



5K & 10K RUN/WALK NOVEMBER 21st

FINNUP PARK

START TIME: 10AM

(9AM-9:45AM CHECK IN)

**Please Register by Nov. 11th:
MMFITNESSSWKS.COM**

**Beer Garden hosted by
Flat Mountain Brewhouse
to follow race**



*Kick off your
holiday season right!*

MMFITNESS

TURKEY