themselves in the water without a distress call or safety equipment. Captain Johnny shared his story with us and tied it to our conference theme: Safe by Choice. He showed a video produced by CBN about his story and talked about a book he has written about this unfortunate event.

Thank you, Captain Johnny for sharing your story with us.







#### TO SEE THE STORY ON YOUTUBE SEARCH

John Savage, author of Lost in the Stream: The Miraculous Story of Two Fishermen Lost at Sea

#### **FINAL EXAMS**

Each attendee left the conference with a final exam to complete at a later time. The purpose of the exam was to reinforce safety training that had been given throughout the day. The exam consisted of 143 questions on 10 primary technical safety subjects.

There was a lot of buzz, and employees consulted with fellow employees, wives, children, grandchildren, neighbors, and even Google for a chance to win the TV.

### Wide-Screen TV Contest

Names of attendees with top exam scores were placed in a hat for a chance to win a 65" wide-screen TV. One name was drawn for HRMVA/Harris/Trademark, and another for Shaw/ECI/7-Cities...

The TV winners were:

<u>Kris Branch – HRMVA</u>

Robbie Unch - SHAW

## 97% of test takers scored an "A" on the final exam

Outstanding work, guys!

