

CEDAR RAPIDS
319-294-3527

CEDAR FALLS
319-277-1936

CORALVILLE
319-248-0270

DAVENPORT
563-823-0920

DUBUQUE
563-239-1994

COMFORT CARE CHATTER

January Birthdays

Happy Birthday to YOU!

Cylvi G.	RN Case Mngr.	CF	1.1
Robin S.	HCA	CR	1.1
Sara J.	HCA	DV	1.2
Laurie S.	Mktg./HCA	DB	1.3
Claire M.	HCA	CO	1.4
Teresa H.	HCA	DV	1.7
Diana M.	PRN	CO	1.9
Barbara H.	HCA	DB	1.11
Lorie P.	RN Case Mngr.	CO	1.11
Signe H.	QAPI	CR	1.11
Lexi S.	HCA	CR	1.12
Charlotte B.	Billing/Payroll	CR	1.13
Emilija R.	HCA	CF	1.15
Sandra K.	HCA	CF	1.16
Emily S.	LPN	DV	1.25
Stacey M.	HCA	DB	1.26

January 2019 Issue

Also available online at
www.comfortcareia.com

NEW!

*NOW YOU CAN FIND US ON
FACEBOOK, SNAPCHAT,
INSTAGRAM & TWITTER!*



***Search the following to
find & follow Comfort
Care!***

Facebook: Comfort Care
Medicare, Inc.

Snapchat: comfortcareia

Instagram: comfortcareia

Twitter: comfortcareiowa





January is National Radon Action Month



You can't see, smell or taste radon, but it could be present at a dangerous level in your home. Radon is the leading cause of lung cancer deaths among nonsmokers in America and claims the lives of about 21,000 Americans each year. In fact, the EPA and the U.S. Surgeon General urge all Americans to protect their health by testing their homes, schools and other buildings for radon. Exposure to radon is a preventable health risk and testing radon levels in your home can help prevent unnecessary exposure. Testing your house for radon is easy. If your house has a radon problem, it can be fixed. Fixing a radon problem reduces the risk of lung cancer for you and your family. A simple test will tell you if your home has a high radon level. Most radon tests last between 2 and 7 days. It's as easy as opening a package, and putting the test kit in the right place. After sending the test kit back to the address in the package, the company will send your radon test results in about 2 weeks. If a high radon level is detected in your home, you can take steps to fix the problem to protect yourself and your family.

Where can I get a radon test kit?

- Buy a test kit online or at your local home improvement or hardware store. Many kits are priced under \$25.00.
- Order a test kit at www.sosradon.org
- or by calling 1-800-SOS-RADON (1-800- 767-7236).
- Request a test kit from your state radon program, which also has information on radon testing companies and laboratories in your area. Visit <https://www.epa.gov/radon/find-information-about-local-radon-zones-and-state-contact-information>.
- The National Radon Program Services at Kansas State University offers discounted test kits available to purchase online. You may complete the test kit order form electronically and print it out to mail or fax in.

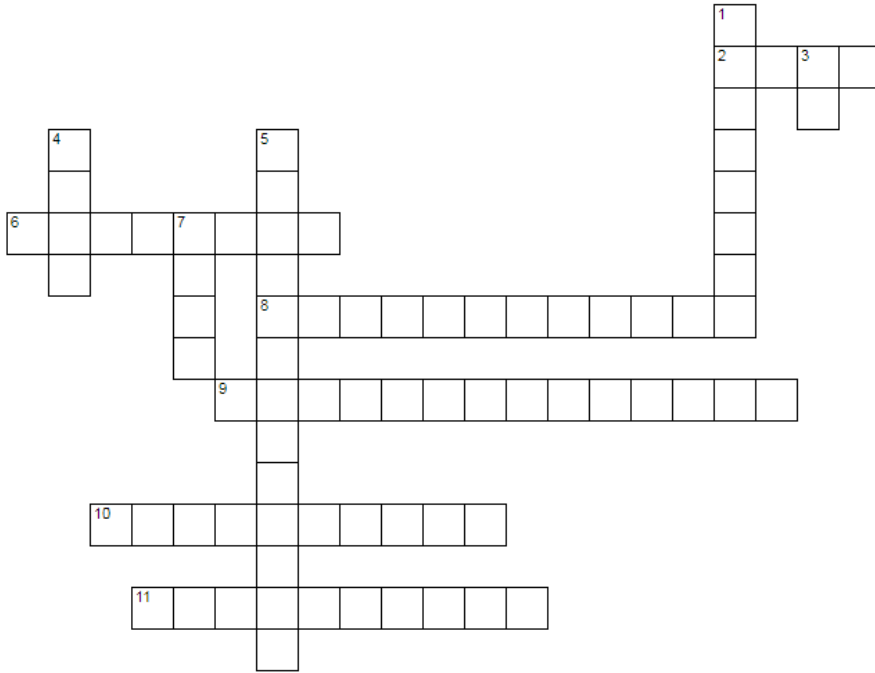
You can fix a radon problem.

Help is available to fix a radon problem. You can call your state radon office to find qualified radon mitigators in your area. Also local companies with radon mitigators are in the phone book or online. The cost to reduce radon depends on how your home was built and how you use it. Most homes can be fixed for about the same cost as other common home repairs.

REMINDER

CLIENTS & COMFORT CARE STAFF, PLEASE REMEMBER TO CALL THE OFFICE WHENEVER YOU HAVE A SCHEDULE CHANGE!

Comfort Care Crossword Home Health Care Basics



ACROSS

2. WHERE DO WE PROVIDE OUR SERVICES
6. REQUIRES YOU BE IN CARE OF DOCTOR, BE HOMEBOUND, AND HAVE A SKILLED NEED
8. THERAPY THAT WORKS ON SMALLER MUSCLES AND SKILLS
9. AT COMFORT CARE, WE STRESS THAT ALL MEDICAL DECISIONS ARE WHAT?
10. WE ACCEPT MEDICARE, MEDICAID AS WELL AS OTHER PRIVATE INSURANCES FOR PAYMENT AS WELL AS THIS
11. SERVICES SUCH AS HOUSEKEEPING AND MEAL PREP

DOWN

1. THERAPY THAT WORKS ON BIG MUSCLES
3. WHO CAN CALL COMFORT CARE TO START SERVICES
4. COST OF THE INITIAL VISIT WITH AS COMFORT CARE NURSE
5. SERVICES SUCH AS ASSISTANCE WITH BATHING AND MEDICATION REMINDERS
7. WHAT IS THE EASIEST WAY TO START SERVICES

Do you have a big announcement? A thank you? A great photo? Send your input for the Chatter to Taylor and she will add it to next month's newsletter!

tfeltes@comfortcareia.com

