

Keep Pets Safe From Summer Bites and Stings

With summertime comes more outdoor living, which our furry friends love to be a part of. In our part of the country, there are several things to look out for to keep our pets safe.

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Various members of the insect family and some snakes can cause problems for us and our pets. Many pets are fascinated with these quickly moving, slithering or flying bugs or snakes and continue to catch them despite painful results.

In our area, we worry about bees, fire ants, hornets and snakes to name a few. With bee stings it is unlikely you will notice anything has occurred until you see your pet with a swollen face or foot. Swelling and hives are commonly seen after a sting has occurred.

Several steps can be taken to ensure resolution of these signs. First try to find the stinger and remove it with a stiff card or fingernail. If you cannot find the stinger, it has likely fallen out. A cool compress can help reduce pain on the way to see a veterinarian. Treatment will be administered to resolve the reaction and keep your pet comfortable.

Fire ants are an extremely aggressive, invasive species that will bite anything that comes near their mound. The ants inject an oily venom that causes raised, red bumps

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that then progress into blisters or abscesses. If you observe fire ants on your pets, put on protective gloves and clothing and brush them off gently. Do not slap or spray the ants as they will bite more aggressively. Again, a cool compress can help alleviate pain as you make your way to the veterinary hospital for treatment.

There are pesticides you can use to treat mounds to prevent these encounters from happening. Follow instructions carefully to ensure safe application for you and your pet.

Ground hornets can be equally as aggressive if your pet stumbles into their nest. These stings can cause more severe allergic reactions, including pain, hives, swelling and vomiting. Once again, a trip into see your veterinarian can help relieve these symptoms and get your pet feeling better quickly.

Because of our warm winter, we are seeing more rabbits and rodents in our area increasing the number of snakes. With more snakes comes more risk of bites in humans and dogs.

Snakes are a part of our ecosystem and usually will not bite unless they are stumbled on by

• *Principal, continued from Page 14* This year they helped with Hurricane Michael relief, Go Gold for childhood cancer, participated in the Elberta and Foley Christmas parades, and provided Christmas stockings for Ecumenical Ministries and Christmas gifts to Mary's Shelter Gulf Coast.

Dr. McCool is especially proud of the school for being selected by the National Inventors Hall of Fame to hold a STEM camp this summer and a partnership with Auburn University South Eastern Center for Robotics Education (SCORE).

Fifty boys and girls in first through ninth grades will attend STEM camp. The project includes training for teachers and all materials needed for the program. St. Benedict staff will simultaneously host two stem camps. "Camp Invention" is for incoming first to sixth graders and



mistake. The venomous snakes around Lillian include coral snakes, water moccasins (cottonmouth) rattlesnakes and copperheads.

Ways to prevent bites include being vigilant, keep to cleared paths and keep your pet on a leash. If you witness a bite, try to observe the type of snake that bit the pet then seek veterinary help quickly. Antivenin can be administered at larger veterinary referral centers.

Treatment focuses on keeping swelling, edema and pain to a minimum and preventing an abscess or infection from forming. Some snakes are so venomous that if treatment is not begun immediately, amputation may be required.

We want our community to have a happy and safe summer season. If you encounter any of these issues, please call us at 251-962-2304, M-F 7:30 a.m. to 5 p.m. and we will help you get appropriate treatment for your pet and get them back to enjoying their time with you as soon as possible.

The SCORE program will tie into the STEM and Engineering Club interests as they relate to robotics.

"We have a dedicated faculty and staff, as well as family and pastoral support for all our plans and projects," said Dr. McCool. "We are truly blessed."

All faiths are welcome at St. Benedict School. Those interested in learning more about the school, staff and curriculum are welcome to tour the facility this summer, 9 a.m. to 1 p.m., Monday to Thursday. Call 251-986-8143 for an appointment.

"Never did I think that I would leave public education for a job like this," said Dr. McCool.

As she describes her new life, the joy is on her face and the enthusiasm is in in her voice. "It's fun!"

She is so happy she listened to what the Holy Spirit was saying and so are the St. Benedict parents,

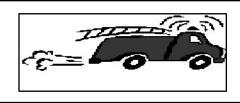
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"Invention Project" is for incoming seventh to ninth graders.

teachers, staff, students and community.





The Lillian Volunteer Fire Department responded to 63 calls dispatched by 911 operators in May including 39 medical assistance, 4 public assists, 6 motor vehicle accidents, 5 brush fire, 1 structure fire, 7 fire alarms, and 1 farm equipment fire. If you are interested in becoming a volunteer, give us a call at 962-2696 and leave a message.

LVFD would like to give a big thank you to Carrie Page for his generous donation of two vehicles. These vehicles will give the department opportunities to practice extrication skills. Extrication is the process of removing a vehicle from around a person who has been involved in a motor vehicle collision when conventional means of exit are impossible or inadvisable. A delicate approach is needed to minimize injury. We value any opportunity to spend time working on these skills.

We would also like to thank Perdido Beach Volunteer Fire Departments for hosting tower training in June. This is a great opportunity for our mutual aid volunteer fire departments to train as one. Elberta, Josephine, Perdido Beach and Lillian all answer when a fire call occurs, so it is imperative we train together and work as a team.

LVFD is happy to announce we now have two more licensed



Lillian Volunteer Fire Department

By Goretti Lysek

Emergency Medical Technicians. This brings the department up to five licensed EMTs and with two more testing in the next couple of months.

A quick reminder that the burn ban is now in effect and will continue until Nov. 1.



LVFD members took part in drop tank training, above, and tower fire training took place with Perdido Beach, Josephine and Elberta volunteer departments, below.



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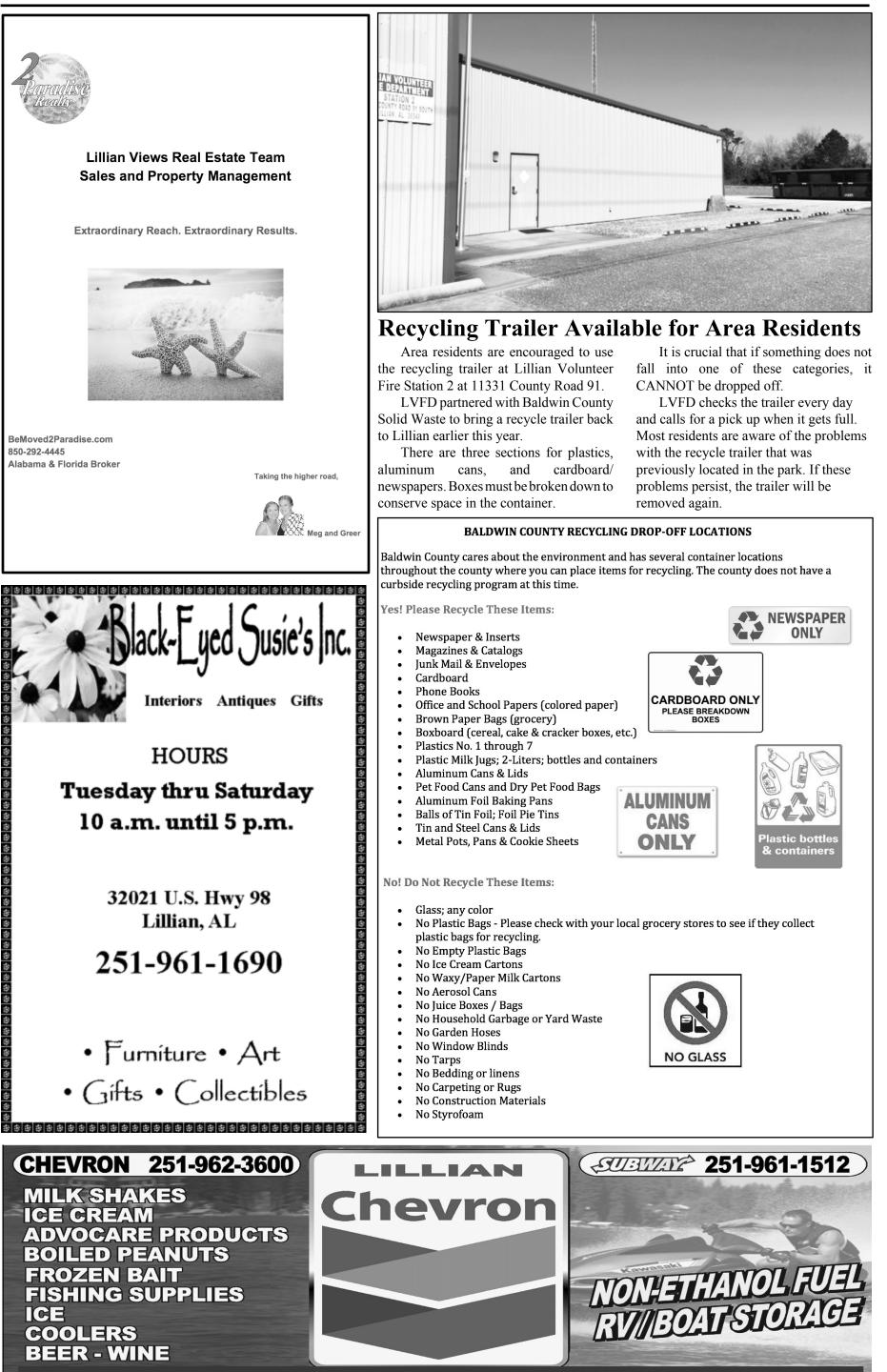
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CHILDREN AND PETS WELCOME

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The Lillian

July 1, 2019



ONE MILE WEST OF LILLIAN BRIDGE

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Understanding PTSD in Children

Patrick Teahan is a licensed worker who clinical social specializes in Post Traumatic Stress Disorder in children. In an online presentation, Teahan cites a childhood PTSD study, the CDC Adverse Childhood Experiences (ACE) study, which identifies three types of abuse: physical abuse, neglect and household dysfunction. Household dysfunction includes substance abuse, domestic violence. incarceration, divorce and mental illness.

Most of us don't need the ACE study to tell us we were abused as children. As adults we carry the emotional wounds inflicted by our abusers.

The more abuse a child experiences and the longer the abuse continues, the greater the PTSDrelated problems the individual has later in life.

Teahan states that issues stemming from childhood PTSD are "incredibly difficult to overcome in adulthood."

In addition to the three types of abuse cited in the ACE study, Teahan identifies a fourth category of abusive family behavior he sees in his practice. In this fourth category, there is no physical or sexual abuse, the parents don't fight, nor is substance abuse a factor.

The abuse isn't blatant and out there for everyone to see. Teahan calls this fourth category of abuse "the tricky family."

In tricky families, one or both parents are overly anxious and severely critical of their children.

Tricky families always have "elephants in the room," problems every family member knows about but isn't permitted to discuss.

No one in a tricky family is allowed to express his or her emotions. Religious fundamentalism is frequently a factor in tricky families, used to conceal or justify the abusive

View From the Other Side

By Jim Belcher

behavior.

Teahan cites several examples of tricky families: a family where one or both parents are emotionally shut down; a family where there is "toxic intimacy or poor intimacy" between the parents; a parent who has "alcoholic behaviors;" a parent who is rage-filled, narcissistic or authoritarian; and a family where a child is abused outside of the home but cannot bring that information to mom and dad because doing so would be unsafe.

Teahan states "the tricky family looks good on paper." No one observing the tricky family from outside would guess the family is dysfunctional and abusive.

The tricky family also seems stable in terms of providing the children with basics such as food, clothing, education and shelter.

But the tricky family is "deceivingly emotionally dysfunctional."

Because the family is emotionally dysfunctional, "the child's emotional and developmental needs are not met."

According to Teahan, adults who experienced blatant abuse as children and adults who grew up in tricky families exhibit the same PTSD symptoms.

If you experienced childhood abuse or if you grew up in a tricky family where you sensed something wasn't quite right but couldn't identify the problem, I hope this article is helpful and will motivate you to seek help.

Seeking help when we need it is a sign of strength, not weakness. I pray for your healing.

OBITUARIES

Sidney Schurr

Sidney Aubrey Schurr, 67, of Lillian, passed away June 10, 2019. Visitation and funeral services were held June 13 at Perdido Beach Baptist

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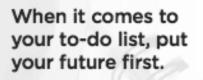
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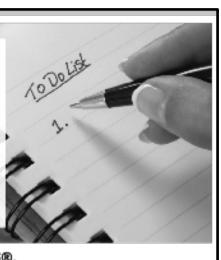
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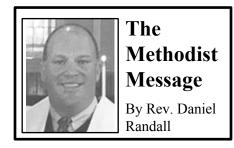
Remembering Freedom

This month we celebrate Independence Day from July 4, 1776, but it is really our Declaration of Independence Day. Signing the declaration did not establish our independence. King George did not read the declaration and say, "sure you are free!"

It took seven hard fought years of struggle before the Constitution could be written. We must never forget the struggle involved in this noble experiment of democracy. Many gave their lives that we might be free as a people, just as many people gave their lives that we might have our Christian faith.

May we remember, maintain and improve what has been passed on to us. The vast majority of us did not come from the aristocracy of Europe. Most of us are descendants of those "huddled masses yearning to be free" that Emma Lazarus wrote about several generations ago. Her words are inscribed on our Statue of Liberty that stands proudly in the harbor of New York City and welcomed millions of immigrants to America. She declared, "Give me your tired, your poor, your huddled masses yearning to breathe free. The wretched refuse of your teeming shore. Send these, the homeless, tempest-tossed to me, I lift my lamp beside the golden door."

Except for our Native American friends, we are a nation of immigrants. We trace our ancestry



contentment and prosperity." The words on the Statue of Liberty remind us where we came from and the words in our sacred documents tell us what we stand for as a nation.

May we remember that this land is ours because of those who have sacrificed on our behalf. There are many men and women in this generation and in each generation over the past 250 years who have literally been willing to lay down their lives for this country. And we owe them a great debt.

Part of what kept many a soldier going was their faith in God. Robbie Risner, while a prisoner of war in Vietnam, used a wooden dowel to painstakingly wear a hole through an 8-inch concrete wall. He accomplished this so he could share his faith in Jesus Christ with the man in the next cell, a man who later died. Abel tells of the group singing "Amazing Grace" even under the most horrid of conditions. This is the stuff of which our commitment as Americans to freedom, justice and equality is made. Our faith helps us live out our commitment to freedom. Why? Because we understand that only in giving up some of our autonomy as individual citizens do we truly

In Jesus' time, oxen were linked together by a wooden yoke across their necks to evenly distribute the weight of a load so that both oxen carried it. Together they were able to pull far greater a load than either one could pull by itself. When we are voked to Christ, we are better able to stand up for the things we believe. When we are yoked to Christ, we are better able to repay the sacrifices made in our behalf. So as we reflect on the meaning of Independence Day, we thank God and we thank those dedicated persons who made it





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Restaurant Fire Case Remains Open

According to the State Fire Marshal's Office, the case and investigation into a March blaze in Lillian remains open.

The Pirate's Cantina restaurant was decimated in a blaze that started in the early morning hours of March 15.

A spokesperson with the fire marshal's office, Mable Thompson,

stated the case is still open. No information will be released until they complete the investigation.

The Mexican eatery had opened in January, being leased by Janice Vargas-Iglesias.

The building was built and owned by Tim Lett, who had previously operated the Pondera Plantation restaurant.

CHIT CHAT

Chit Chat is your column. Brag a little, share a little, and have fun. Share birthdays, anniversaries, vacations, grandchildren and family visits.

Happy July Birthday <u>CANCER</u>: Sandra Pray, Henry Wagner, Bobbie Benoit, Megan Hall, Weldon Cox, Graydon Bauer, Joyce West, Alice Scram, Janet Akin, Emma Fell, Dorothy Diamond, Bonnie Estes, Lorraine Harrison, Virginia Cowie, Stephen Duckworth, Peggy Merchant, Henry Kichler, John Swanson, Robert Grewe, Dick McCoy, Rebecca Grewe, Larry Aycock and Bill Morris.

Happy July Birthday <u>LEO:</u> Jim Almand, Josephine Flynn, Mary LaCoy, Evelyn Rice, Laura Leonard, Bonnie Costella, David Woodford, Vernelle Younginger and Diane Burns.

Happy July <u>WEDDING</u> <u>ANNIVERSARY</u>: Don and Paulette Joffrion - #55, Dick and Jocelyn McCoy - #65, Gerald and Gloria Jackson - #43 and Bob and Pat Kupferer - #26.

Sometimes we all need a hug-Josephine Flynn, Gwen Furio and Jocelyn McCoy.

Any information you want added or deleted from Chit Chat, send to The Lillian, P.O. Box 1088, Lillian, 36549 or place in the folder at Lillian Perdido Bay Library.

The deadline for the August issue of The Lillian is July 17.



Classified Ads

Do you have something to sell or a business to promote? Consider advertising in The Lillian classifieds! \$9 a month for 35-40 words. Discounts offered for ads running 3, 6 or 12 months. Must adhere to our classified ad format and no pictures. Ads also appear in our online edition of the paper. Contact Mark Smith at 601-508-0219 or by email at marksmith0824@yahoo.com

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<u>FOR SALE:</u> Owner Financing! (No credit needed). Small lot, fenced with shed and concrete slab in Spanish Cove. Swimming, fishing, beach, tennis, fitness and clubhouses with activities. Great winter get-away, bring your RV and live there yearround! Only \$44,500 with 15% down. Call or text 850-712-7191.

FOR RENT: Fully furnished home for rent on Perdido Bay, Florida side, by the week, month or season. Located one mile from the Lillian Bridge. Credit check and background check required, non-refundable fee. Call 419-576-7385.

<u>FOR SALE:</u> Large building lot in Spanish Cove about 11,424 sq. ft. 2170 Spanish Oak Drive. \$47,000. Call 502-673-0405

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Members of American Legion Post 48 wish our Lillian family a happy and safe Fourth of July while keeping in mind the meaning of this special holiday for all Americans.

• Post 48 of Lillian held a Flag Disposal Ceremony on Friday, June 14. Flags of our country that had become faded and worn were officially inspected and retired. Following guidelines for preferred disposal, the flags were destroyed with respectful and honorable rites. The flags were committed to a clean and purging flame, bringing all a renewed devotion to God and country.

They will be replaced by bright, new flags to remind us of what many of our comrades worked for, lived for and died for.

All Americans are encouraged



to fly their flag high, reminding all that this is a country devoted to the ideals and practice of justice, freedom and democracy.

• The Veterans Register of Honor is a website and database containing the photographs, biographical sketches and stories of hundreds of thousands of America's veterans and active members of the United States Armed Forces.

Visit the website at www.veteransregisterofhonor.com and add your loved ones to the Register Of Honor.

Lillian American Legion Post 48

By Wayne B. Lavallee, Adjutant

Help us honor, recognize, respect and remember our country's veterans. We encourage you to gather information about the veterans and active military members of your family so that you may honor their service and sacrifice by inclusion in the Register of Honor.

The Veterans Register of Honor is housed at the National Veterans Shrine at the American Village, Montevallo, Alabama.

The shrine features major sculpture and paintings by

nationally-known artists, interactive media, artifacts and exhibits.

• All veterans in the Lillian area are invited to join Post 48 and become a part of the largest veteran organization in the United States. The focus has been and always will be on service to the community and support of our veterans.

The four pillars of the American Legion are fostering a strong national security, taking care of veterans, mentoring the youth of our nation and promoting patriotism and honor.

• Every Wednesday morning from 9 to 11 a.m., many of our members drop by the American Legion building located next door to the Lillian Community Club, adjacent to the POW/MIA flag. Drop by and join us!



Members of the American Legion Post 48 of Lillian stand at attention as their annual flag burning ceremony took place on June 14.

LILLIAN COMMUNITY CLUB

34148 Widell Avenue, Lillian, Alabama 36549

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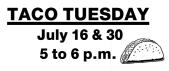
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Check our web page for updates to upcoming events. Also, please like us on our Facebook page. www.LillianCommunityClub.com Prepared by Sandy Fuller