

# SOFTBALL CLINIC

## REGISTRATION FORM

FOR  
WOMEN 50+

SATURDAY, APRIL 29  
8:00 AM – 12:00 NOON

CLINIC SNOWED  
OUT!  
RESCHEDULED FOR  
MAY 13, 2017.

### USS BULLHEAD MEMORIAL PARK

1606 San Pedro SE, Albuquerque, 87108



**Get ready for the summer!** Back by popular demand, this clinic is geared to improving your game by covering the fundamentals of proper warm-up, fielding, throwing, hitting, base-running, and basic game strategy. Professional instruction will be provided by Paula Sperling, former Asst. Softball Coach for LaCueva High School, with assistance from coaches/players of the Silver Gloves senior women's softball program.



Participants must provide their own gloves, shoes, and sunscreen. All other equipment will be provided (but feel free to bring your own bat if you wish).

8:00-8:20 Registration  
8:20 – 9:00 Introductions & warm-up  
9:00 – 11:45 Instruction and drills on fielding, throwing, base-running, basic game strategy, and hitting skills



Cost: \$10.00 for registrations received by April 21. A late fee of \$5.00 will be charged for registrations received after that date with a FINAL deadline of April 27th. Registration fee includes cost of the facilities, equipment, clinic, snacks, water, and prizes!



Sponsored by the NM Senior Sports Foundation, a nonprofit 501(c)(3) NM corporation. For more information, PHONE (505) 299-7768, FAX (505) 271-4933 or E-MAIL: info@senior-sports.org.



(Detach and mail to NM Senior Sports Foundation, P.O. Box 14579, Albuquerque, NM 87191)

**YES,** I would like to participate in the Women's Softball Clinic on May 16, 2017 at a cost of \$10.00. (A late fee of \$5.00 applies for registrations received after May 12). Enclosed is my check in the amount of \$\_\_\_\_\_ payable to the NM Senior Sports Foundation.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_ AGE \_\_\_\_\_

E-MAIL \_\_\_\_\_

In case of emergency, contact:

(Name) \_\_\_\_\_ (Phone) \_\_\_\_\_



This event is sponsored by the NM Senior Sports Foundation and the City of Albuquerque Parks & Recreation Department

