

MARCH

30

2019

10AM-2PM

HEALTH



& Wellness

Extravaganza

4736 Ave. B
Jacksonville, FL
32209
904-765-9830

This is a free event, designed to encourage healthy lifestyles, prevent and manage disease and connect you to resources.

What to Expect:

- Blood glucose
- Blood pressure
- Weight and body mass
- Vision Screening
- Hearing Screening
- Dental Hygiene
- CPR and First Aid
- Blood Mobile
- Silver Sneakers Sessions
- Healthy Cooking Demonstration
- Motivational Speaker
- Ask The Doctor



AND SO MUCH MORE!

Northside Church of Christ Health Ministry

Charlie E. McClendon, Senior Minister/Elder
Al Jackson, Minister

