

Clinical Applications of Neuroplasticity

Presented by Dr. Norman Doidge, MD

Workshop Details

November 19-20, 2018

9am – 4:30 pm

Location

**Best Western PLUS
The Arden Park Hotel
552 Ontario Street
Stratford, Ontario**

Fees:

Early-Bird Rate: \$419 + HST

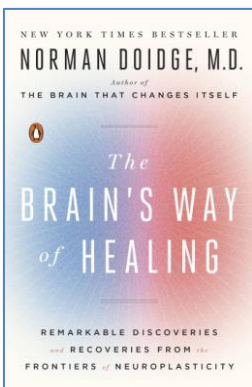
After March 15: \$459 + HST

Fee includes lunch, morning and afternoon refreshments.

Discounted rates are available for groups of 5+ people registering together OR for individuals registering for more than one workshop

Registration

Register online at
missionempowerment.ca



About the Workshop

This workshop, based on the best-selling books *The Brain that Changes Itself* and *The Brain's Way of Healing*, draws on revolutionary research and extraordinary advances in the field of neuroscience to illuminate the amazing extent to which the brain is able to change and heal. Dr. Doidge weaves together scientific research, case histories, his own insights, and original films of real people undergoing neuroplastic change, to explain how we can apply these findings in clinical practice – and to help clients/patients with a range of emotional, psychological, psychiatric and brain disorders to achieve a level of recovery that was once thought impossible.

Topics Covered Include:

- Neuroplastic approaches and new treatments for a range of conditions including ADD, learning disorders, autism, sensory processing disorders, PTSD, depression, schizophrenia, chronic pain, traumatic brain injury, stroke, MS, Parkinson's disease and dystonias, Alzheimer's and dementia
- The "Plastic Paradox": how certain conditions such as addiction, bad habits, defense mechanisms, chronic pain, dystonias, PTSD and OCD, are caused by the brain's plasticity going awry, and clinical strategies to remedy this
- The five stages of neuroplastic healing and how to determine which stage needs clinical attention in clients
- How neuroplastic approaches can help clients who are rigid, concrete, or lacking self-reflective capacity
- How mental experience, activity, and sensory stimulation can alter or develop brain structure and function
- New non-invasive treatments for a range of disorders

About the Presenter

Norman Doidge, MD, FRCPC, is a psychiatrist, psychoanalyst, researcher, author, essayist, and poet. He is on faculty at the University of Toronto's Department of Psychiatry, and Research faculty at Columbia University's Center for Psychoanalytic Training and Research in New York. He has received numerous scientific awards for many outstanding achievements in psychiatry and psychoanalysis. He is the author of two *New York Times* bestsellers; *The Brain that Changes Itself* and *The Brain's Way of Healing*.

mission: empowerment!

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