

Judges Cup DFW

Hosted By: Trevino's Gymnastics
1438 S. I-35E
LANCASTER, TEXAS 75146
972-223-0167

September 29-30, 2018

MEET FORMAT: CONTINUOUS CAPITAL CUP

Saturday, September 29, 2018

SESSION 1

**Level 4A: Champions Westlake, TX Dreams,
US Gold**

Level 4P: SR. A & SR B

Gym Opens: 7:30am

Open Stretch: 8:00am

March In: 8:20am

Timed Warm Up: 8:25am

Competition: 8:35am

Awards to follow

Saturday, September 29, 2018

SESSION 2

Level 4P: Jr A, JR B & JR C

Open Stretch: 12:30pm

March In: 12:50pm

Timed Warm Up: 12:55pm

Competition: 1:05pm

Awards to follow

Saturday, September 29, 2018

SESSION 3

**Level 4A: Denton, Eagle, Kurt Thomas, Top Flight
ALL Level 5**

Open Stretch: 5:00pm

March In: 5:20pm

Timed Warm Up: 5:25pm

Competition: 5:35pm

Awards to follow

Sunday, September 30, 2018

SESSION 4

ALL Level 2.

Gym Opens: 7:30am

Open Stretch: 8:00am

March In: 8:20am

Timed Warm Up: 8:25am

Competition: 8:35am

Awards to follow

Sunday, September 30, 2018

SESSION 5

ALL Level 1; Level 3P – JR A

Level 3A: Tx Dreams, The Palaestra, Top Flight, Trevino's

Open Stretch: 11:30am

March In: 11:50am

Timed Warm Up: 11:55am

Competition: 12:05pm

Awards to follow

Sunday, September 30, 2018

SESSION 6

Level 3P: JR B & C; SR A & B.

Level 3A: Champions Westlake, US Gold

Open Stretch: 3:00pm

March In: 3:20pm

Timed Warm Up: 3:25pm

Competition: 3:35pm

Awards to follow