



**Coach:** John Von Klopp  
**Club:** Academy  
**Role:** Coach  
**Qualf:** USSF Youth (United States)

## Bread And Butter



**Date:** 24/May/2020

**Measurement:** 10 x 10

**Time:** N/A:N/A

**Players:** 15

**Duration:** N/A

**Level:** U8 - U18

**Objective:** Score first. Transition to attack quickly, or defend quickly. And of course, get two goals.

**Description:** 3 teams are competing to stay on the field. Each game is a set time or two goals. (Whichever happens first) The game is slightly tricky for first time players. When a team scores, it's "make it, take it". The scoring team collects the ball from the goal they just scored on, then turn around & attack the goal they were just defending. If the time is over, & it's tied, the team that scored first stays. If the game is 0-0 then rock, paper, scissors to decide. The team waiting enters the game after the 2nd goal right away. Winning team starts, no waiting.

**Coaching Points:** Keep the ball moving. open up for teammate who has the ball. Make a run to get in behind the defence. Transition quickly.

**Progression:** Add Hitters Gitters. this means if shooter misses they must get the ball they shot & the ball next to the goal is used to start play while other ball is being retrieved (A save does not count as a missed shot) Have only 3 soccer balls available. One game ball and a ball next to each goal.