

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Snack: Bananas & Milk Lunch: Salisbury Steak with Mashed Potatoes and Gravy, Orange Wedges Snack: Breadsticks with Marinara	2 Snack: Mixed Fruit & milk Lunch: Hot Turkey & Cheese Sandwiches, Salad, Sliced Apples Snack: Trail Mix & Juice	3
4	5 Snack: Bananas & Milk Lunch: Tomato Soup, Grilled Cheese, Green Beans & Pineapple Snack: Apple Slices & Soy Nut Butter	6 Snack: Oatmeal & Milk Lunch: Chicken & Rice Casserole, green peas, peaches Snack: Bell Peppers & Cheese Slices	7 Snack: orange & Graham Crackers Lunch: Meatball sands, diced carrots, applesauce & milk Snack: Yogurt w fruit & rice crispies	8 Snack: Mixed Fruit & Milk Lunch: Diced chicken with fettuccini w broccoli & orange wedges w milk Snack: Baked apples, grahams and chilled water.	9 Snack: Cucumbers with Ranch & Juice Lunch: Cheese Pizza, Salad , Mangos Snack: Tuna salad w crackers	10
11	12 Snack: Yogurt & Rice Crispies Lunch: Chicken Noodle Soup, Grilled Cheese, Corn & Mixed Fruit Snack: Pita Bread and Hummus	13 Snack: Cheese Grits Lunch: Baked Ziti with Meal Sauce , peas & Pears Snack: Pretzels & Cheese Slices	14 Snack: Cottage Cheese & Blueberries Lunch: Grilled chicken nuggets, carrots bananas Snack: Wheat Crackers & Cream Cheese	15 Snack: Bananas & Graham Crackers Lunch: Salisbury Steak with Mashed Potatoes and Gravy, Orange Wedges Snack: Breadsticks with Marinara	16 Snack: Mixed Fruit with cheese slices Lunch: Hot Turkey & Cheese Sandwiches, Salad, Sliced Apples Snack: Trail Mix & Juice	17
18	19 SCHOOL CLOSED CAMP AVAILABLE	20 SCHOOL CLOSED CAMP AVAILABLE	21 SCHOOL CLOSED CAMP AVAILABLE	22 SCHOOL CLOSED	23 SCHOOL CLOSED	24
25	26 Snack: Pita Bread & Hummus Lunch: Chicken Noodle Soup, Grilled Cheese, Corn & Pineapple Snack: Yogurt Parfaits	27 Snack: Cheese Grits Lunch: Baked Ziti with Meal Sauce , peas & Pears Snack: Pretzels & Cheese Slices	28 Snack: French Toast Sticks & Blueberries Lunch : Grilled chicken nuggets, carrots bananas Snack: Wheat Crackers with Cream Cheese	29 Snack: Bananas & Milk Lunch: Salisbury Steak with Mashed Potatoes and Gravy, Orange Wedges Snack: Breadsticks with Marinara	30 Snack: Mixed Fruit & milk Lunch: Hot Turkey & Cheese Sandwiches, Salad, Sliced Apples Snack: Trail Mix & Juice	