



## ENROLLMENT & STUDENT APPLICATION AGREEMENT

### AYURVEDA YOGA THERAPY PROGRAMS

To apply to the above Ayurveda Yoga Therapy Program, please complete this enrollment agreement and the student handbook, date and sign both documents. Include the \$900 minimum down payment for the tuition. You can either mail the application to: **Houston Yoga & Ayurvedic Wellness Center LLC, 13602 Kluge Rd, Cypress Texas 77429**, or email it to [Healing@Houston-Yoga-Ayurveda.com](mailto:Healing@Houston-Yoga-Ayurveda.com). Please feel free to contact us at 281-256-8461 with any questions.

### REQUIREMENTS & PRE-REQUISITES

#### AYURVEDA YOGA THERAPY TRAINING PROGRAM

The prerequisites for the participation in the Ayurveda Yoga Therapy Course is an RYT 200 (or equivalent) registration with 100 hours teaching and yoga practice experience for at least one year. Candidates who have extensive and recognized Yoga Therapy, Physiotherapeutic, Medical or Ayurvedic training and experience may request credit transfer of up to 250 hrs by submitting certificates, curriculum and school contact details. A personal interview will be the basis for any final decision. Transfer credits are awarded at the sole discretion of the program director.

Sign here that you meet these prerequisites.....

### PERSONAL DETAILS

Name: ..... o Male o Female Age .....

Nickname you would like us to call you (if applicable):.....

Social Security Number (required by the State of Texas): .....

Date of Birth:.....

Address: .....

City/State/Zip:.....

Telephone (Home): .....Telephone (Cell):.....

E-mail: .....

Emergency contact (name, relationship, and telephone):.....

Initial a line below and circle one of the modules I-IV to register.

\_\_\_ Yes, sign me up for Ayurveda Yoga Therapy Module I or II, or

III, or IV

\_\_\_ No, I have to cancel my enrollment with HYA Ayurveda Yoga Therapy Program



Your name:

Date:

## ENROLLMENT POLICIES.

1. Tuition can be made in one payment or paid out over three months with no finance charge.
2. If staying at the HYA Center any accommodation fees which are extra to the course charge must be paid before you attend the program. If we have not received your fees by that time, and no other prior arrangements have been made with us, your slot for accommodation could be forfeited.
3. If you decide to cancel this enrollment agreement prior to program begin, please complete the form below, date it, sign it and mail or otherwise deliver the form to the school's address to: **Houston Yoga & Ayurvedic Wellness Center LLC, 13602 Kluge Rd, Cypress Texas 77429.**
4. The notice is not considered received until verified back to you by one of our staff. We will either e-mail or phone you to confirm receipt.
5. NO Refunds once the Training has begun. NOT NEGOTIABLE.
6. The effective date of termination for refund purposes will be the earliest of the following:
  - a. the first date of attendance; or
  - b. the date of receipt of written notice from the student.
7. If the student fails to enter the seminar, withdraws, or is discontinued at any time before completion of the seminar, the student will not be refunded any portion of tuition, fees, and other charges but may have the opportunity to make up the number of class hours remaining in the seminar after the effective date to complete the total number of class hours in the seminar.
8. A full refund of the tuition is due in each of the following cases:
  - a. an enrollee is not accepted by the school;
  - b. if the seminar of instruction is discontinued by the school and this prevents the student from completing the seminar; or
  - c. if the student's enrollment was procured as a result of any misrepresentation in advertising, promotional materials of the school, or misrepresentations by the owner or representatives of the school.
9. Next to the tuition, additional fees for books and course material may be required. Books and course material once purchased cannot be returned for a refund. All sales are final.
10. Class may be recorded for future lectures, Pictures taken for promotional materials during lecture.
11. By signing above you agree to allow personal testimonials and class pictures to be published by HYA.



Refunds will be totally consummated within 60 days after the effective date of termination.

PAYMENT. Choose payment method and amount below:

a) I am enclosing cash, personal check or money order, payable to **Houston Yoga & Ayurveda**

b) I would like the HYA staff to charge my credit /debit card:

MasterCard/VISA/Discover/American Express

Expiration Date: \_\_\_\_ \_\_\_\_ / \_\_\_\_ \_\_\_\_ (Month/Year)

Credit Card # \_\_\_\_ \_\_\_\_ \_\_\_\_ \_\_\_\_ / \_\_\_\_ \_\_\_\_ \_\_\_\_ \_\_\_\_ \_\_\_\_ \_\_\_\_ / \_\_\_\_  
\_\_\_\_ \_\_\_\_ \_\_\_\_ (Please print large and neatly)

Security Code: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

Signature for Credit Card: \_\_\_\_\_

Authorized amount:

a) a down payment of \$900.00. Initial \_\_\_\_\_

b) the full amount of \$3.595. \_\_\_\_\_ - Please indicate any discount code is applicable.

Student: I have received a copy of this enrollment agreement and student handbook which contains the Refund Policy.

Name: .....

Address/City/State/Zip.....

Email:.....

Telephone:.....

Signature: ..... Date of Signature:.....

Signature of Houston Yoga & Ayurvedic Wellness Center LLC

Representative:.....

Date of enrollment agreement

.....

I have received a copy of this enrollment agreement. (Initial) \_\_\_\_\_



## **GENERAL QUESTIONNAIRE**

Please submit your replies to the following questions either on an additional sheet of paper or enlarge the spaces below and type your answers here. Please be thoughtful and thorough with your replies.

1. A description of your background in yoga and teaching, including any yoga studies you have taken.

2. Why do you want to take the training program? What specifically do you want to learn during the program?

3. How would you utilize a yoga teacher certification?

4. Do you have certifications in other areas? (Personal trainer, Pilates, education, etc.)

5. How did you hear about the training? Please check below:  Internet, if so which web site? \_\_\_\_\_  
 other \_\_\_\_\_

6. Do you have a significant illness or any injuries that impact your practice? If so, please tell us about them, including any contraindications your physician recommended to you. Is there anything in your yoga practice that aggravates your injury? Have you discovered anything that helps it?  
\_\_\_\_\_

7. Please tell us about yourself: family, occupation, college/degrees, hobbies, and any other information you would like for us to know.  
\_\_\_\_\_

8. Do you have a personal yoga practice? If so, please tell us what it consists of.

9. If you currently teach yoga, what type of yoga do you teach and where do you teach?

10. Have you studied meditation? If yes, for how long and what style(s)? Do you have a daily meditation practice? \_\_\_\_\_

11. Have you studied any energy systems (qigong, tai chi, reiki, chakras, Chinese medicine, etc.)? How long and what? \_\_\_\_\_

12. Is there anything else that you would like to share with us? \_\_\_\_\_



13. Do you have any concerns or comments that you feel would be important for us to know? Let us know what interests you more. On a scale of 1 (less interest) to 4 (more interest)

1	2	3	4	
_____	_____	_____	_____	Yoga Therapy
_____	_____	_____	_____	Philosophy of Indian Culture, Spirituality & Mythology
_____	_____	_____	_____	Hatha yoga—in-depth instruction in asanas/postures
_____	_____	_____	_____	Teaching Yoga – Anatomy & Physiology of yoga poses
_____	_____	_____	_____	Teaching yoga—how to teach safely
_____	_____	_____	_____	Teaching yoga—teaching fellow students at the intensive
_____	_____	_____	_____	Teaching yoga--classroom logistics (set up class, situation)
_____	_____	_____	_____	Teaching yoga—adjusting students in postures
_____	_____	_____	_____	Teaching yoga—modifying asanas in case of injury ltd flex
_____	_____	_____	_____	Meditation
_____	_____	_____	_____	Mantra
_____	_____	_____	_____	Mudra
_____	_____	_____	_____	History of yoga
_____	_____	_____	_____	Raja yoga (royal path of the mind)
_____	_____	_____	_____	Patanjali's 8-limb path
_____	_____	_____	_____	Energy systems (chakras, nadis, energy moves in body etc)
_____	_____	_____	_____	Yogic lifestyle (meals, meditation, philosophy, etc.)
_____	_____	_____	_____	Hindu religion/traditions (as in an ashram)
_____	_____	_____	_____	Sanskrit language (pronounce the names of the asanas)
_____	_____	_____	_____	Marketing and the business of yoga
_____	_____	_____	_____	Ayurveda,
_____	_____	_____	_____	Jyotish,
_____	_____	_____	_____	Numerology,
_____	_____	_____	_____	Nutrition/cooking
_____	_____	_____	_____	Other

One thing unique/special about you (we will use this for a special icebreaker exercise, so please keep this to yourself until then):

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Please indicate here completed education in the area of Yoga, Massage, Medicine, Holistic Health and Ayurveda with course title, degree, graduation year and institute of learning.

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