### October 2018 At a glance

### Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<b>7</b> Worship 11:15 Communion TG <i>ARISE!</i>	8 Meditation 7 pm AA 8 pm	9 Cards 9:30 TOPS 6:30	10	<b>11</b> Craft/Study 1:30	12	<b>13</b> Women`s Breakfast 8 am
			Russell off for Brian's surgery			
<b>14</b> Worship 11:15 Open Hearts Jar	15 Meditation 7 pm AA 8 pm	<b>16</b> Cards 9:30 TOPS 6:30	17	18 Craft/Study 1:30 Community Dinner 6 pm	19	20
Russell off for Brian's surgery				(volunteers needed)		
<b>21</b> Worship 11:15 Prayer Candles	<b>22</b> Meditation 7 pm AA 8 pm	23 Cards 9:30 TOPS 6:30	24	25 Craft/Study 1:30	26 Film and Faith	27 ICF Breakfast 9 am
28 Worship 11:15 Potluck	29 Meditation 7 pm AA 8 pm	<b>30</b> Cards 9:30 TOPS 6:30	31	1 Craft/Study 1:30	2	3
<b>4</b> Worship 11:15 Communion	5 Meditation 7 pm AA 8 pm	6 Cards 9:30 TOPS 6:30	7	8 Craft/Study 1:30	9	<b>10</b> Women's Breakfast 8 am
	Photo Sittings 2:30 – 8:30 pm					

TOPS = Take Off Pounds Sensibly AA = Alcoholics Anonymous



## ANNOUNCEMENTS

October 7, 2018

306-761-0556 eastsideunited@sasktel.net Like us on facebook (Eastside United Church) Follow us on Twitter @Eastside\_united www.eastsideunited.ca

*W* elcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

#### **Ministers:**

Minister: Rev. Russell Mitchell-Walker Greeting: Sonia and Brian Abrahamson Congregational Care Greeter: Sheri Nupdal Prayers: Wanda Barr PowerPoint: Brian Mitchell-Walker Music ministry: Arise! Last week's attendance: 39

Russell's e-mail address: russell.eastside@sasktel.net

**Russell is available for pastoral care:** If you or someone you know is in need of a visit, please let Russell or the office know. We would much rather hear about a need multiple times than not at all!

#### Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell's Office Hours:

Russell will be away and working from home following Brian's surgery from next Wednesday, October 10 to Wednesday, October 17.

**Scripture Reading:** Exodus 19:3-7; 20:1-17 Mark 6: 30-44

#### Songs –

Forever Blessed Be Your Name Behold I Make All Things New MV #115 We Praise You, O God VU #218 Bim Bom (all God's Children Sing #68) Give Thanks Come Thou Fount (I Will Sing) Send the Light



**St. Philip Senior Ministry Outreach card playing program**, **Tuesday mornings at 9:30 am** in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

**NO LSC Meditation Group** Monday, October 8. We will resume Monday, October 15 at 7 pm in the East Sanctuary. We'd love to have you join us whether you're new to meditation or an experienced practitioner. All are welcome, remember to wear comfortable clothing.

**Eastside's Craft/Study Group Thursdays** at 1:30 pm in the East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are reading another great new book, *Everything Happens for a Reason: And Other Lies I've Loved* by Kate Bowler. Suzanne ordered an extra copy of the book, so let us know if you'd like to jump in – the more the merrier!

**Community Dinner:** We are hoping to have our next dinner October 18 but need more kitchen and other volunteers (we have a cook!). We are asking people to pay in advance, \$7/person, \$20/family or pay what you can – maximum 30 people. Pay in the office to reserve your spot or on Eventbrite (added fees) - <a href="http://bit.ly/2MZ9nkb">http://bit.ly/2MZ9nkb</a> . This program is dependent on our volunteers! If you are willing to be on a volunteer team let Russell know. The teams are: Cooking (Wanda Barr), set-up and clean up (Linda Fowler), and administration (financial, promotion, etc.). We need enough volunteers for two Cooking/Kitchen and Clean-up/Set up teams in order to offer a dinner every month.

**Music Ministry at Eastside:** We are thrilled to announce that Ethan Williams has offered to lead the choir for Advent/Christmas and Lent/Easter. If you would like to join the choir, let Ethan know (ethanwilliams4@gmail.com). If you wish to offer music in a service before Advent, let Russell know.

We are looking at having a Transfer of Membership service around the end of October. If you would like to officially transfer your membership to Eastside, please let Suzanne know. She'd be happy to help make it happen.

The Living Spirit Centre presents An Uplifting Evening of Music and Song, Friday, November 16 at 7 pm. Rachel MacDonald and Joshua Hendricksen are looking forward to providing a night of joyful and hope-filled entertainment for a glorious winter evening. Tickets \$20 available from Clare 306-781-4121 or <u>c.banks@sasktel.net</u>. The evening will include pie and beverages and a pie auction at intermission. Door prizes too!

Are you curious about the Joint Needs Assessment Committee (JNAC) process that Eastside is undertaking? Committee members include Sarah Tkachuk (chair), Janet Bjorndahl, Brian Abrahamson, Linda Fowler, Taylor Balfour and Anita Tessier, as well as Diane Gingras from St. Philip Anglican, Doug Schmidt from Bread of Life Lutheran and Bryan Tudor and Cameron Fraser from Wascana Presbytery. The UCC Handbook covering the JNAC process can be found at http://bit.ly/JNACprocess. LSC Women's Spirituality Breakfast, Saturday, October 13, from 8 to 10 am. This month's guest speaker is Anastasia Zubrycky who will be talking about Harbour Landing Village. Anastasia is the Director, Sales & Client Relations of Harbour Landing Village. We will be going to the Harbour Landing Village to have breakfast for 8 am and Anastasia will share with us all about the idea of community living. Activities for the residents combine physical, intellectual, spiritual and social aspects with a unique intergenerational focus. We can meet at the church and carpool or you can drive there on your own. Either way Anita needs a head count. The cost of breakfast is \$7.50 per person (subsidy available). RSVP by October 9. Directions to Harbour Landing Village at 4000 James Hill Road: drive south on Lewvan or Pasqua to Parliament Avenue and turn right and then left on James Hill Road. The building will be on your right - a three-storey building on the corner next to a vacant lot. All women are welcome.

Ward 4 Community Meeting hosted by Councillor Lori Bresciani, Tuesday, October 16 at 7 pm, Living Hope Alliance Church, 3900 Arcola Avenue. The topic will be Safety in our Community with speaker Chief Evan Bray from the RPS.

**Turkey Supper** at Broadway United Church, 105 Broadway Avenue. Saturday, October 13, 2018 Sittings 4:15pm, 5:30pm and 6:30pm. Tickets: Adults \$18; children ages 5 to 10 \$10; ages 4 & under free. *Advance tickets only 306-352-1526.* 

**Heritage United Church's 29th Annual Turkey Supper**, Saturday, October 13 with sittings at 5 and 6:30 pm. Supper includes turkey, creamy mashed potatoes, gravy, stuffing, cranberries, coleslaw, turnips, mixed vegetables, jellied salads, buns, homemade pies and cakes, beverages. Tickets are \$20 adults; \$10 children 4-10 years; donation for children under 4 years. Tickets are available from Don @ 306-543-0135 or the church office @ 306-949-8377 during office hours (Monday to Friday 2:30-5:30 pm).

Jeremy Campbell, 25 years of age, died tragically on July 3 in Japan. His brother Zach turned people's desire to help with the cost of repatriating Jeremy back to Regina into something positive. Zach is instead raising funds to sponsor a Syrian refugee family of four to join their immediate family here in Regina. The Campbell's are working with the Regina Lutheran Refugee Committee and the money raised will go to the St. Mark's Lutheran Refugee Fund for this private sponsorship. The fund is approaching its goal - only \$3000 to \$4000 left to go! Any contribution you can make could help realize Jeremy's legacy. Donations are tax deductible . If you make a donation through the Go Fund Me site, please message Zach with your full name and mailing address so a receipt can be mailed to you. The link below will direct you to the fundraising site plus tell you a bit more about Jeremy and the family who will benefit from this tragedy. <u>https://www.gofundme.com/help-sponsor-a-refugee-family</u> Thanks for any help you can give. The Seal Family There will be a tri-parish **Remembrance Service at the Living Spirit Centre on Sunday, November 11 at 10 am.** This will be Eastside's weekly worship service. There will be no worship at 11:15 am.



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## LSC PHOTO DIRECTORY:

We are developing an updated photo directory this fall! To do this, we need a few helpers from each of our three congregations. *The time commitment will be from September to mid-December only and you will be part of a team of helpers including reps from the other congregations.* If hospitality is your thing, we will need greeters in the days of the photography sittings! Please let the office know!

BOOK YOUR PHOTOGRAPHY SITTING NOW! The online tool for booking your photography sitting can be found at <u>http://bit.ly/lscphotos</u>. *Remaining dates include November 5 through 8 (2:30 pm to 8:30 pm). If you need help making your booking please contact Suzanne in the office at* <u>eastsideunited@sasktel.net</u>. And remember, you are under no obligation to purchase photos! Your only commitment is the 30 minutes it takes to get your photo taken and choose any portraits you would like.

We have found the photo directory to be a really valuable tool for congregation members to stay in touch with each other. Thank you for your help making our 2018 Directory a reality!



The Newcomer Integration Society has citizenship classes for refugees/new Canadians that they would welcome us to attend. They have started and are Tuesdays at Glen Elm Library 7-8 pm or Thursdays at South Library 2-3:30 pm. They also could use a retired educator to help out. For more info, speak to Russell.

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