

# Woodwind Lakes



It's all right here

September 2016

Volume 5, Issue 9

## Message from the Board

Aunt Rosie, at times, is very opinionated. In all cases however, the governing documents of the Association must be observed. If you would like your question answered by Aunt Rosie, please communicate with Sterling Management Company who will pass it along. Aunt Rosie retains the right to be Aunt Rosie. She chooses what to publish and what to say.

I used to suffer terribly from insomnia until I started keeping a copy of the Deed Restrictions on my night table. I read from it every night and I have to tell you, it works like a charm. Anyway, my friends have noticed how well read I've become and from time to time they send me questions which I am happy to answer.



**Dear Aunt Rosie,**

*I want to do some landscaping in the front yard but I can't find any rules about such. Can you help?*

*Anonymous*

**Dear Anonymous,**

When it comes to landscaping, you're pretty much on your own Darlin' — especially with regard to shrubbery, bedding plants and the like as long as you maintain your turf grass, that is, at a minimum, solid sod grass in the front of the lot, and shall at all times maintain such grass in a neat, clean and attractive condition, periodically re-sodding damaged areas of the lawn as they occur.

Beware of pots, brightly colored stones or wood chips. Wherever visible from any street, appurtenances, such as sculptures, birdbaths, birdhouses, fountains or other decorative embellishments are not allowed. For a full explanation, this subject is covered in Article X, Section 17 of the Deed Restrictions, found at <http://woodwindlakes.us/>.

*(Continued on Page 4)*



## Women's Club of Woodwind Lakes Starts New Club Year

Come Join Us!

Tuesday, September 20 at 10:00 am

At the Home of

Gulshan Hira, 7922 Allegro

The club meets the 3rd Tuesday of every month at 10:00 am from September – May and is open to all women residents of our neighborhood. There is always social time for visiting, meeting guests and new members and enjoying refreshments. Some meetings will have a program or speaker and outings in the fall and spring are also planned. Dues are \$25.

The club invites all women residents to the September meeting to learn more about the club and to hear what is planned for the upcoming months.

For more information please contact:

Marianne West (713 849-0364)

Barbara Henderson (713 466-4893)

Sharon Siebern (713 849-5596)

Anne Martin (713 466-8502)

Cindy Horn (972 998-8242)

## IMPORTANT CONTACTS

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.....bdooley626@yahoo.com  
Secretary.....**Polly Looper**  
.....Section4wwl@gmail.com

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Teresa Flores .....teresa@sterlingasi.com

#### Advertising

Peel, Inc ..... advertising@PEELinc.com, 1-888-687-6444

### GROUND'S COMMITTEE

jaysmichaels@earthlink.net

### PAVILION & ADULT POOL

Donna Jackson ..... 713-466-8668  
..... kotilla@hotmail.com

### MOTHERS OF WWL

Dana Patterson ..... greg.dana.patterson@gmail.com

### CHRISTMAS COMMITTEE

Terry Buckner ..... terry214@live.com

### WOMEN'S CLUB

Marianne West ..... fandmwest@earthlink.net  
Barbara Henderson ..... texas.cats@sbcglobal.net  
Sharon Siebern ..... s\_siebern@hotmail.com  
Cindy Horn ..... cindy.d.horn@gmail.com

### OTHER USEFUL NUMBERS

#### Sterling Association Services, Inc.

..... servicedesk@sterlingasi.com, 832-678-4500  
6842 North Sam Houston Parkway W., Houston TX 77064  
Mailing Address - P.O. Box 38113, Houston TX 77238-8113

#### Association Manager

Ry Reid ..... ry@sterlingasi.com

**Administrative Asst. - Teresa Flores** ..... teresa@sterlingasi.com

**Call Before You Dig** ..... 1-800-DIG-TESS or 1-800-344-8377

**Pct. 4 Constable** ..... 281-376-3472

**Street Light Outage** ..... 713-207-2222

..... www.centerpointenergy.com - Have light number.

#### Texas Department of Public Safety Crime Service

..... http://records.txdps.state.tx.us

## UTILITIES

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**WASTE MGT CUSTOMER SERVICE** ..... 713-686-6666  
Trash Pick-up is Tuesday and Friday.

**Water/Sewer Issues, all Sections: 281-807-9500**

### M.U.D. #261 BOARD SECTIONS 1, 2 & 3

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Milt Dooley (05.14.20) ..... Director

**M.U.D. 261** ..... www.HCMUD261.com

### SECTION 4 VILLAGE OF WOODWIND LAKES

Royal Disposal & Recycle, P.O. Box 160, Fulshear TX 77441  
P - 713-526-1536 | F - 281-346-2961 | royaldisposal@comcast.net  
Trash pick-up for Section 4 only, is on Wednesday and Saturday  
including curbside recycling every Saturday.  
TOPS Water, Eric Martin (713) 822-8389

### USEFUL LINKS

WL Website ..... http://woodwindlakes.us/  
Sec 1, 2 and 3 Utility .....  
..... http://hcmud261.com/HCMUD261/Index.htm  
Section 4 Utility ..... http://www.wfud.org/  
Social Media .. https://woodwindlakes.nextdoor.com/news\_feed/  
Newsletter ..... http://www.peelinc.com/  
Sec 4 Gate (ICS) .....

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## ARTICLE INFO

The *Woodwind Lakes Newsletter* is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to [Lynn.Collins@garygreene.com](mailto:Lynn.Collins@garygreene.com). The deadline is the 7th of the month prior to the issue.

## CHRISTMAS COMMITTEE MEETING

The Woodwind Lakes Christmas Committee will meet at the home of Terry Buckner, 9207 Brahms Lane, at 6:30 on Wed. Sept 8th. All residents who are interested in helping with our Third Annual Christmas on the Lake Celebration are invited and encouraged to come. Our celebration and tree lighting will be held on Dec 3 at the family pool grounds. We need all the help we can get to make this our best event yet AND to help us decorate. You can contact Terry at [terry214@live.com](mailto:terry214@live.com) or (832) 803-9214 for further information.

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## YARD of the MONTH August

Section 1  
8023 Ensemble Drive

Section 2  
9015 Rhapsody Lane

Section 3  
8714 Golden Chord Circle

Section 4  
8110 Rondo Court

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# Woodwind Lakes

(Continued from Cover)

**Dear Aunt Rosie,**

*Now they tell me that I have to submit paint samples and get them approved before I can paint my house. This seems to me to be a bunch of falderal. Why can't they just tell me what colors are acceptable so I can make some reasonable decisions?*

ANONYMOUS

**Dear Anonymous,**

You can choose any of the colors for your section on the Paint Color Chart found at <http://woodwindlakes.us/> Look under Architectural Guidelines and then select Paint Color Chart. Paint samples are not required unless you select a color not found in the Color Chart. You will still have to submit an Exterior Paint Application and get approval before painting.

**Dear Aunt Rosie,**

*I got one of these letters from Sterling. They say that I did not submit an Exterior Modification Application and that my new gazebo does not conform with the Architectural Control Guidelines. What can they do to me? If they fine me, I won't pay. And, I won't remove my new gazebo.*

ANONYMOUS

**Dear Anonymous,**

Oh my! The very reason that a community sets up an approval process is to avoid this kind of unpleasant situation. The signs at the entrance, "Deed Restrictions Strictly Enforced," is to let people know that this is a Deed Restricted Community. Many homeowners and buyers want to live in a controlled community rather than in unincorporated Harris County.

You can always go to a Homeowners meeting and plead your case or look for some accommodation or compromise. If this fails, the HOA can levy fines for as long as the noncompliant condition exists. Unpaid fines will eventually be deducted from the seller's proceeds when the home is sold.

**Dear Aunt Rosie,**

*The street light at my corner is out. How can I get the HOA to fix it?*

ANONYMOUS

**Dear Anonymous,**

Report street light problems by the number on the pole to <https://slo.centerpointenergy.com/customerslo.aspx> or call (713) 207-2222. All the street lights are numbered. If at any time you see one burned out, log on to the Centerpoint website and complete the report or call. Thanks for keeping our neighborhood safe.



## Adult Pool and Pavilion

Isn't it grand that we have wonderful recreation facilities here in Woodwind Lakes? It's nice to pass by the Tennis Courts, Pavilion and Adult Pool and see them being utilized by many residents. The Adult Pool looks better than ever especially with our bright, new furniture...Isn't it inviting?

Hope that everyone is enjoying the summer! If you need the code for gates for the Adult Pool, Pavilion, and Tennis Courts contact Sterling.

If you need a Key to the Adult Pool and bathrooms, contact Donna Jackson. Please make sure that all doors and gates are closed when you leave.

Donna Jackson



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## George Preston Memorial Tree

### Planted on Friday July 8, 2016

Forest Pansy Redbud Tree has been planted on lake #1 within viewing sight of Jo Preston's home at 9110 Brahms Lane at Woodwind Lakes.

Jo Preston in section 1 read the article in the newsletter regarding the Grounds Committee memorial tree tradition. She thought it was a wonderful program and wanted a tree planted in memory of her father George Preston that lived with her.

I explained to her that the funds for the memorial trees were donated by the GC members and not the HOA. Since Jo nor George were members of the grounds committee there were no funds available. She thought it was a great way to memorialize George so she said she would pay for the tree. She wrote a check and I went to RCW to select a tree. Our friend, Ryan from GHL, went to collect the tree and planted it by the lake in a location visible from Jo's house.

What a lovely and heartfelt tradition we have here at Woodwind Lakes. Let's keep it going.

Create a Living Memorial

Plant Memorial trees to honor the life of friends or loved ones. Trees make a perfect memorial gift, and let you express your sympathy and condolences for the loss of friends and loved ones in a unique

and spiritual way. The gift of a memorial tree is enduring, symbolic; and will grow stronger and blossom with life year after year. It's a gift of Life which helps support and heal both those who receive it as well as our planet.



## NOBODY IS DROWNPROOF WATCH KIDS AROUND WATER

82 Texas children have already fatally drowned in 2016

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## Me, eat Rabbit Food? A Plant Diet Can Boost your Health and Be Delicious!

Research shows that flexitarians ... those who make plant foods the star of their diet, with meat, fish, dairy, and eggs playing a supporting role-are healthier than frequent meat eaters. Some of the possible benefits of this diet are:

- Decrease the risk of heart disease
- Decrease the risk of diabetes
- Decrease the risk of certain cancers
- Help maintain a healthy weight
- Lower the risk of inflammatory diseases
- Help improve cholesterol levels
- Help improve blood pressure

“When you base your meals on plant foods, you’re packing your diet with the fiber, vitamins, minerals and healthy fats that most Americans don’t get enough of.”

“A Harvard study that tracked more than 120,000 people for 30 years found that those who ate the most meat tended to die younger during the study period but that swapping just one daily serving of beef for nuts could cut the risk of dying early by as much as 19

percent. One possible reason for those benefits is that a plant based diet can improve blood lipid levels.

A “less meat, more plants” style of eating can also improve the quality of your life.

Here are a few ideas if this is something you want to consider:

Breakfast: Avocado toast: 2 slices of whole grain bread, mashed avocado, red pepper flakes, sea salt; coffee with coconut milk creamer.

Lunch: Quinoa tabbouleh with chickpeas: Cooked quinoa, chopped tomatoes, chopped cucumber, chopped parsley, olive oil, lemon juice, black olives and garbanzo beans.

Dinner: Black-bean tacos: Corn tortillas, black beans, roasted cauliflower, jarred corn salsa, pico de gallo, cumin and salad greens.

Dessert: Frozen banana “ice cream”. Blend a frozen banana in a blender with a touch of almond milk until it resembles soft serve, topped with chopped walnuts.

Take care....Donna Kelley Konopka

Information courtesy of WebMD and Consumer Reports

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## Food Addicts in Recovery Anonymous

Food Addicts in Recovery Anonymous (FA), a not for profit organization with a 12 Step Program for individuals suffering from food obsession, overeating, under-eating and bulimia. There will be a free Community Information Meeting on October 10th at the Church of the Holy Apostles, 1225 W Grand Parkway S, Katy TX 77494, 7pm to 8:30pm. Everyone is welcome to attend this meeting, including those who think they may have a food problem or are concerned about someone else who may.

## Cypress-Tomball Democrats September Meeting

The Cypress-Tomball Democrats monthly meeting for the month of September will be held on Tuesday, September 20th 2016, at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 p.m. to 8:00 p.m.

Everybody is welcome to attend the meeting and to join this growing club, which meets on the third Tuesday of every month. The meetings foster great fellowship and feature informative guest speakers. For further information, visit the website [www.cytomdems.com](http://www.cytomdems.com); contact Cris Hernandez at [cytomdems@yahoo.com](mailto:cytomdems@yahoo.com); Follow us on Facebook at Cypress- Tomball Democrats.

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