



SUMMER CAMP ORIENTATION

WELCOME

Where do we start when trying to explain the fun of a typical week at camp?

Well, let's start here: our first day at Silver Lake is all about settling into camp, meeting our staff and new friends, and learning about the week's activities. We're big believers that making friends and connections with campers and staff is one of the best parts of camp, and one of the aspects of our programs that will make Silver Lake feel like your second home.

After an orientation to camp and how it runs, we gear up to play an awesome game with the whole camp and follow up with the week's first campfire! From here, we mix in loads of fun activities with your new friends!

PROGRAMMING

A big part of what makes Silver Lake special is our hands-on EcoFun programs, where we explore our forests to discover cool things about the trees, lake & creeks and the creatures that live here. In small groups, we unlock some of the forest's secrets and consider how forests are connected with our everyday lives, inside and outside of urban centres!

HIKES

Silver Lake lays amidst a stunning Interior Forest high above the Okanagan Valley. For our hikes, campers are taken on a hike that suits their abilities and level of enthusiasm. Whether it's a stroll around the lake, afternoon hike up Osprey Ridge or an adventure to the top of Lookout Mountain, campers & staff will explore the forests and build their hiking and outdoor skills!

CAMP GAMES

What is an adventure at camp without a few seriously awesome camp games! The camp games are most similar to your School's Sports Day: a combination of games, costumes, obstacles course, group chants, and prizes! Cabin groups will get a chance to combine the skills they've picked up during the week from EcoFun courses and Rec. Times to work as a team and conquer the camp games' challenges!

FREE CHOICE

Rec. Time is Free Time and in Rec. Time it is your choice whether you dive into Silver Lake, try out our canoes or paddle boards, low ropes, join a soccer game, braid a bracelet, fire some arrows at our archery range, zoom down our small zipline, or just chill out with friends creek side. Challenge yourself to try something new! Our staff members would love to help you get started on what could become a new summer favourite for you!





PACKING GUIDE

To help you prepare for your week of fun and adventure, here is a list of items that campers should bring in order to have a fun, safe and comfortable camp experience.

Equipment

Sleeping bag
Pillow and pillowcase
Flashlight/head lamp + Extra batteries
Water bottle

Personal Items

Bath towel & washcloth
Toothbrush & toothpaste
Soap & shampoo
Comb / brush
Deodorant
Lip balm
Sunscreen
Insect repellent

Clothing

Adequate pairs of socks and underwear
2-3 pairs of shorts
1-2 pairs long pants
4-5 tee shirts
1-2 long sleeved shirts/sweaters
Pajamas
Rain jacket & pants
1 pair light runners
1 additional pair of footwear (hikers, runners) (open toed shoes/sandals ONLY at waterfront.
Swimsuit & towel
Hat

WHAT NOT TO BRING

Please do not bring electronics*, expensive or hard to replace items, matches, knives, cigarettes, alcohol, drugs, food (including gum), money.

*NOTE: Digital or film cameras are preferable to cell phones being used as cameras

MEDICATIONS

Supporting you child's health and wellbeing at camp is important and we are happy to help. Any campers taking medication will chat with our Senior Staff to arrange for the administration of the medication. Upon arrival at the registration table, we will ask about and collect any medication (both prescribed and over the counter) to be kept in the First Aid room for the duration of the camp session.

If you are sending medication(s) to camp with your child, please ensure they are clearly labeled with the camper's name and instructions for use.



RULES & EXPECTATIONS

The camp experience involves living in a small community setting for the week. In order to ensure the quality of experience for everyone, we expect all campers to treat each other, the staff, and camp property with respect. We call these 'The Three Rs'. Parents should review the following rules and expectations with their children prior to arrival at camp.

- Campers are expected to follow the instructions of our camp leaders
- Profanity and verbal abuse is not permitted
- Physical aggression or harassment directed towards others is not tolerated
- Smoking is not permitted at any time

Items on the "WHAT NOT TO BRING" list that find their way to camp may be confiscated at the end of session by the camp leaders.

We have found the vast majority of campers at Silver Lake have an exciting and rewarding experience. Many return year after year and eventually take part in our Leadership Program. Unfortunately, on rare occasions, we have had to send campers home early for repeatedly behaving in a manner that was considered a threat to their own safety or the safety and enjoyment of others.

This includes:

- Bullying: physical or verbal abuse directed at others at camp
- Disregarding rules and safety procedures
- Running away

To avoid the disappointment of a camper returning home early, we ask parents to review the camp rules with their child.

COVID 19 EXPECTATIONS

CAMP IS FUN and a vital part of a child's NORMAL Development and we strive to ensure this for every camper, thus at camp, we will avoid talking about it.

The camp has operated now for 2 seasons under increased health and safety procedures due to covid 19. I want to remind our camp family; staff, volunteers, campers and parents of all, that BC Camps Association Accredited camps such as ourselves have, and will always have, camper, volunteer and staff safety as our first priority. BC Provincial Health and BC CDC chose the standards of the BCCA (with our added modifications) for their excellence in providing camper/staff safety.

Things may change but here is what to expect this year;

- Vaccinations NOT required but Vaccination status must be indicated.
- Campers live (Sleep, Eat and Recreate) in Cohorts (Cabin Groups) and maintain social distancing from other cabin groups.
- Masks are NOT required except in close proximity (ie. spotting on low ropes, close direction on bracelet weaving)
- Limit exposure for 10 days prior to camp
- Family and camper must self evaluate for the 10 days prior to camp



GETTING TO SILVER LAKE

Silver Lake Forest Education Center is a scenic 20-minute drive from Peachland or 40 minutes from Kelowna.

Directions from Kelowna:

Follow Hwy 97 south to Peachland, turn right onto Princeton Avenue.

Directions from Summerland/Penticton:

Follow 97 north to Peachland, turn left onto Princeton Avenue.

You will travel uphill for approximately 5 km; Princeton Avenue turns into Peachland Main FSR, follow the gravel road for 6kms. At the fork in the road, we go back to pavement and say right following Brenda Mines Road until you reach the Silver Lake Road and our large road sign. Turn right and follow the road to our parking area, staying right at the small public/private signage.

Transportation to and from overnight camps are the responsibility of the parent. Google pinned driving directions can be found at silverlakecamp.net (Caution car GPS systems may not be accurate)

DROP OFF

Drop off is between 8:30 am and 9:30 am, **please refrain from arriving early or late**. If your schedule demands an alternate time, please email camp@silverlakecamp.net to make arrangements. ALL parents bringing campers to camp MUST SIGN THEM IN!

PICK UP

Pick up is from 3:30 pm to 4:00 pm on Fridays **OR** from 1:00 pm to 1:30 pm if your child's camp ends on Saturday. We do not need to know how or with whom your camper is arriving BUT if they are departing with a person other than listed parent, we must know this at check in as only the arriving adult or adult listed on the child's camp forms may sign the camper out at pick up time. ALL campers being picked up MUST BE SIGNED OUT!

IF YOU ARE TOO EARLY OR LATE, PARENTS AY HAVE TO DO A FUNISHMENT!

(Complete a camp chore or challenge)

All kidding aside, it is challenging to handle late arrivals and departures so please do all you can to avoid this, since all of our staff are engaged with creating amazing camp memories. Should this be unavoidable at the last minute please email russ@silverlakecamp.net as we do not have cell reception onsite.

TRAFFIC & THE DROP OFF | PICK UP AREA

Once you have arrived to the large parking & turn around area in front of our main camp gate, please proceed on foot to the registration tables a little way down the road. PLEASE BE VERY CARERFUL AS THERE WILL BE MANY CAMPERS IN THE AREA AND VEHICLES ON THE ROAD.

PETS

Please do not bring your pets into camp as we do have resident camp pets and want to avoid introductory challenges during this busy time.



Where EDUCATION, the ENVIRONMENT and FUN MEET

See you soon! Whether this is your first year or your eighth, we've spent the whole year making camp a perfect place to spend time this summer. Please don't hesitate to contact us if you have any questions about the summer. Our staff is truly looking forward to meeting you all and crafting some unforgettable memories!

