

Strauss Chiropractic Center

...because adjustments
are a part of life



July 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Office Closed Independence Day 	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28 Holly's Birthday	29  Come Party With Holly	30	31			

Strauss Chiropractic Center
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(215) 946-6815

www.strausschiropracticcenter.com
StraussChiropractic@gmail.com

Office Hours
Monday to Friday 9 AM - 8 PM
Saturday 9 AM - 1 PM

Chiropractors' Hours

Dr. Judy M & F: 1-8
T & Th: 9-3
S: 9-1

Dr. Randy M: 9-1
T, W & Th: 3-8

Dr. Gerry M: 1-8
W: 9-3
F: 9-5
S: 9-1

What's With the Big Safety Pin??

Many of you have asked why we have a big safety pin hanging on the wall in the front room of the office. Well, let me explain.

In chiropractic, we have a simple analogy that helps us understand (and explain) why receiving regular and ongoing adjustments is the only way for you to be the best version of yourself.

Every cell, tissue, and organ in your body is connected to your brain via your nerve system. That's how your body knows how to do what it does. Your brain sends nerve impulses down your spine to each body part giving information about what is required. Then your body parts send feedback back up to your brain for further control decisions. This is how your body was designed. To be in communication with itself to adapt to the crazy mixed up world we live in.

Your nerve system is protected by the bones of your spine. And when the bones of your spine are misaligned in certain ways they can distort the communication required for your body to work as efficiently and optimally as it was designed to. Your body parts cannot function the way they should and symptoms may even develop.

Your chiropractor checks the individual bones of your spine for these misalignments called vertebral subluxations. When observed, your chiropractor gives you an adjustment and removes the distortion so your body can work as it was designed.

You asked and now you know.

