

Nutrition Facts

Serving Size 9 Ounce

Stuffed Shells

Amount Per Serving

Calories 215

Calories from Fat 101.3

% Daily Value*

Total Fat 11g **17%**

Saturated Fat 4.9g **25%**

Trans Fat 0.6g

Cholesterol 36mg **12%**

Sodium 703.8mg **29%**

Total Carbohydrates 19.9g **7%**

Dietary Fiber 2.1g **8%**

Sugars 5.5g

Protein 11.2g

Vitamin A **0%**

Vitamin C **0%**

Calcium **1%**

Iron **2%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.