

# STATEMENT BY LINDA ROSENBERG PRESIDENT AND CEO OF THE NATIONAL COUNCIL FOR BEHAVIORAL HEALTH ON THE MENTAL HEALTH FIRST AID ACT

## **The Mental Health First Aid Act of 2015**

The Mental Health First Aid Act of 2015 (H.R. 1877) will move us closer to a world where every one of us — from first responders to first grade teachers — knows what to do when we encounter a person experiencing a mental health or substance use crisis.

We are deeply grateful to Congresswomen Lynn Jenkins (R-KS) and Doris Matsui (DCA) for their steadfast bipartisan sponsorship of the Mental Health First Aid program and their leadership in bringing H.R. 1877 to the floor.

**Mental Health First Aid is an 8-hour course** that teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. Find a course at [www.MentalHealthFirstAid.org](http://www.MentalHealthFirstAid.org)

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