



# 5K & 10K RUN/WALK NOVEMBER 21st

**FINNUP PARK**

**START TIME: 10AM**

**(9AM-9:45AM CHECK IN)**

**Please Register by Nov. 11th:**  
**MMFITNESSWKS.COM**

**Beer Garden hosted by  
Flat Mountain Brewhouse  
to follow race**



*Kick off your  
holiday season right!*

MMFITNESS

TO  
BE  
TR  
E  
B  
T