

C - G KLOCK

Custodian-Guardian KLOCK (*C-G KLOCK*) for short-term (*hour*) time-management, replaces all other clocks (*Compare 24h v 21h*): a day has 21 hours > 1 hour has 21 minutes > 1 minute has 21 seconds > 1 second has 21 blinks > 1 blink has 21 flashes > 1 flash has 21 clicks !

	C-G Klock	D	h	m	s	b	f	c
1	D Day	1						
21	h hour	1	21					
21	m minute	1	21	441				
21	s second	1	21	441	9,261			
21	b blink	1	21	441	9,261	194,481		
21	f flash	1	21	441	9,261	194,481	4,084,101	
21	c click	1	21	441	9,261	194,481	4,084,101	85,766,121

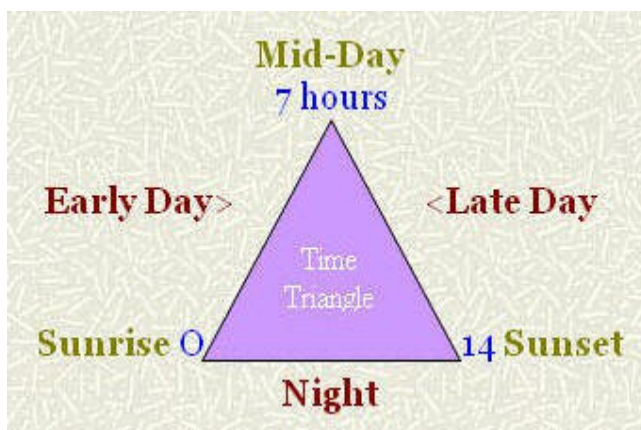
Clock & watch use in 3 line display:

14h-12m-16s *Line 1: the 14th hour, 12 minutes & 16 seconds.*
207 dy - 4 dw *Line 2: 207th day of year, 4th day of week (mid-week).*
Y1-M8-W2-D4 *Line 3: Year 1 - Month 8 -Week 2 - Day 4*
 or: Mid-week of Week 2 in Jupiter-month of Year 1.

The stop-watch would also display blink, flash & click time ... The C-G Klock is displayed by clock, watch & stop-watch. Ask your watchmaker to get you 1 (*21h clock, watch, stopwatch*).

0 hours is set every year after the shortest night at Sunrise. Every 73 days (*5x a year*) 0 hour is reset (*daylight-saving*). Daylight-saving is needed to get up as close to sunrise as possible. Getting up at sunrise is natural & good health.

Time-Triangle



Day start: 0 hours **Sunrise**
Early Day is from 0 - 7 hours
 7 hours is **Mid-Day**
Late Day is from 7 - 14 hours
 14 hours is **Sunset**
Night is from 14 - 21 hours

Mandatory Night-Curfew: from 14-21 hours.

NIGHT – CURFEW

The human body was not designed to be nocturnal. Humans misused their brain-power to create a nocturnal lifestyle. This lifestyle is not beneficial to good health. Therefore a night-curfew is needed for good health.

A 7 hour Night-curfew from 14-21 hours (*22 - 6 hours, 24 hour Pagan-clock*) is mandatory for good health, reduction in energy consumption, reduction in pollution, protection of wildlife, reduction in crime, reducing cost to government & encouraging multiplication.

During Night-curfew 'No' road transport (*public, private, commercial...*) is allowed to move on roads except emergency vehicles! No street lights, traffic lights, advertising... are on. No businesses are open. No air transport is operating Airports are closed! Air transport must land at the nearest available landing field! No rail movement! Railway stations & terminals are closed! Trains stay stationary in the station during Curfew!

Nobody works (*everything is closed*) except minimum emergency personal. No energy is to be used except for emergency or heating! 1public news radio station is allowed all other entertainment is switched off! No office, no manufacturing or retailer is to operate or use energy! Homes can use heating in extreme cold.

Night-curfew needs to be mandatory for the well being of the human-body, local Habitat & to **SAVE PLANET EARTH!!**

The Shire enforces Night-Curfew through Shire-Rehabilitation *MS-R1*. Repeat-Offenders are passed on to Provincial-Rehabilitation for mandatory Sentence caged rehabilitation *MS-R3*.



SLEEP 1/3 of everyday is spent lying down, part of this entails sleeping. Sleep is needed for survival of the human-body. To get re-vitalizing & restful sleep the bed-room must be as dark as possible & an absence of internal & external noise is a must. 'Shire' must implement Night-Curfew.