



## **Danielle Barkhau**

Danielle Barkhau was born and raised in Gaithersburg, Maryland. She earned her undergraduate degrees in Psychology and Communication Studies from University of North Carolina Wilmington and her Master's in Social Work from University of Maryland Baltimore. She is currently a Licensed Clinical Social Worker with over 12 years of experience working in mental health.

Danielle has worn a number of hats within the mental health field and worked in a number of settings, including family and individual therapy at a community agency, case management for adolescents and adults at the Montgomery County Correctional Facility and has facilitated discharge planning and therapy with adults admitted to the state psychiatric hospital. She currently works with community MH/IDD/SUD providers at Alliance Health MCO.

Danielle moved to Wake County 8 years ago with her husband- a rare born and bred "Raleighite". They have 2 energetic boys under the age of 3. Danielle is a lover of anything with the Maryland flag on it, reading, watching movies, and spending time with her family. Her favorite coping skills include indulging her sweet tooth then balancing that out with a good Cody Rigsby Peloton workout.

Danielle joined the Foundation Board on 7-1-22.