

NONFAT GEORGIA PEACH FROZEN YOGURT

Nutrition Facts

Serving Size 1/2 cup (83g)
Servings Per Container

Amount Per Serving

Calories 100 **Calories from Fat** 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 65mg **3%**

Total Carbohydrate 23g **8%**

Dietary Fiber 0g **0%**

Sugars 18g

Protein 2g

Vitamin A 0% • **Vitamin C** 8%

Calcium 8% • **Iron** 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

YOCREAM[®]

NONFAT

Ingredients:

INGREDIENTS: Pasteurized and Cultured Skim Milk, Sugar, Peach Base (Peaches, Sugar, Water, Peach Juice Concentrate, Citric Acid, Natural Flavor, Locust Bean Gum, Annatto and Turmeric (color)), Corn Syrup, Whey, Maltodextrin, Nonfat Dry Milk, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin, Red #40, Red #3 and Blue #1. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergens:

Milk: YES
Egg: NO
Peanut: NO
Wheat: NO
Soy: NO
Tree Nuts: NO

Notes:

Kosher Certified.



*Meets the National Yogurt Association Criteria for Live and Active Culture Frozen Yogurt