

2008 Forest City Prep / Mustang Invite

Sat. April 26 TD Waterhouse Stadium UWO

04/26/2008 - 04/26/2008

Meet Results

Event 2 BOYS Midget 100m Dash

START: 10:05am > no starting blocks

Gold 11.74 / S- 12.14 / B- 12.54

MEET RECORD:Corey Crawley Lucas 11.10 2006

1	Branden Valente	M	Chaminade College	12.32
2	Ike Omoruna	M	St. Augustine	12.33
3	Travis Eman	M	St. Marcellinus	12.58
4	Kwasi Gyami	M	St. Augustine	12.71
5	Cole Stewardson	M	London Saunders	12.73
6	Tyler Varga	M	Cameron Heights	12.77
7	Mike Dinino	M	London Oakridge	12.97
8	Thomas Frois	M	Monsignor Doyle Camb	13.01
8	Anthony Figueroa	M	St. Augustine	13.01
10	Aidan Ruthig	M	Waterloo CI	13.03
11	Luke Harrison	M	Central Huron	13.04
12	Alec Beer	M	Lambton Central	13.13
13	Jason Hoiting	M	London Christian	13.16
14	Aaron Gee	M	London Oakridge	13.24
15	Ken Palomo	M	Chaminade College	13.39
16	Colin Brown	M	Eastview	13.46
17	Ben Floto	M	Guelph CVI	13.54
18	Kevin Ypma		London Christian	13.56
18	Matt Druzcz	M	John Paul II London	13.56
20	Ashkan Sadri	M	Waterloo Bluevale	13.64
21	Steven Roth	M	Waterloo Bluevale	13.68
21	Bobby Freiburger	M	Walkerton District	13.68
23	Ben Krupitz	M	Cameron Heights	13.74
23	Travis Allen	M	Waterloo CI	13.74
25	Anirudh Bakhru	M	Cameron Heights	13.78
26	Chris Aitken	M	Lambton Central	13.79
27	Kaelin Dew	M	North Lambton	13.84
28	Henry Thang	M	John Paul II London	13.85
29	Ken Pham	M	John Paul II London	13.86
30	Sergiu Onisoru	M	Saugeen District	13.90
31	Zach Fischer	M	Waterloo CI	14.18
32	Christian Piorolo	M	Chaminade College	14.21
33	Daniel Jacewicz	M	Waterloo CI	14.52
34	Austyn Miller	M	Saugeen District	14.71
35	Tyler Marcinko	M	Saugeen District	14.79
36	Cory Hislop	M	Chinguacousy	14.83
37	Muhammad Khan	M	Waterloo CI	15.17
38	Jose Ambrosio	J	Chinguacousy	16.02

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Event 4 BOYS Midget 200m Dash

START: 4:50pm > no starting blocks

Gold 24.14 / S- 25.14 / B- 26.14

MEET RECORD:Brian Nutt Banting 22.70 2003

1	Branden Valente	M	Chaminade College	25.25
2	Cole Stewardson	M	London Saunders	25.39
3	Kwasi Gyami	M	St. Augustine	25.50

4	Aaron Cassidy	M	North Lambton	26.80
5	Bobby Freiburger	M	Walkerton District	26.87
6	Alec Beer	M	Lambton Central	27.22
7	Ben Floto	M	Guelph CVI	27.23
8	Matt Druzcz	M	John Paul II London	27.26
9	Greg Wild	M	Central Huron	27.62
10	Ken Palomo	M	Chaminade College	27.64
11	Cory Hislop	M	Chinguacousy	28.24
12	Ken Pham	M	John Paul II London	28.28
13	Alex Gebhardt	M	Walkerton District	28.47
14	Travis Allen	M	Waterloo CI	28.50
15	Sergiu Onisoru	M	Saugeen District	28.61
16	Kaelin Dew	M	North Lambton	28.64
17	Eric Thomas	M	St. Marcellinus	28.70
18	Filip Adamski	M	Waterloo Bluevale	29.26
18	Nathan Garrett	M	Eastview	29.26
20	Christian Piorolo	M	Chaminade College	29.70
21	Zach Fischer	M	Waterloo CI	30.20
22	Austyn Miller	M	Saugeen District	30.37
23	Muhammad Khan	M	Waterloo CI	31.40
	Aidan Ruthig	M	Waterloo CI	DNF

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Event 6 BOYS Midget 400m Run

START: 11:45am >no starting blocks

Gold 53.24 / S- 55.74 / B- 58.24

MEET RECORD:Liam Card Saugeen 51.80 1995

1	Zachary Gray	M	London Lucas	55.57
2	Greg Staeger	M	London Aquinas	56.28
3	Branden Valente	M	Chaminade College	58.48
4	Aidan Ruthig	M	Waterloo CI	58.97
5	Greg Wild	M	Central Huron	59.21
6	Chris Katigbak	M	Chinguacousy	59.23
7	Aaron Cassidy	M	North Lambton	1:00.30
8	Brandon Tartaglia	M	St. Marcellinus	1:01.00
9	Filip Adamski	M	Waterloo Bluevale	1:01.25
10	Robert Halford	J	Monsignor Doyle Camb	1:01.35
11	Rafael Cola	M	London Aquinas	1:01.59
12	Mike Park	M	Central Huron	1:02.15
13	Evgeni Panfilenko	M	London Oakridge	1:02.38
14	Jamie Sin-Keo	M	Cameron Heights	1:02.48
15	Ben Krupitz	M	Cameron Heights	1:03.11
16	Sergiu Onisoru	M	Saugeen District	1:03.51
17	Alex Barr	M	Guelph CVI	1:06.41
18	Ashkan Sadri	M	Waterloo Bluevale	1:06.72
19	Perrin Smith	M	Waterloo Bluevale	1:08.18
20	Ben Todd	M	Eastview	1:08.46

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Event 8 BOYS Midget 800m Run

START: 3:50pm >1 turn stagger start

G 2:06.24 /S 2:16.24 /B 2:26.24

MEET RECORD:Steve Sikic Eastwood CI 2:03.20 1983

1	Greg Staeger	M	London Aquinas	2:16.3
2	Cody Rowland	M	Saugeen District	2:21.7
2	Jason Hoiting	M	London Christian	2:21.7
4	Kevin Miller	M	London Aquinas	2:23.5
5	Ken Palomo	M	Chaminade College	2:24.4
6	Michael Gordon	M	North Lambton	2:27.1
7	Gordon Shields	M	Cameron Heights	2:28.2
8	Chris Katigbak	M	Chinguacousy	2:28.6

9	Ryan Eastman	M	North Lambton	2:28.7
10	Nate Lamb	M	London Aquinas	2:29.1
11	Filip Adamski	M	Waterloo Bluevale	2:29.5
12	Kyle Eggleston	M	Waterloo CI	2:29.7
13	Jamie Sin-Keo	M	Cameron Heights	2:29.8
14	Mazen Malawi	M	St. Marcellinus	2:30.9
15	Derek Hinchcliffe	M	Lambton Central	2:32.0
16	Dylan Soetemans	M	North Lambton	2:32.5
17	Mike Park	M	Central Huron	2:32.9
17	Rafael Cola	M	London Aquinas	2:32.9
19	Nick Hones	M	Eastview	2:33.8
20	Kennie Mcqueen-Baltare	M	London Lucas	2:33.9
21	David Constantinescu	M	Saugeen District	2:35.0
22	Coleton Shular	M	Saugeen District	2:35.1
23	Ashkan Sadri	M	Waterloo Bluevale	2:38.3
24	Luca Phillips	M	Chaminade College	2:39.0
25	Ben Todd	M	Eastview	2:40.8
26	Alex Bloomfield	M	Medway	3:03.5

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Event 10 BOYS Midget 1500m Run

START: 6:05pm

Gold 4:21.0 / S 4:35.0 / B 4:50.0

MEET RECORD:Ian Forsyth Banting 4:16.90 1987

1	Jeremy Cooper	M	Assiginack Central	4:28.3
2	Matthew Travaglini	M	London Aquinas	4:47.1
3	Luke Rachar	M	London South	4:51.5
4	Dylan De Silva	M	Waterloo CI	4:55.1
5	Black Dylan	M	London Oakridge	4:55.7
6	Nate Lamb	M	London Aquinas	4:58.0
7	Ryan Gauld	M	London Saunders	4:59.5
8	Jason Poland	M	Chaminade College	5:02.1
9	Alex Barr	M	Guelph CVI	5:08.9
10	Ryan Eastman	M	North Lambton	5:11.8
11	Micheal Paisley	M	Lambton Central	5:12.8
12	Adam Cronin	M	Central Huron	5:13.3
13	Luca Phillips	M	Chaminade College	5:14.0
14	Dylan Soetemans	M	North Lambton	5:14.6
15	Aaron Holden	M	Waterloo CI	5:14.9
16	Coleton Shular	M	Saugeen District	5:15.2
17	Filip Adamski	M	Waterloo Bluevale	5:28.8
18	Kyle Eggleston	M	Waterloo CI	5:31.1
19	David Constantinescu	M	Saugeen District	5:31.8
20	Alex Bloomfield	M	Medway	6:41.3

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Event 12 BOYS Midget 3000m Run

START: 9:50am

G- 9:25.0 / S- 9:50.0 / B- 10:20.0

MEET RECORD:Chris Brewster CCH 8:55.00 1979

1	Jeremy Cooper	M	Assiginack Central	9:32.2
2	Matthew Travaglini	M	London Aquinas	10:10.4
3	Jarrett Zehr	M	Lord Dorchester Seco	10:16.1
4	Jason Poland	M	Chaminade College	10:23.5
5	Jordan Desumma	M	London Aquinas	10:37.1
6	Gordon Shields	M	Cameron Heights	10:51.5
7	Luca Phillips	M	Chaminade College	10:58.9
8	Jamie Sin-Keo	M	Cameron Heights	11:17.9
9	Adam Cronin	M	Central Huron	11:32.5
10	Mazen Malawi	M	St. Marcellinus	11:35.2
11	Jeehad Mah'D	M	St. Marcellinus	11:35.3

Event 14 BOYS Midget 100m Hurdles

START: 2:50pm > 10 hurdles
 13m to H-1 >8.5m between >84cm ht
 Gold 15.24 / S - 15.74 / B - 14.74
 # MEET RECORD:Jim Westen Tillsonburg 13.60 1978

1	Charl Fourie	M	Waterloo Bluevale	17.60
2	Eric Thomas	M	St. Marcellinus	17.78
3	Dan Mousseau	M	Waterloo CI	18.98
4	Anirudh Bakhru	M	Cameron Heights	19.45
5	Aaron Gee	M	London Oakridge	19.61
6	Evgeni Panfilenko	M	London Oakridge	20.01
7	Brandon Tartaglia	M	St. Marcellinus	20.08
8	Spencer Krall	M	Lambton Central	21.74

Event 16 BOYS Midget 300m Hurdles

START: 8:50am >7 hurdles> no blocks
 50m to H-1 > 35m between >84cm ht
 Gold 44.24 / S- 46.74 / B- 49.24
 # MEET RECORD:Gegory MacNeill Mother Teresa 43.72 2007

1	Christiaan Collarile	M	St. Marcellinus	47.18
2	Zachary Gray	M	London Lucas	47.54
3	Jason Hoiting	M	London Christian	47.70
4	Luke Harrison	M	Central Huron	47.90
5	Brandon Tartaglia	M	St. Marcellinus	50.07
6	Spencer Krall	M	Lambton Central	51.65
7	Eric Thomas	M	St. Marcellinus	51.88
8	Derek Hinchcliffe	M	Lambton Central	52.55
9	Ben Todd	M	Eastview	1:06.05

Event 18 BOYS Midget High Jump

START: 2:00pm
 Gold 1.75m / S- 1.70m / B- 1.65m
 # MEET RECORD:Nick Salmons Strathroy DCI 1.88 1996

1	Mat West	M	Walkerton District	1.75m
2	Jordan Pole	M	London Saunders	1.60m
3	Alex Cook		Medway	1.55m
4	Denzel Ewan-Webb	M	St. Augustine	1.55m
6	Nic Oliver	M	Lambton Central	1.50m
6	Gordon Shields	M	Cameron Heights	1.50m
6	Logan Boyd	M	Medway	1.50m
7	Tim Olson	M	Walkerton District	1.50m
8	Kevin Ypma		London Christian	1.50m
10	Micheal Paisley	M	Lambton Central	1.45m
10	Warren Boersma	M	Lambton Central	1.45m
10	Daniel Jacewicz	M	Waterloo CI	1.45m
10	Kenny Pumpfrey	M	Lambton Central	1.45m
14	Steven Roth	M	Waterloo Bluevale	1.40m
14	Christopher Waugh	M	London Saunders	1.40m
14	Charl Fourie	M	Waterloo Bluevale	1.40m
	Zach Fischer	M	Waterloo CI	FOUL
	Cory Hislop	M	Chinguacousy	FOUL

Event 22 BOYS Midget Long Jump

START: 10:30am

Gold 5.90m / S- 5.75m / B- 5.60m
MEET RECORD:Andrew Edwards Notre Dame 6.26 1997

1	David Uren	M	London Aquinas	5.79m
2	Alex Gebhardt	M	Walkerton District	5.55m
3	Colin Brown	M	Eastview	5.34m
4	Tim Olson	M	Walkerton District	5.21m
5	Farouk Musa	M	St. Augustine	5.12m
6	Christiaan Collarile	M	St. Marcellinus	5.11m
7	Dejaun Smith	M	St. Marcellinus	4.96m
8	Kris Bailey	M	Philip Pocock	4.88m
9	Warren Boersma	M	Lambton Central	4.72m
10	Dan Mousseau	M	Waterloo CI	4.70m
11	Dustin Tessier	M	Medway	4.67m
12	Greg Ernest	M	Waterloo Bluevale	4.56m
13	Danny Kim	M	Waterloo CI	4.49m
14	Nathan Garrett	M	Eastview	4.46m
15	Steven Roth	M	Waterloo Bluevale	4.39m
16	Nic Oliver	M	Lambton Central	4.32m
17	Cory Hislop	M	Chinguacousy	4.24m
18	Daniel Jacewicz	M	Waterloo CI	4.21m
19	Ben Krupitz	M	Cameron Heights	4.20m
20	Ashkan Sadri	M	Waterloo Bluevale	4.11m
21	Aaron Holden	M	Waterloo CI	4.05m
22	Danny Boorman	M	London Laurier	3.97m
23	Muhammad Khan	M	Waterloo CI	3.69m

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Event 24 BOYS Midget Triple Jump

START: 9:00am

Gold 12.00m /S- 11.75m /B- 11.50m

MEET RECORD:Brian Teli Guelph CVI 11.82 2004

1	Kevin Bowman	M	Saugeen District	12.15m	#
2	Thomas Frois	M	Monsignor Doyle Camb	11.15m	
3	Colin Brown	M	Eastview	10.98m	
4	Christiaan Collarile	M	St. Marcellinus	10.91m	
5	Tyler Varga	M	Cameron Heights	10.54m	
5	Alex Gebhardt	M	Walkerton District	10.54m	
7	Dejaun Smith	M	St. Marcellinus	10.53m	
8	Luke Harrison	M	Central Huron	10.50m	
9	Nathan Garrett	M	Eastview	10.08m	
10	Aaron Cassidy	M	North Lambton	10.05m	
11	Alex Lowe	M	London Beal	9.82m	
12	Farouk Musa	M	St. Augustine	9.79m	
13	Denzel Ewan-Webb	M	St. Augustine	9.78m	
14	Gordon Shields	M	Cameron Heights	9.49m	
15	Jeremiah Sanchez	M	Cameron Heights	9.39m	
16	Tim Olson	M	Walkerton District	9.32m	
17	Daniel Debus	M	Waterloo Bluevale	8.81m	
18	Matt Chalmers	M	Central Huron	8.73m	

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Event 26 BOYS Midget Shot Put

START: 12:45pm > Weight 4kg

Gold 14.00m / S- 13.50m /B- 13.00m

MEET RECORD:Dave Crombeen Sarnia St.Pat's 17.59 1982

1	Kevin Bowman	M	Saugeen District	14.66m
2	Jordan Young	M	St.Thomas St. Joe's	14.05m
3	Oj Grey	M	St. Marcellinus	12.10m
4	Danny Kim	M	Waterloo CI	11.58m
5	Phil Timms	M	Eastview	11.45m

6	Travis Eman	M	St. Marcellinus	11.42m
7	Tyler Varga	M	Cameron Heights	11.28m
8	Scott Robinson	M	Eastview	10.57m
9	Zach Fischer	M	Waterloo CI	10.37m
10	Alex Taylor	M	Eastview	9.84m
11	Darcy Fallaise	M	Waterloo CI	9.77m
12	Jake Adzija	M	Strathroy DCI	9.59m
13	Stuart Anoya	M	Chaminade College	9.50m
14	Farouk Musa	M	St. Augustine	9.48m
15	Perrin Smith	M	Waterloo Bluevale	9.38m
16	Gary Pereira	M	John Paul II London	9.35m
17	Jeremiah Sanchez	M	Cameron Heights	9.26m
18	Peter Yokhana	M	Chaminade College	9.20m
19	Greg Ernest	M	Waterloo Bluevale	9.15m
20	Jeff Plaetzer	M	Central Huron	9.11m
21	Matthew Komer	M	London Aquinas	8.96m
22	Greg Wild	M	Central Huron	8.86m
23	Neil Barr	M	Medway	8.85m
24	Kyle Nicol	M	Lambton Central	8.72m
24	Brandon Jordan	M	London Oakridge	8.72m
26	Kenny Pumpfrey	M	Lambton Central	8.70m
27	Kurtis Dobbin	M	Lambton Central	7.97m
28	Ashkan Sadri	M	Waterloo Bluevale	7.61m
	Jose Ambrosio	J	Chinguacousy	FOUL

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Event 28 BOYS Midget Discus Throw

START: 9:00am > Weight 1kg

Gold 41.50m / S- 41.00m /B- 40.50m

MEET RECORD: Jason MacDonald F.E. Madill 49.16 1994

1	Jordan Young	M	St.Thomas St. Joe's	43.25m
2	Mat West	M	Walkerton District	37.04m
3	Stuart Anoya	M	Chaminade College	30.22m
4	Colin McMahon	M	London Oakridge	29.99m
5	Travis Eman	M	St. Marcellinus	29.01m
6	Jeff Plaetzer	M	Central Huron	28.34m
7	Phil Timms	M	Eastview	28.18m
8	Peter Yokhana	M	Chaminade College	28.03m
9	Darcy Fallaise	M	Waterloo CI	26.68m
10	Taylor Boomsma	M	London Banting	25.78m
11	Kyle Nicol	M	Lambton Central	25.43m
12	Aladean Nagmoush		London Oakridge	25.31m
13	Steven Keir	M	John Paul II London	24.57m
14	Angelo Zembashi	M	Central Huron	24.22m
15	Derek Hinchcliffe	M	Lambton Central	24.01m
16	Scott Robinson	M	Eastview	23.95m
17	Cole Herglotz	M	Medway	23.27m
18	Neil Barr	M	Medway	23.17m
19	Kevin Ypma		London Christian	23.01m
20	Nathan Schenker	M	St. Marcellinus	22.28m
21	Alex Taylor	M	Eastview	21.80m
22	Christopher Waugh	M	London Saunders	21.77m
23	Jake Adzija	M	Strathroy DCI	21.59m
24	Kenny Pumpfrey	M	Lambton Central	21.48m
25	Kurtis Dobbin	M	Lambton Central	19.68m
26	John Keir	M	John Paul II London	19.30m
27	Perrin Smith	M	Waterloo Bluevale	19.25m

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Event 30 BOYS Midget Javelin Throw

START: 11:30am > Weight 600gm

Gold 44.00m / S- 43.00m /B- 42.00m

MEET RECORD:Will Stewardson Banting 49.04 1999

1	Kevin Bowman	M	Saugeen District	52.46m	#
2	Mat West	M	Walkerton District	47.73m	
3	Jordan Young	M	St.Thomas St. Joe's	41.54m	
4	Brandon Jordan	M	London Oakridge	38.92m	
5	Paul Rudell		Peninsula Shores	37.31m	
6	David Uren	M	London Aquinas	36.98m	
7	Mike Dinino	M	London Oakridge	36.39m	
8	Kris Bailey	M	Philip Pocock	36.04m	
9	Cole Herglotz	M	Medway	33.36m	
10	Micheal Paisley	M	Lambton Central	32.78m	
11	Dylan De Silva	M	Waterloo CI	32.39m	
12	Nathan Schenker	M	St. Marcellinus	31.96m	
13	Aladean Nagmoush		London Oakridge	30.01m	
14	Alex Taylor	M	Eastview	29.90m	
15	Scott Robinson	M	Eastview	29.06m	
16	David Constantinescu	M	Saugeen District	29.04m	
17	Jake Adzija	M	Strathroy DCI	27.58m	
18	Andrew Herdman	M	Lambton Central	26.78m	
19	Jeff Plaetzer	M	Central Huron	25.89m	
19	John Keir	M	John Paul II London	25.89m	
21	Alex Lowe	M	London Beal	25.64m	
22	Matthew Ferguson	M	Lambton Central	25.13m	
23	Phil Timms	M	Eastview	24.40m	
24	Kyle Nicol	M	Lambton Central	23.31m	
25	Spencer Krall	M	Lambton Central	23.21m	
26	Neil Barr	M	Medway	20.71m	
27	Peter Yokhana	M	Chaminade College	15.09m	
	Darcy Fallaise	M	Waterloo CI		FOUL
	Stuart Anoya	M	Chaminade College		FOUL
	Travis Eman	M	St. Marcellinus		FOUL
	Angelo Zembashi	M	Central Huron		FOUL
	Michael Gordon	M	North Lambton		FOUL
	Tyler Marcinko	M	Saugeen District		FOUL

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Event 32 BOYS Junior 100m Dash

START: 10:20am > no starting blocks

Gold 11.64 / S- 12.04 / B-12.44

MEET RECORD:D'arcy Kay Saunders 10.80 1982

1	Robert Halford	J	Monsignor Doyle Camb	12.18
2	Talon Guerra	J	Huron Heights	12.37
3	Marty Butler	J	Lambton Central	12.40
4	Alex Bogorin	J	London Aquinas	12.50
5	Josh Forbes-Brown	J	St. Augustine	12.66
6	Jesse Schkura	J	Walkerton District	12.66
7	Dane Hachey	J	Walkerton District	12.71
8	Colin Bokhout	J	Central Huron	12.75
9	Jason Pike	J	Medway	12.83
10	Brandon Tomlinson	J	St. Augustine	12.87
11	Matt Brazier	J	London Saunders	13.01
12	Travis Rhee	J	Medway	13.02
13	Tom Miller	J	London South	13.07
14	Sean Stewart	J	North Lambton	13.08
15	Jahmal Loungs	J	Chinguacousy	13.09
16	Kyle Limb	J	Lambton Central	13.15
17	Jessy Weaver	J	London Saunders	13.24
18	Jordan Pepe	J	Mother Teresa London	13.27
19	Joey Scott-Mallet	J	John Paul II London	13.28
20	Matt Moncrieffe	J	London Lucas	13.30
20	Josh VanLeeuwen	J	Mother Teresa London	13.30

22	Ben Yim	J	London Lucas	13.39
23	Sunny Cheng	J	London Saunders	13.44
24	Sadra Madady	J	London Lucas	13.47
24	Jordan Molzan	J	Lambton Central	13.47
26	Kevin Sherk	J	Waterloo CI	13.60
27	Dan Pham	J	Guelph CVI	13.86
28	Michael Garaszczuk	J	Mother Teresa London	13.90
29	Riachard Tang	J	Chinguacousy	14.01
30	Kelvin Cush	J	Chinguacousy	14.03
31	Munashe Marangwe	J	Philip Pocock	14.08
32	Imran Unknown		Westminster	14.15
33	Micheal VanDenberghe	J	Lambton Central	14.25
34	Robert Abuuszynic	J	Chaminade College	14.51

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Event 34 BOYS Junior 200m Dash

START: 5:10pm > no starting blocks

Gold 23.54 / S- 24.24 / B- 24.94

MEET RECORD:D'arcy Kay Saunders 21.60 1982

1	Robert Halford	J	Monsignor Doyle Camb	23.83
2	Jesse Schkura	J	Walkerton District	24.90
3	Alex Bogorin	J	London Aquinas	25.01
4	Josh Forbes-Brown	J	St. Augustine	25.36
5	Mac Kouyoumjian	J	Eastview	25.40
6	Wes Palmer	J	Waterloo Bluevale	25.63
7	Jahmal Loungs	J	Chinguacousy	25.80
7	Sean Stewart	J	North Lambton	25.80
9	Jason Pike	J	Medway	25.88
10	Dane Hachey	J	Walkerton District	26.15
11	Travis Rhee	J	Medway	26.22
12	Mitchell Donnan	J	London Aquinas	26.58
13	Sadra Madady	J	London Lucas	27.04
14	Brandon Yeung	J	Waterloo Bluevale	27.13
15	Kevin Sherk	J	Waterloo CI	27.42
16	Ben Yim	J	London Lucas	27.59
17	Luke Lamont	J	Saugeen District	27.63
17	Kelvin Cush	J	Chinguacousy	27.63
19	Sam Heslip	J	Eastview	27.95
20	Riachard Tang	J	Chinguacousy	28.25
21	Robert Abuuszynic	J	Chaminade College	29.87
22	Jose Ambrosio	J	Chinguacousy	31.66

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Event 36 BOYS Junior 400m Run

START: 12:00pm >no starting blocks

Gold 52.47 / S- 54.74 / B- 56.74

MEET RECORD:Liam Card Saugeen 49.50 1997

1	Wes Palmer	J	Waterloo Bluevale	55.16
2	Cody McPhail	J	Lambton Central	55.91
3	Dane Hachey	J	Walkerton District	56.29
4	Travis Rhee	J	Medway	56.76
5	Jason Pike	J	Medway	56.94
6	Sean Stewart	J	North Lambton	57.32
7	Adam VanEngelen	J	North Lambton	58.97
8	Mitchell Donnan	J	London Aquinas	59.49
9	Dave Lootsma	J	Saugeen District	1:00.00
10	Tanner Pitel	J	Lambton Central	1:00.32
11	Sadra Madady	J	London Lucas	1:02.18
12	Jimmy Nguyen	J	Huron Heights	1:03.45
13	Jesse Schkura	J	Walkerton District	1:04.95
14	Kyle Hyatali	J	Chinguacousy	1:06.88

Event 38 BOYS Junior 800m Run

START: 4:00pm >1 turn stagger start
G 2:03.24 / S 2:08.24 / B 2:13.24
MEET RECORD:Mike Thorson Saugeen 1:57.00 1998

1	Jacob Marsh	J	London Lucas	2:13.7
2	Jan-Louis Henning	J	Owen Sound CVI	2:13.9
3	Kris Twum	J	Chaminade College	2:19.7
4	Ben Miethig	J	Waterloo Bluevale	2:19.8
5	Jordan Tucci	J	Chaminade College	2:24.4
6	Henri Schipper		London Christian	2:26.2
7	Connor Paddock	J	Cameron Heights	2:27.2
8	Nick Assuncao	J	Chaminade College	2:29.6
9	Paul Malik	J	London Saunders	2:30.2
10	Imran Unknown		Westminster	2:44.9

Event 40 BOYS Junior 1500m Run

START: 6:15pm
Gold 4:10.0 / S 4:20.0 / B 4:30.0
MEET RECORD:Rob Morrison Saunders 4:02.00 1987

1	Jacob Marsh	J	London Lucas	4:45.1
2	John Buys	J	Medway	4:45.4
3	Jan-Louis Henning	J	Owen Sound CVI	4:46.1
4	Ben Miethig	J	Waterloo Bluevale	4:59.1
5	Jordan Tucci	J	Chaminade College	5:03.6
6	David Sparks	J	Lambton Central	5:03.9
7	Andrew Scollard	J	London Saunders	5:11.3
8	Kelvin Cush	J	Chinguacousy	5:11.6
9	David Bolton	J	Central Huron	5:11.9
10	Nick Assuncao	J	Chaminade College	5:13.0
11	Jordon Cahill	J	Chinguacousy	5:18.0

Event 42 BOYS Junior 3000m Run

START: 2:00pm
Gold 9:10.0 / S 9:35.0 / B 10:00.0
MEET RECORD:Chris Brewster CCH 8:39.00 1981

1	John Buys	J	Medway	9:48.1
2	Alastair Thompson	J	London Aquinas	9:55.3
3	Connor Paddock	J	Cameron Heights	10:18.7
4	Kris Twum	J	Chaminade College	10:41.3
5	David Sparks	J	Lambton Central	10:52.9
6	Henri Schipper		London Christian	10:55.9
7	Matthew Emanuele	J	St. Marcellinus	10:58.0
8	Adam VanEngelen	J	North Lambton	11:00.1
9	Andrew Scollard	J	London Saunders	11:08.5
10	Jordon Cahill	J	Chinguacousy	11:09.3
11	Alex Speck	J	Walkerton District	13:21.8

Event 44 BOYS Junior 100m Hurdles

START: 2:40pm > 10 hurdles
13m to H-1>8.5m between >91.4cm ht
Gold 15.04 / S- 15.64 / B- 16.24
MEET RECORD:Andrew Graham Banting 14.10 2006

1	Greg Morrow	J	London Banting	14.52
2	Wes Palmer	J	Waterloo Bluevale	15.52

3	Alex Daniel	J	London Aquinas	16.08
4	Ube Uboung	J	London Oakridge	16.12
5	Cam Downie	J	London Banting	16.68
6	Dave Lootsma	J	Saugeen District	18.80
7	Sam Heslip	J	Eastview	19.65
8	Mitchell Donnan	J	London Aquinas	21.70

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Event 46 BOYS Junior 300m Hurdles

START: 9:0am 7 hurdles> no blocks

50m to H-1 > 35m between >84cm ht

Gold 42.74 / S- 45.24 / B- 48.24

MEET RECORD:C. McFarlane Bluevale '90 J.Hollingworth PCI 39.40 '96

1	Wes Palmer	J	Waterloo Bluevale	41.85
2	Alex Daniel	J	London Aquinas	44.15
3	Cam Downie	J	London Banting	47.69
4	Colin Bokhout	J	Central Huron	48.33
5	Micheal VanDenberghe	J	Lambton Central	48.76
6	Sam Heslip	J	Eastview	50.75
7	Mitchell Cheeseman	J	Waterloo CI	50.82
8	Mitchell Donnan	J	London Aquinas	51.00
9	Brandon Campbell	J	Lambton Central	53.21

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Event 48 BOYS Junior High Jump

START: 12:30pm

Gold 1.85m /Silver 1.80m /Br 1.75m

MEET RECORD:Pat O'Donoghue Sacred Heart 1.96 1986

1	Jayden Dunn	J	Lambton Central	1.75m
2	Colin Bokhout	J	Central Huron	1.65m
3	Jordan Molzan	J	Lambton Central	1.60m
4	Mike Park	J	London Saunders	1.55m
5	Oj Ekoma	J	St. Marcellinus	1.55m
6	Alex Bogorin	J	London Aquinas	1.50m
7	Jonathan Herman	J	St. Augustine	1.50m
	Dustin Dobransky	J	Mother Teresa London	FOUL

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Event 50 BOYS Junior Pole Vault

START:U3m >10:30am/ O3m >12:30pm

Under 3m> G- 3.10m S-2.90m B-2.70m

Over 3m> G- 3.80m S-3.60m B- 3.40m

MEET RECORD:Mike Nolan Dorchester 4.26 1991

1	Mike Park	J	London Saunders	3.00m
2	Nick Cartagine	J	St. Marcellinus	3.00m
3	Daniel Picco	J	St. Marcellinus	2.80m
4	Brandon Talbot	J	St. Marcellinus	2.60m
5	Oj Ekoma	J	St. Marcellinus	2.40m
6	M. Willoughby	J	London Oakridge	2.20m

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Event 52 BOYS Junior Long Jump

START: 12:30pm

Gold 6.15m / S- 5.90m / B- 5.70m

MEET RECORD:Paul Whitty Saunders 6.69 1999

1	Talon Guerra	J	Huron Heights	6.20m
2	Derek Weinert	J	Waterloo CI	5.78m
3	Mac Kouyoumjian	J	Eastview	5.67m
4	Daniel Butcher	J	St. Marcellinus	5.50m

5	Anthony Figueroa	M	St. Augustine	5.35m
6	Chris Reece	J	St. Augustine	5.26m
7	Phil Boroniec	J	St. Marcellinus	5.18m
8	Jimmy Nguyen	J	Huron Heights	5.17m
9	Jarod Rae	J	London Laurier	5.13m
9	Jason Pike	J	Medway	5.13m
11	Imran Unknown		Westminster	5.00m
12	Dominic Amodeo	J	St. Marcellinus	4.93m
13	Jonathan Herman	J	St. Augustine	4.85m
14	Joey Scott-Mallet	J	John Paul II London	4.82m
14	Mitchell Cheeseman	J	Waterloo CI	4.82m
16	Wuyou Sui	J	Waterloo CI	4.80m
17	Brandon Tomlinson	J	St. Augustine	4.78m
18	Sheldon Phillip	J	St. Augustine	4.70m
19	Troy Straatman	J	Lambton Central	4.37m
20	Dan Pham	J	Guelph CVI	3.70m
	Matt Moncrieffe	J	London Lucas	FOUL
	Brandon Potter	J	Medway	FOUL

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Event 54 BOYS Junior Triple Jump

START: 10:30am

Gold 12.50m / S- 12.15m / B- 11.80m

MEET RECORD: Adam Bell Kincardine 12.62 2003

1	Wes Palmer	J	Waterloo Bluevale	12.45m
2	Cameron Dawson	J	London Lucas	11.45m
3	Daniel Butcher	J	St. Marcellinus	10.98m
4	Chris Reece	J	St. Augustine	10.64m
5	Brandon Potter	J	Medway	10.63m
6	Derek Weinert	J	Waterloo CI	10.25m
7	Mitchell Cheeseman	J	Waterloo CI	10.16m
8	Jordan Molzan	J	Lambton Central	10.05m
9	Jim Ochintang	J	St. Augustine	9.92m
10	Wuyou Sui	J	Waterloo CI	9.79m
11	Sheldon Phillip	J	St. Augustine	9.38m

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Event 56 BOYS Junior Shot Put

SRART: 10:15am > Weight 4kg

Gold 15.50m / S- 15.00m / B- 14.00m

MEET RECORD: Fraser Clarke St. Thomas Aquinas 17.18 1997

1	Joey Timpano	J	St. Marcellinus	14.50m
2	Taylor Mathers	J	St. Marcellinus	14.10m
3	Joseph Raya	J	Philip Pocock	13.15m
4	Dave Lootsma	J	Saugeen District	12.78m
5	Leroy Ackmon	J	Chaminade College	12.72m
6	Charlie Parisi	J	Chaminade College	12.48m
7	Dylan McMurray	J	Cameron Heights	12.06m
8	Jamie Nay	J	Cameron Heights	11.74m
9	Luke Lamont	J	Saugeen District	11.60m
10	Kyle Limb	J	Lambton Central	11.31m
11	Mitch Rate	J	Lambton Central	11.10m
12	Ryan Dougherty	J	London South	10.86m
13	Josh Gubbels	J	London Aquinas	10.85m
14	Ricardo Lyttle	J	St. Augustine	10.49m
15	Mario Carrirossi	J	Philip Pocock	9.92m
16	Brett Townsend	J	Central Huron	9.58m
17	Joel Harris	J	London Banting	9.26m
18	Brandon Campbell	J	Lambton Central	9.21m
19	Adam VanEngelen	J	North Lambton	8.50m
20	Tommy Drake	J	Eastview	7.88m

21	Ty Minholz	J	Cameron Heights	7.83m
22	Bret McArthur	J	Guelph CVI	7.77m

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Event 58 BOYS Junior Discus Throw

START: 3:15pm > Weight 1kg

Gold 50.00m /S- 47.00m /B- 44.00m

MEET RECORD:Zack Ford Banting 53.62 2006

1	Joey Timpano	J	St. Marcellinus	47.56m
2	Taylor Mathers	J	St. Marcellinus	46.84m
3	Jeff Grass	J	London Saunders	35.58m
4	Joel Harris	J	London Banting	35.53m
5	Ezekial McCarthy		South Huron District	34.58m
6	C. House	J	London Oakridge	32.17m
7	Luke Lamont	J	Saugeen District	32.16m
8	Greg Wasko	J	London Saunders	31.81m
9	Ryan Dougherty	J	London South	30.40m
10	Charlie Parisi	J	Chaminade College	28.89m
11	Jamie Nay	J	Cameron Heights	28.02m
12	Joseph Raya	J	Philip Pocock	25.91m
13	Mario Carrirossi	J	Philip Pocock	25.02m
14	Brett Townsend	J	Central Huron	24.54m
15	Josh Gubbels	J	London Aquinas	23.56m
16	Leroy Ackmon	J	Chaminade College	22.95m
17	Robert Granata	J	Philip Pocock	21.09m
18	Mitch Rate	J	Lambton Central	19.47m
19	Ricardo Lyttle	J	St. Augustine	19.12m
20	Brandon Campbell	J	Lambton Central	19.08m
21	Ty Minholz	J	Cameron Heights	18.81m
22	Tommy Drake	J	Eastview	17.38m

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Event 60 BOYS Junior Javelin Throw

START: 10:15am > Weight 600gm

Gold 49.00m / S- 45.00m /B- 41.00m

MEET RECORD:Wiley Collins Westminster 59.86 2006

1	Greg Wasko	J	London Saunders	45.61m
2	Taylor Mathers	J	St. Marcellinus	45.08m
3	Ezekial McCarthy		South Huron District	43.71m
4	Joey Timpano	J	St. Marcellinus	43.68m
5	Ben McNaughton	J	Medway	42.53m
6	Talon Guerra	J	Huron Heights	39.29m
7	Nick Cartaginense	J	St. Marcellinus	38.31m
8	Joel Harris	J	London Banting	37.56m
9	Dave Lootsma	J	Saugeen District	36.11m
10	Jamie Nay	J	Cameron Heights	33.98m
11	Alex Harrod	J	Waterloo Bluevale	31.77m
12	Jarod Rae	J	London Laurier	30.96m
13	Zach Wilson	J	London Banting	29.72m
14	Graham Oldford	J	Waterloo CI	28.90m
15	Kyle Limb	J	Lambton Central	26.82m
16	Mitch Rate	J	Lambton Central	26.35m
17	Leroy Ackmon	J	Chaminade College	25.72m
18	Jayden Dunn	J	Lambton Central	23.52m
19	Brett Townsend	J	Central Huron	22.21m
20	Tommy Drake	J	Eastview	21.37m
21	Bret McArthur	J	Guelph CVI	20.62m
22	Ty Minholz	J	Cameron Heights	20.52m
	Robert Granata	J	Philip Pocock	FOUL
	Charlie Parisi	J	Chaminade College	FOUL
	Troy Straatman	J	Lambton Central	FOUL

Event 62 BOYS Senior 100m Dash

START: 10:30am > no starting blocks

Gold 11.44 / S- 11.84 / B- 12.14

MEET RECORD:Kevin Butcher Chatham-Kent Duane Clement St.Bdt 10.70 19

1	Malcolm Gordon	S	Chinguacousy	11.63
2	Aaron Johnson	S	St. Augustine	11.69
3	Eric Roque	S	Sudbury Notre Dame	11.76
4	Pavel Petrov	S	Philip Pocock	11.80
5	Jordon O'Neill	S	Mother Teresa London	11.94
6	Daniel Sourtzis	S	St. Marcellinus	11.95
7	Ehis Adada	S	Chaminade College	12.05
8	Ricardo Focey	S	Cameron Heights	12.07
9	Brad Janzen	S	Strathroy DCI	12.09
9	Taylor Schurman	S	Eastview	12.09
9	Matt Dewit	S	London Christian	12.09
12	Jason Fairchild	S	Guelph CVI	12.14
13	Julian Black	S	Medway	12.18
14	Jim Duffy	S	Eastview	12.20
15	Zach Zambito	S	London Aquinas	12.49
16	Andre McDowell	S	St. Augustine	12.50
17	Theo Burke	S	Guelph CVI	12.53
18	Keegan Marr	S	Medway	12.56
19	Mark Babirad	S	London Aquinas	12.62
20	Michael McKeon	S	London Aquinas	12.67
21	Peter Bosi	S	London Lucas	12.68
22	Patrick Garcia	S	Chaminade College	12.71
23	Darren Wright	S	Medway	12.77
23	Aaron Normore	S	Monsignor Doyle Camb	12.77
25	Brandon Nethercott	S	Lord Dorchester Seco	12.78
26	Addison Sutherland	S	Strathroy DCI	12.87
27	Brian Coenen	S	Medway	12.88
28	Alex McNaughton	S	Medway	12.91
29	D Panfilenko	S	London Oakridge	12.97
30	Greg Sergeant	S	Huron Heights	13.02
31	Derek Oswick	S	Medway	13.21
32	Aaron Armbrister	S	London Beal	13.30
32	Jeremy Metzger	S	Waterloo Bluevale	13.30
34	Ben Baxter	S	London Christian	13.31
35	Victor Ti'n	S	Philip Pocock	13.36
36	Cole Bottineau	S	St.Thomas St. Joe's	13.45
37	James Jenkins	S	Waterloo CI	13.51
38	K Wilson	S	London Oakridge	13.55
39	Chris Yip	S	Medway	13.61
40	Zach Medeiros	S	St.Thomas St. Joe's	13.72
41	Dylan Rock	S	John Paul II London	13.74
42	Adrian Jodzio	S	London Laurier	14.09
43	Edward Zheng	S	Waterloo CI	14.70
44	Kyunqun Lee	S	London Lucas	14.84
45	Marwyn Vernon	S	London Aquinas	15.11

Event 64 BOYS Senior 200m Dash

START: 5:15pm > no starting blocks

Gold 22.74 / S- 23.24 / B- 24.04

MEET RECORD:Liam Card Saugeen 21.30 1998

1	Damian Warner	S	East Elgin	22.38
2	Pavel Petrov	S	Philip Pocock	23.29
3	Aaron Johnson	S	St. Augustine	23.53
4	Malcolm Gordon	S	Chinguacousy	23.95

5	Jason Fairchild	S	Guelph CVI	24.36
5	Jim Duffy	S	Eastview	24.36
7	Jordon O'Neill	S	Mother Teresa London	24.39
8	Brad Janzen	S	Strathroy DCI	24.73
9	Daniel Sourtzis	S	St. Marcellinus	24.87
10	Joe Gennaro	S	Chaminade College	24.98
11	Sherze Lewis	S	St. Augustine	25.10
12	Ben Kenter	S	Lord Dorchester Seco	25.40
12	Taylor Schurman	S	Eastview	25.40
14	Darren Wright	S	Medway	25.75
15	Kevin Mineiro	S	Chaminade College	25.99
16	Patrick Garcia	S	Chaminade College	26.10
17	Josh Hernandez	S	Waterloo CI	26.39
18	Mark Babirad	S	London Aquinas	26.46
19	Addison Sutherland	S	Strathroy DCI	26.57
20	Morgen White	S	London Aquinas	27.30
21	Ewan Canning	S	Walkerton District	27.42
22	Chris Yip	S	Medway	27.65
23	Dylan Rock	S	John Paul II London	27.68
24	Ben Smith	S	Waterloo Bluevale	29.27
25	Shaun Zimmerman	S	Mother Teresa London	30.75
26	Kyunqun Lee	S	London Lucas	30.90
27	Marwyn Vernon	S	London Aquinas	31.21

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Event 66 BOYS Senior 400m Run

START: 12:15pm > no starting blocks

Gold 51.24 / S- 52.74 / B- 54.24

MEET RECORD:Liam Card Saugeen 47.90 1998

1	Jimmy Wysoczanski	S	Guelph CVI	50.94
2	Trevor Salmon	S	Cameron Heights	51.56
3	Evan Porter	S	Saugeen District	52.47
4	Adam Salsberg	S	Guelph CVI	52.76
5	Max Dubinovsky	S	East Elgin	53.40
6	Ricardo Focey	S	Cameron Heights	53.48
7	Corey Graves	S	Eastview	53.52
7	Jason Fairchild	S	Guelph CVI	53.52
9	Dustin Haenni	S	Eastview	53.62
10	Tyler Murray	S	Eastview	54.51
11	Gavin Osborne	S	Guelph CVI	54.65
12	Chris Szafran	S	London Aquinas	55.26
13	Nick McNulty	S	Kincardine	55.57
14	F St. Augustine		St. Augustine	56.00
15	Matt Fisher	S	Central Huron	56.16
16	Taylor Schurman	S	Eastview	56.22
17	Ben Kenter	S	Lord Dorchester Seco	56.51
18	Justin Vere	S	Lord Dorchester Seco	56.82
19	Mark Babirad	S	London Aquinas	56.86
19	Brian Coenen	S	Medway	56.86
21	Jeff Harlow	S	Huron Heights	57.50
22	Patrick Garcia	S	Chaminade College	57.82
23	Andrew Capling	S	London Laurier	57.96
24	Alex McNaughton	S	Medway	57.98
25	John Jardine	S	London Aquinas	58.28
26	Brandon Nethercott	S	Lord Dorchester Seco	58.73
27	Josh Hernandez	S	Waterloo CI	58.99
28	Gabriel Moreno-Bautista	S	Waterloo CI	1:00.02
29	Keegan Marr	S	Medway	1:00.15
30	Evan Cumming	S	Eastview	1:00.34
31	Cam Tilley	S	Guelph CVI	1:00.47
32	Jordan Quick	S	Medway	1:00.93
33	Ewan Canning	S	Walkerton District	1:00.97

34	Morgen White	S	London Aquinas	1:01.09
35	Russell Lowry	S	London Lucas	1:01.46
36	Ben Stubbs	S	North Lambton	1:01.60
37	Rhys Young	S	Cameron Heights	1:01.95
38	Kengo Muhamadi	S	Waterloo CI	1:02.21
39	Adrian Jodzio	S	London Laurier	1:03.06
40	Yasir Monofily	S	Waterloo CI	1:03.34
41	S St. Augustine		St. Augustine	1:04.34

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Event 68 BOYS Senior 800m Run

START: 4:15pm >1 turn stagger start

G 1:59.74 / S- 2:04.74 / B 2:09.74

MEET RECORD:Kurt Benninger Walkerton District 1:54.50 2003

1	Sohaib Ikram	S	Waterloo CI	2:01.5
2	Shoiab Ikram	S	Waterloo CI	2:04.1
3	Matt Robertson	S	Cameron Heights	2:06.1
4	Trevor Salmon	S	Cameron Heights	2:06.6
5	Evan Porter	S	Saugeen District	2:06.9
6	Gavin Osborne	S	Guelph CVI	2:07.8
7	Dylan Davidson	S	London Laurier	2:09.5
8	Ben Kenter	S	Lord Dorchester Seco	2:11.6
9	Dustin Haenni	S	Eastview	2:11.7
10	Kevin Medeiros	S	Monsignor Doyle Camb	2:12.1
11	Jawad Al-Hakim	S	London Banting	2:13.7
12	Kurt Mason	S	John Paul II London	2:13.8
13	Mike Tielemans	S	London Laurier	2:14.3
14	Nick McNulty	S	Kincardine	2:14.9
15	Jeff Harlow	S	Huron Heights	2:15.2
16	Attila Bajus		Monsignor Doyle Camb	2:16.5
17	Kdee Warner	S	St. Marcellinus	2:16.9
18	Bertrand Nezerwa	S	Chaminade College	2:18.6
19	Kengo Muhamadi	S	Waterloo CI	2:20.9
20	Gabriel Moreno-Bautista	S	Waterloo CI	2:21.2
21	John Jardine	S	London Aquinas	2:23.2
22	Andrew Capling	S	London Laurier	2:23.8
23	Evan Cumming	S	Eastview	2:25.9
24	Matt Ernst	S	Medway	2:27.3
25	Todd Belrose	S	Saugeen District	2:27.5
26	Cam Tilley	S	Guelph CVI	2:28.3
27	Jordan Quick	S	Medway	2:28.8
28	Tyler Oke	S	Medway	2:29.2
29	Ben Stubbs	S	North Lambton	2:30.5
30	Rhys Young	S	Cameron Heights	2:32.1
31	Simon Barrick	S	Cameron Heights	2:32.2
32	Robert Komer	S	London Aquinas	2:33.1
33	Paul Gamba	S	Chaminade College	2:35.5
34	Russell Lowry	S	London Lucas	2:36.1
35	Zack Caudle	S	John Paul II London	2:41.4
36	Michael Williams	S	Waterloo Bluevale	2:46.6
37	Ben Thrush	S	Eastview	2:47.0

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Event 70 BOYS Senior 1500m Run

START: 6:40pm

Gold 4:02.0 / S 4:10.0 / B 4:18.0

MEET RECORD:Shawn MacKay East Elgin 3:56.20 1989

1	Sohaib Ikram	S	Waterloo CI	4:12.8
2	Shoiab Ikram	S	Waterloo CI	4:16.2
3	Justin Vere	S	Lord Dorchester Seco	4:34.8
4	Kevin Medeiros	S	Monsignor Doyle Camb	4:42.0

5	Logan Radford	S	Eastview	4:49.9
6	Giancarlo Phillips	S	Chaminade College	4:53.6
7	Kengo Muhamadi	S	Waterloo CI	4:55.6
8	Kurt Mason	S	John Paul II London	4:59.6
9	Grant Bolton	S	Central Huron	4:59.8
10	Dylan Stewardson	S	North Lambton	5:11.4
11	Jordan Palmer	S	Waterloo Bluevale	5:12.5
12	Aaron Normore	S	Monsignor Doyle Camb	5:13.9
13	Matt Ernst	S	Medway	5:15.3
14	Attila Bajus		Monsignor Doyle Camb	5:15.6
15	Todd Belrose	S	Saugeen District	5:17.8
16	Joel Kaastra	S	Central Huron	5:29.9
17	Paul Gamba	S	Chaminade College	5:42.4
18	Zack Caudle	S	John Paul II London	5:43.0

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Event 72 BOYS Senior 3000m Run

START: 2:15pm

Gold 8:55.0 / S- 9:15.0 / B- 9:30.0

MEET RECORD:Chris Brewster CCH 8:24.30 1982

1	Kevin Medeiros	S	Monsignor Doyle Camb	9:53.8
2	Brent Komer	S	London Aquinas	10:17.9
3	Bertrand Nezerwa	S	Chaminade College	10:22.2
4	Kdee Warner	S	St. Marcellinus	10:30.2
5	Grant Bolton	S	Central Huron	10:35.9
6	Tyler Oke	S	Medway	10:54.6
7	Simon Barrick	S	Cameron Heights	11:10.5
8	Matt Ernst	S	Medway	12:00.1

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Event 74 BOYS Senior 110m Hurdles

START: 2:30pm >10 hurdles

H-1 > 13.72m > 9.14m > ht 91.4cm

Gold 15.24 / S- 15.94 / B- 16.44

MEET RECORD:Jamie Ryder Banting 14.40 2006

1	Mike Lopatowski	S	Mother Teresa London	15.97
2	Jimmy Ying Yong	S	Cameron Heights	16.45
3	Tayler Harris	S	London Saunders	17.38
4	Greg Sergeant	S	Huron Heights	17.50
5	Darren Hoiting	S	London Christian	18.74
6	Ryan Chanthavong	S	Cameron Heights	19.00
7	Joe Gennaro	S	Chaminade College	19.26
8	Derek Oswick	S	Medway	19.33
9	Kevin Mineiro	S	Chaminade College	20.47
10	Josh Jarvis	S	Chaminade College	20.58
11	Evan Hetherington	S	Waterloo CI	21.03

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Event 76 BOYS Senior 400m Hurdles

START: 3:15pm > 10 hurdles

145m to H-1>35m between >91.4cm ht

Gold 59.24 / S- 62.24 / B- 65.24

MEET RECORD:Shaun Murray St. Joe's Windsor 55.00 1998

1	Scott Leitch	S	London Banting	56.56
2	Tayler Harris	S	London Saunders	59.71
3	Tyler Murray	S	Eastview	1:00.03
4	Matt Fisher	S	Central Huron	1:00.52
5	Chris Szafran	S	London Aquinas	1:03.60
6	Darren Hoiting	S	London Christian	1:03.61
7	Jimmy Ying Yong	S	Cameron Heights	1:03.80

8	Zach Medeiros	S	St.Thomas St. Joe's	1:05.10
9	Joe Gennaro	S	Chaminade College	1:05.24
10	Matt Dewit	S	London Christian	1:05.96
11	F St. Augustine		St. Augustine	1:06.04
12	Josh MacK	S	Waterloo CI	1:06.33
13	David Andrzejewski		Philip Pocock	1:06.78
14	Kevin Mineiro	S	Chaminade College	1:07.08
15	Ryan Chanthavong	S	Cameron Heights	1:08.50
16	Morgen White	S	London Aquinas	1:10.17
17	Chris Helps	S	Lambton Central	1:10.18
18	Josh Hernandez	S	Waterloo CI	1:12.44
19	Russell Lowry	S	London Lucas	1:12.98
20	John Jardine	S	London Aquinas	1:13.01
21	Josh Jarvis	S	Chaminade College	1:14.01
22	Mark Nadolinski	S	Chaminade College	1:14.33

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Event 78 BOYS Open 2000m Steeplechase

START: 9:20am

5 x waterjump + 18 total barriers

Gold 6:29.9 / B- 6:51.0 / B- 7:13.0

MEET RECORD:Steve Murray Sandwich 6:02.20 1988

1	Chris Balestrini		London Saunders	6:29.5
2	Stephen Fattore	S	St. Augustine	7:01.6
3	Graham Sibery-Saunders	S	London Banting	7:02.6
4	Dylan Davidson	S	London Laurier	7:08.3
5	Jeremy Walsh		Stratford St. Mike's	7:13.1
6	Logan Radford	S	Eastview	7:21.0
7	Alastair Thompson	J	London Aquinas	7:21.9
8	Brent Komer	S	London Aquinas	7:35.9
9	Giancarlo Phillips	S	Chaminade College	7:36.2
10	Tyler Oke	S	Medway	7:40.0
11	Adam VanEngelen	J	North Lambton	7:40.5
12	Jonah Sandie	S	John Paul II London	7:47.0
13	Eamon Duffy	S	Mother Teresa London	8:06.4
14	Ryan Gauld	M	London Saunders	8:08.9
15	Matt Watson	S	Kincardine	8:09.5
16	David Bolton	J	Central Huron	8:14.6
17	Taurian Roy	S	Kincardine	8:24.7
18	Aaron Normore	S	Monsignor Doyle Camb	8:25.1
19	Joel Kaastra	S	Central Huron	8:25.9
20	Jon Shepherd	J	Central Huron	8:50.7

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Event 80 BOYS Open 4x400m Relay

START: 7:15pm> 2 turn stagger start

Gold 3:30.24/S- 3:40.24/B- 3:50.24

MEET RECORD:Peterborough Crestwood Mustangs 3:33.49 2007

1	Waterloo CI A		Waterloo CI	3:47.42
2	Chaminade College A		Chaminade College	3:48.03
3	Waterloo Bluevale A		Waterloo Bluevale	4:09.48
4	Lambton Central A		Lambton Central	4:18.07

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Event 82 BOYS Senior High Jump

START: 11:35am

Gold 1.90m / S- 1.85m / B- 1.80m

MEET RECORD:Pat O'Donoghue Sacred Heart 2.06 1987

1	Andrew Jenkins	S	Central Elgin	1.80m
2	Justin Wood		Valley Heights	1.80m

3	Jamie Schaafsma	S	London Christian	1.75m
4	John Garrett	S	Eastview	1.75m
5	Matthew Barclayy	S	St. Augustine	1.65m
5	Jordan Timpany	S	London Saunders	1.65m
6	Travis Van Rooy	S	Kincardine	1.65m
7	Michael McKeon	S	London Aquinas	1.65m
8	Jared Ruitenber	S	Lambton Central	1.55m
8	Victor Ti`n	S	Philip Pocock	1.55m
9	Peter Black	S	Waterloo CI	1.55m
10	Mark Stantsos	S	London Saunders	1.50m
11	Dylan Stewardson	S	North Lambton	1.50m
	James Jenkins	S	Waterloo CI	

FOUL

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Event 84 BOYS Senior Pole Vault

START:U3m >10:30am/ O3m >12:30pm

Under 3m> G- 3.10m S-2.90m B-2.70m

Over 3m> G- 3.80m S-3.60m B- 3.40m

MEET RECORD:Rob Flood Saunders 4.50 2000

1	Mike Lopatowski	S	Mother Teresa London	4.20m
2	Vuk Bogunovic	S	Cameron Heights	3.90m
3	Reinier Byrnes	S	St. Marcellinus	3.60m
4	Alex Andruko	S	St. Marcellinus	3.15m
5	Jordan Timpany	S	London Saunders	3.00m
6	Dylan Erb	S	Stratford Northweste	2.80m
7	Chase Brodhagen		Stratford Northweste	2.60m

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Event 86 BOYS Senior Long Jump

START: 9:00am

Gold 6.50m / S- 6.25m / B- 6.00m

MEET RECORD:Mark Dailleur Lambton Central 6.61 1987

1	Taylor Stewart		London Regina Mundi	6.98m	#
2	Damian Warner	S	East Elgin	6.73m	#
3	Ehis Adada	S	Chaminade College	6.61m	#
4	Max Dubinovsky	S	East Elgin	6.17m	
5	Reinier Byrnes	S	St. Marcellinus	5.98m	
6	Johnny Drake		London Oakridge	5.90m	
7	Paul Stewart	S	Kincardine	5.88m	
8	Justin Wood		Valley Heights	5.85m	
9	John Garrett	S	Eastview	5.63m	
10	Jamie Schaafsma	S	London Christian	5.62m	
11	Joe Marion	S	St.Thomas St. Joe's	5.61m	
12	David Cameron-Arthurs	S	Mother Teresa London	5.57m	
13	Matthew Barclayy	S	St. Augustine	5.55m	
13	Chris Helps	S	Lambton Central	5.55m	
15	James Jenkins	S	Waterloo CI	5.53m	
16	Andrew Jenkins	S	Central Elgin	5.47m	
17	Ricardo Focey	S	Cameron Heights	5.38m	
18	Aidan Sykes	S	St. Marcellinus	5.16m	
19	Jordan Palmer	S	Waterloo Bluevale	5.15m	
19	Andrew Kleinhans	S	London South	5.15m	
21	Greg Sergeant	S	Huron Heights	5.03m	
22	Alex Callaghan	S	Waterloo Bluevale	4.99m	
23	Ben Baxter	S	London Christian	4.94m	
24	Peter Black	S	Waterloo CI	4.76m	
25	Michael McKeon	S	London Aquinas	4.74m	
26	Attila Bajus		Monsignor Doyle Camb	4.73m	
27	Edward Zheng	S	Waterloo CI	4.70m	
28	Ben Smith	S	Waterloo Bluevale	4.17m	
29	Terraine Riley	S	London Laurier	3.83m	

Sherze Lewis	S	St. Augustine	FOUL
Brad Janzen	S	Strathroy DCI	FOUL
Joseph Ndububa	S	St. Augustine	FOUL

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Event 88 BOYS Senior Triple Jump

START: 2:00pm

Gold 13.00m / S- 12.50m /B- 12.00m

MEET RECORD:Ikenna Obanna St. Augustine 14.45 2006

1	Taylor Stewart		London Regina Mundi	13.84m
2	Joseph Ndububa	S	St. Augustine	13.41m
3	Damian Warner	S	East Elgin	13.10m
4	Vuk Bogunovic	S	Cameron Heights	12.22m
5	Max Dubinovsky	S	East Elgin	12.15m
6	Justin Wood		Valley Heights	12.12m
7	Jimmy Ying Yong	S	Cameron Heights	12.08m
8	Andrew Jenkins	S	Central Elgin	11.86m
9	Andrew Kleinhans	S	London South	11.66m
10	Taurian Roy	S	Kincardine	11.46m
11	Brenten Pelleboer	S	Lambton Central	11.15m
12	Matthew Barclay	S	St. Augustine	11.12m
13	David Cameron-Arthurs	S	Mother Teresa London	10.93m
14	Aaron Bowman	S	London Saunders	10.92m
15	Ryan Chanthavong	S	Cameron Heights	10.52m
16	Darren Hoiting	S	London Christian	10.25m
17	Peter Black	S	Waterloo CI	9.82m
	John Garrett	S	Eastview	FOUL

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Event 90 BOYS Senior Shot Put

START 11:35am > Weight 5.44kg

Gold 15.00m / S- 14.50m /B- 14.00m

MEET RECORD:Johnny Neilson Seaforth 18.73 1980

1	Danial Novia		Philip Pocock	16.81m
2	Zak Russell-Ford	S	London Banting	14.84m
3	Kris Fischer	S	London Banting	14.82m
4	Alex Pilar	S	Saugeen District	14.00m
5	Mike Montecalvo	S	St. Marcellinus	13.70m
6	Kaylen McCabe	S	London Aquinas	13.51m
7	Wiley Collins		Westminster	13.27m
8	Dan Park	S	Lambton Central	13.15m
9	Alex Rodenhiser	S	London South	12.37m
10	Brad Hann	S	Eastview	12.14m
11	Paul Stewart	S	Kincardine	12.12m
12	Joe Harris	S	London Aquinas	12.03m
13	Brandan Wilson	S	Lambton Central	11.97m
14	Mike Bass-West	S	London Banting	11.93m
15	Dan Jennett	S	Eastview	11.47m
16	Andrew Sherman	S	Eastview	11.04m
17	Ryan Ehrlich	S	Cameron Heights	10.95m
18	David Monaco	S	Chaminade College	10.43m
19	James Bodanis	S	Chaminade College	10.18m
20	Brad Forbes	S	Waterloo CI	10.02m
21	Josh Weaver	M	North Lambton	9.38m
22	Tony Tran	S	Chaminade College	9.27m
23	Jeff Yake	S	London Saunders	9.25m
24	J.R. Palomo	S	Chaminade College	9.18m
25	Ben Smith	S	Waterloo Bluevale	6.89m
26	Shaun Zimmerman	S	Mother Teresa London	4.73m

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Event 92 BOYS Senior Discus Throw

START 10:15am > Weight 1.61kg

Gold 44.00m / S- 42.00m /B- 40.00

MEET RECORD:Jason Tunks Banting 59.38 1997

1	Zak Russell-Ford	S	London Banting	53.05m	
2	Alex Pilar	S	Saugeen District	45.92m	
3	Wiley Collins		Westminster	43.33m	
4	Suyi Georgewil	S	St. Augustine	42.82m	
5	Brandan Wilson	S	Lambton Central	39.75m	
6	Kris Fischer	S	London Banting	38.78m	
7	Adam Little	S	Saugeen District	38.44m	
8	Alex Rodenhiser	S	London South	36.52m	
9	Danial Novia		Philip Pocock	36.30m	
10	Phil Youngblut	S	London Saunders	35.77m	
11	Brad Hann	S	Eastview	33.55m	
12	Colton Ponzo	S	St. Marcellinus	33.10m	
13	Peter Vink	S	London Banting	32.92m	
14	Brad Forbes	S	Waterloo CI	32.55m	
15	Dan Jennett	S	Eastview	30.68m	
16	Juan Rojas	S	St.Thomas St. Joe's	29.61m	
17	Jonah VanHarten	S	London Christian	28.59m	
18	Andrew Sherman	S	Eastview	27.84m	
19	Kyle Hemstreet	S	Huron Heights	27.63m	
20	Paul Stewart	S	Kincardine	27.44m	
21	Joe Harris	S	London Aquinas	26.65m	
22	Bryan Swan	S	Lambton Central	25.82m	
23	J.R. Palomo	S	Chaminade College	25.00m	
24	Kaylen McCabe	S	London Aquinas	23.14m	
25	Tony Tran	S	Chaminade College	21.88m	
26	Ryan Ehrlich	S	Cameron Heights	20.88m	
27	David Monaco	S	Chaminade College	19.36m	
28	Josh Weaver	M	North Lambton	17.46m	
29	Michael Williams	S	Waterloo Bluevale	14.45m	
30	Ben Thrush	S	Eastview	12.25m	
	James Bodanis	S	Chaminade College		FOUL
	Jared Ruitenber	S	Lambton Central		FOUL
	Jeff Yake	S	London Saunders		FOUL
	Mike Bass-West	S	London Banting		FOUL
	Matt Watson	S	Kincardine		FOUL

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Event 94 BOYS Senior Javelin Throw

START 12:45pm > Weight 800gm

Gold 50.00m / S- 48.00m /B- 46.00

MEET RECORD:Scott Russell Brennan 59.98 1997

1	Wiley Collins		Westminster	60.07m	#
2	Justin Anstett		South Huron District	50.46m	
3	Brad Hann	S	Eastview	44.91m	
4	Phil Youngblut	S	London Saunders	43.53m	
5	Alec Holla	S	Kincardine	40.92m	
6	Jordan Timpany	S	London Saunders	38.00m	
7	Evan Hetherington	S	Waterloo CI	37.71m	
8	Rob Florindi	S	St. Marcellinus	37.38m	
9	Adam Little	S	Saugeen District	36.93m	
10	Dustin Haenni	S	Eastview	36.64m	
11	Andrew Sherman	S	Eastview	36.55m	
12	Brad Forbes	S	Waterloo CI	36.20m	
13	Jordan Valdron	S	London Banting	35.87m	
14	Matt Watson	S	Kincardine	34.65m	
15	Josh MacK	S	Waterloo CI	32.45m	
16	Alex Samson	S	St. Marcellinus	31.43m	

17	Kyle Hemstreet	S	Huron Heights	31.19m
18	Andrew Kleinhans	S	London South	29.95m
19	James Bodanis	S	Chaminade College	29.73m
20	J.R. Palomo	S	Chaminade College	29.29m
21	Dan Jennett	S	Eastview	26.21m
22	Ryan Ehrlich	S	Cameron Heights	26.05m
23	Cole Bottineau	S	St.Thomas St. Joe's	21.72m
24	Jeff Yake	S	London Saunders	21.53m
25	Michael Williams	S	Waterloo Bluevale	18.58m
26	Ben Thrush	S	Eastview	18.56m
27	Robert Komer	S	London Aquinas	16.82m
28	Shaun Zimmerman	S	Mother Teresa London	16.35m