

# T.E.N.S NEWSLETTER

TRINITY EPISCOPAL PRESCHOOL

(909) 748-5041 Office (909) 793-2014 Main

AUGUST 2017



## MEET YOUR NEW DIRECTOR

Hello my name is Charity Wilson, and I am eager to start the new school year with the great community of Redlands, I have heard such wonderful things and am very excited to be here! I have been teaching for 13 years, working with State and Federal preschools, private agencies, as well as Montessori. I attended Riverside and Chaffey Community Colleges and transferred to Brandman University to earn my Bachelor's degree in Child Development.



**Attention  
Parents!  
Do you know  
Trinity now  
has a full  
day program  
available?**

**Half Day:**

**8:30am to 12pm**

**Full day:**

**8:30am to 4:30pm**

**See  
Ms. Wilson  
for more  
information!**

I have two children of my own, a son and a daughter both with special needs. Through my education and personal/professional experience, I feel I can provide meaningful support to parents and make a difference in the lives of children of many different backgrounds and ways of life.

I love music and singing, and feel it is essential to incorporate music in many aspects of a child's learning experience. I have been singing since I was 5 years old, where music has always been a critical and enriching part of my life.

I love to spend time with my kids and plan fun adventures! I believe getting outside and having hands-on experiences creates the best learning environment for children. I am so excited to bring a new curriculum to TENS while continuing to foster a safe, fun, loving, and educational environment for your children.

Sincerely,

*Charity*

**Join us for Back to School Night  
9/14/17 at 6:00pm**

**Nutritional Snacks:** Here is a short list of nutritional snack suggestions for parents to donate:

Protein	Cheese sticks/wedges Yogurt (low sugar)
Fresh produce	Carrot sticks Orange slices/cuties Celery sticks Cherry tomatoes Apple slices Strawberries Raisins Blueberries Grapes (cut in half) Bananas
Drinks	Low fat milk 100% fruit juice Water
Whole grains	Muffins Bread slices/rolls Crackers Tortillas

Our goal is to provide filling and nutritious snacks. Please help us by avoiding processed foods or those that are high in fats, salt, or sugar. Birthday celebrations are definitely an exception. Thank you!

For more information on suggested snacks, visit [www.trinityepiscopalpreschool.org/resources](http://www.trinityepiscopalpreschool.org/resources)

## Make Note!

TENS can be reached by calling the following numbers:

(909) 748-5041 (office), or  
(909) 793-2014 (main)



Follow us on  
Facebook!  
**Trinity Episcopal  
Preschool  
Redlands**

Find our monthly newsletters, special events, and TENS updates!

## SCHEDULE A TOUR!

Do you know someone with preschool aged children? Refer them to TENS! Tours are available throughout the week and can be scheduled by calling (909) 748-5041 or (909) 793-2014

or visiting our website at

[trinityepiscopalpreschool.org](http://trinityepiscopalpreschool.org)

**TENS BOARD 2017-2018:** Each year, as our enrollment changes with graduation to kindergarten, there are several openings on the Trinity Pre-school board. Parents and grandparents are welcome to join our group. Please see Ms. Wilson if you are interested. We meet on the first Monday of each month from 6-7 PM about 6 times each year, not a big commitment of time for a great opportunity for your child!