



February Newsletter

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Dive in for more details about the SNAAz Midyear convention, volunteering opportunities coming up, and some tips about future events with SNAAz and how to stay updated!





THANK YOU VENDORS, SPONSORS,
SPEAKERS, AND ATTENDEES

FOR MAKING THE MID-YEAR CONVENTION

ENJOYABLE, EDUCATIONAL, INSPIRATIONAL &
MEMORABLE



THANK YOU TO OUR SPEAKERS!

Alex Tyo
Allison Kehres
Amanda Foster
Amina Aden
Blair Zamboni
Catherine Drewelow
Cheryl Schmidt
Debra Rudolph
Denise Buggs

Desiree Creekmore
Elizabeth Crandall
Heather Ross
John Smith
Justin Layton
Karen Butterbaugh
Karen Hobbs
Kathy Wruk

Kelly Arthur
Kelsey Ironside
Lacy Garth
Linda Mackey
Lori Wedding
Mara Scaramella
Mike Hughes
Natalie Heizeroth

Neva Farmer
Rachel Guthrie
Scott Baker
Shan Nanji
Sara Stephens
Tara Tyo
Wes Foster
Zia Tyree

See what our board members have to say about their experience at various panels at this year's Mid-Year Convention!

During the 2018 SNAAz Midyear convention many opportunities were to be had by the nursing students across Arizona. One of the main sessions for the students was the New Graduate Residency Program review. Educators from Honor Health, Mayo Clinic Hospital and Phoenix Children's Hospital were in attendance to share with the students about their prospective new graduate opportunities and residency programs. Each educator was able to speak on behalf of their hospital and then take questions from the students. This panel was a huge help to me personally as I am preparing to graduate from my ADN program at Scottsdale Community College. It was an eye opening experience on these hospitals and the process needed to apply for a career once I graduate.

With more and more valley hospitals moving toward utilizing residency programs for new graduates, this is something to keep in mind for students in all blocks of nursing school to prepare for. While the concept of the programs are the same, each hospital organization does have some important differences. Differences such as length of classes, preceptorship and mentoring were shared amongst the hospitals. It was an amazing experience to be had by my fellow students and myself. I look forward to SNAAz's Annual Convention in the fall and what opportunities will be available for the nursing students across all of Arizona. See you all in the fall!

By: Kelly Bowman, SNAAz Convention Planning and Fundraising



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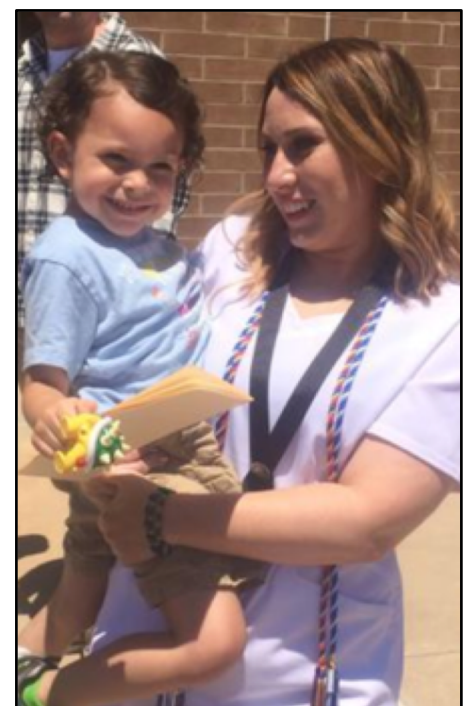
Cord Blood Donation

The Save The Cord Foundation is a non-profit organization with a mission to educate about the benefits of cord blood banking. Did you know that cord blood can be donated and matched to a patient in need of stem cells just like bone marrow? Cord blood is easier to collect, and store than bone marrow and is used similarly! There is no harm done to mother or child with cord blood collection. Once the cells have been collected, they will have registered with the National Marrow Donors Registry so someone in need of stem cells can receive them. The stem cells are also free from controversy since they are not from an embryo. There is some amazing research being done using cord blood to treat spinal cord injuries, cerebral palsy, and even autism and diabetes! Arizona has a unique population with multiple mixed-race individuals. People of mixed races have an extremely hard time being matched for bone marrow transplants.

The Save The Cord Foundation hopes to acquire donations from families throughout Arizona, with wide variety of backgrounds. They intend on opening a cord blood collection center in Flagstaff, AZ very soon. This will allow for collection from families of multiple indigenous tribes that populate Northern Arizona. April 13, 2018 at DoubleTree by Hilton in Tempe, AZ there is a Cord Blood Conference being held with some amazing speakers who are leading the way in treating spinal cord injuries, and autism! They will also have a couple of recipients of cord blood who have had their lives changed. It is FREE to attend but requires registration ahead of time. This would be an awesome conference to attend for any nursing student interested in labor and delivery, pediatrics, oncology nursing or even neurology! Register here: <https://www.eventbrite.com/e/arizona-cord-blood-conference-2018-advancing-innovation-tickets-40950551201>

<https://www.savethecordfoundation.org/>

By: Alicia VanDriel, SNAAz Vice President





Volunteers needed at the 32nd Annual **Bike MS Arizona**

Saturday, March 24 – Sunday, March 25 2018

(Set-up on Friday, March 23)

Start and Finish: McDowell Mountain Regional Park



To volunteer for the **Bike MS Arizona**, please register online as a volunteer at www.bikeMSarizona.org or contact Caryl Jonas at caryl.jonas@nmss.org or by phone at (480) 455-3955

There are many jobs and shift times to choose from, such as:

Friday, March 23

Set-up (noon-4pm)

Food/Beverage (4-8pm)

Registration (4-9pm)

Saturday, March 24

Set-up (5-7am)

Parking (5-7am)

Rider Check-in (5-7:30am)

Volunteer Reg. (5-8am)

Food/Beverage

(5-8am; 10a-2p; 4-8pm)

Information (10a-3p; 3-8pm)

Cheer Team

(6:30-9am; 9a-2p; 2-6pm)

Medical Support

(7am – 3pm)

Sunday, March 25

Volunteer Reg. (5-8am)

Parking (6-7am)

Food/Beverage

(5-8am; 9:30a-12:30p)

Information (10a-2p)

Cheer Team

(6:30-8:30am; 9a-1p)

Breakdown (9a-1p)

Medical Support

(7am – 1pm)

***We also have several rest stops available for a group, times and locations vary.**

****Volunteer groups welcome!****

Fill out the form on the next page and email it to our email at studentnursesaz@gmail.com !



Bike MS: Arizona March 24-25, 2018

EVENT VOLUNTEER FORM

Don't Just Ride, Bike MS

Volunteer Office: 480.455.3955 caryl.jonas@nmss.org

Mr. Mrs. Ms. First MI Last

Address City State Zip

Phone (H) (C) (W) E-mail

Date of Birth Sex M F T-shirt size Employer

Group Name (If volunteering in a group)

Emergency Contact Name Emergency Contact Phone

Do you have any restrictions or limitations that we need to be aware of? If so, what are they?

Would you like to be contacted about future volunteer opportunities with the Arizona Chapter: Y N

PLEASE READ and SIGN

WAIVER: I understand that participating in Bike MS can potentially be a hazardous activity presenting risk. For consideration of participation in the event, I freely accept and voluntarily assume the risks of personal injury or property damage that may result.

I, and anyone entitled to act on my behalf, waive and release from all claims and liabilities of any kind arising out of my participation even though that liability may arise out of negligence or carelessness on my part. I agree to hold harmless the National Multiple Sclerosis Society, corporate sponsors, cooperating organizations and all parties connected with this event from any liability as a result of my participation. I will permit emergency treatment in the event of injury or illness while participating and give permission to use my name and photo taken of me during the event in any promotional material, publication, or on the website. I understand that the National Multiple Sclerosis Society withholds the right to dismiss anyone that may cause a disturbance.

I certify that I have read and understand the intent of this waiver and release.

Participant's Signature Date

Participant's Date of Birth

Volunteer Position Desired: (Check all that apply)

- Set-up Crew (Friday and/or Saturday)
- Rider Registration/Check-in
- Volunteer Check-in
- Food & Beverage Service
- T-shirt Distribution booth
- Parking Assistance
- Cheerleaders/Finish Line Greeters
- Rest Stop Hosts
- Information Table
- Rider Village
- Bike Compound
- Tear-down Crew (Sunday afternoon)

What is your connection to multiple sclerosis?

- I have MS
- I have a friend/co-worker with MS
- I have a relative with MS

For more information on the Arizona Chapter, or to register online, visit: www.bikeMSarizona.org