



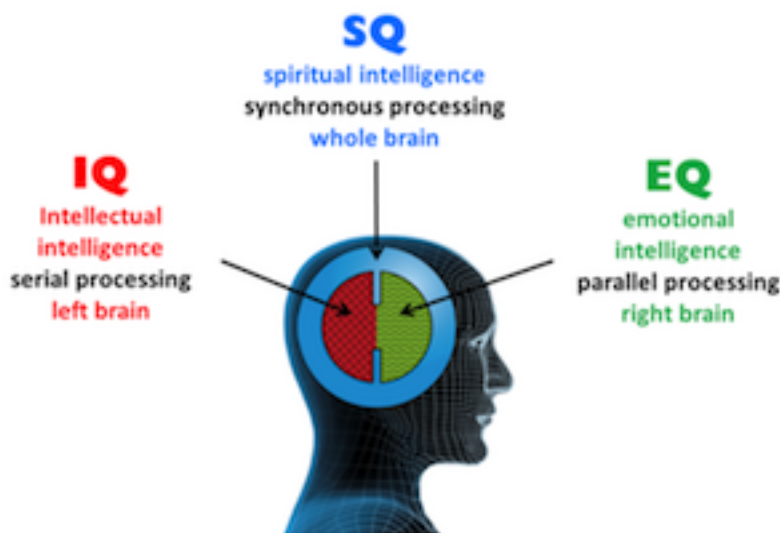
Whole Brain Training

1.

3Q Training employs three principal dimensions of intelligence, which activate the whole brain.

2.

Both IQ and EQ are important, but they are not enough to maintain top performance, and provide enduring fulfillment.



$$IQ + EQ + SQ = 3Q$$

3Q Training unlocks full human potential, increases personal fulfillment, and results in high performance.

3.

In addition to IQ and EQ, the next level of intelligence is also necessary, SQ or spiritual intelligence.

4.

IQ and EQ are about thought and emotion, and SQ is about meaning and purpose.