

Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069

COME JOIN US!!!
 Lunch Served Daily
 Monday Thru Friday
 11:30am TO 12:30Pm

MAY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Oven Fried Chicken w/Gravy, Mashed Potatoes, Peas & Carrot, WW Bread and Fresh Orange	2 Pork Tortilla Soup, Chopped Salad	3 County Beef Noodle Casserole, Broccoli, Spicy Orange Citrus Salad and Strawberry Shortcake	4
5	6 Chicken Fajitas w/Peppers & Onions, Whole Wheat Tortillas, Mexican Spinach Salad and Pineapple & Coconut	7 Baked Potato Bar, Broccoli Onions, Tossed Salad, Whole Grain Roll and Apples Salad Bar	8 Chinese Chicken Salad w/Chow Mein Noodles, Whole Wheat Roll, Mandarin Oranges and Fortune Cookies	9 Meat Loaf, Mashed Potatoes w/Gravy, Steamed Carrots, Romaine Salad w/Tomatoes & Peppers, Whole Wheat Bread	10 Happy Mother's Day Pulled Pork Sandwich w/WW Bun, Cream of Potato Soup, Cantaloupe	11
12	13 Chicken & Pasta Marino, Spinach Salad w/Green Peppers, Garlic Bread and Peaches	14 Vegetarian Pizza, Romaine Salad w/Peppers & Tomatoes, Fresh Orange and Ice Cream Salad Bar	15 Crispy Baked Chicken, Sweet Potato Fries, Peas, Tossed Salad and Whole Wheat Roll	16 Sweet & Sour Pork, Oriental Vegetables, Sesame Coleslaw, Brown Rice and Strawberries	17 Memorial Day Hamburger on WW Bun w/Lettuce, Tomato & Onions, Potato Salad, Fruit Salad and Corn on the Cob	18 
19 Senior Information 464-3069	20 Spaghetti w/Meat Sauce, Green Beans, Romaine Salad, WW Garlic Bread and Fresh Fruit	21 Spinach Enchilada Casserole, Romaine Salad w/Tomatoes and Carmel Apples Salad Bar	22 Fish Taco's w/Salsa, Unfried Beans and Sunny Fruit Salad	23 Chicken Salad Wrap w/Apple Poppy Seed Coleslaw on WW Tortilla, Carrot Curry Soup and Mandarin Oranges	24 Roast Turkey w/Gravy, Mashed Potatoes, Broccoli, Romaine Salad, WW Roll and Fresh Fruit	25
26 	27 Site Closed in Honor of Memorial Day	28 Eggplant Parmigiana, Romaine Salad w/Peppers & Tomatoes, Garlic Bread and Applesauce w/Cinnamon Salad Bar	29 Chef Salad, Whole Wheat Roll and Strawberries	30 Chili Con Carne, Coleslaw, Cornbread and Pears	31 Happy Birthday! Roast Pork w/Gravy, Romaine Salad w/Mandarins, Mashed Potatoes, WW Bread and Banana Cake w/Cream Cheese Frosting	