

Golden Times

April 2019
Issue IV

Find the 

hidden inside this newsletter. When you find the peep call the center at 740-852-3001 by Friday, April 12th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Last month the sun was found on page 7.

Congratulations to Dolly Simmers, the lucky winner!



2019 Governing Board Members

Donna Sheridan-President

Jerry Tompkins- Vice President

Shirley Witwer-Secretary

Eilene Duncan

Sharon Manion

Loretta Anthony

Steve Saltsman

Madison County Senior Citizens Center



Hello Spring!

Today is the first day of spring and hopefully “real” spring weather will follow very soon. I enjoyed a peaceful walk in the St. Patrick’s Day snow last Sunday, but I am ready for warmer temperatures. We have our first Snooty Fox trip for the year this month, I am looking forward to that and there are some other great trips lined up for spring and summer. Make sure you sign up expeditiously, some of the trips fill up very quickly, and I wouldn’t want you to miss out on the fun.

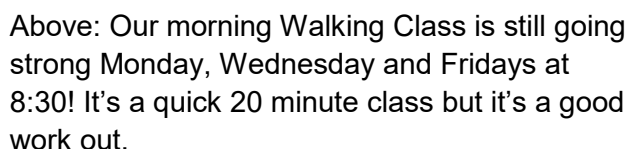
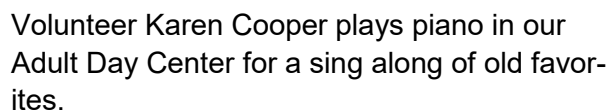
I wanted to take a moment to apologize for the absence of our flags for a few days. The flag pole needed some work, new line and new clips. It was seriously held together with duct tape and black electrical tape and several places had finally cried uncle and let go. I felt it was more disrespectful to leave the flags tattered and dangling, then to have them missing for a few days until we were able to get the new line and clips installed. It was a cold Saturday morning and how blessed am I to have a husband who is willing to help fix things, it would’ve cost the center over \$200 to rent a lift, so we tried the old, tape the old rope and new rope together trick, a little duct tape, patience and luck and the new line was back in place, add new clips and flag hooks, I think it looks very nice, I love the fresh look of new flags.

Bingo update for our March 6th bingo evening, we had 99 players, awesome. I really hope this trend continues. Please join us April 3rd, invite a friend or two. Also mark your calendars for Friday, May 31st, we will be having our second movie double feature, playing the original Mary Poppins and The Return of Mary Poppins, the movies will start at 12:00.

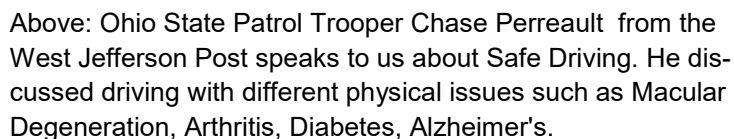
We are gearing up for the Volunteer dinner on April 12th, invitations have been mailed. If you have volunteered in the past year and don’t receive an invitation, please let us know, we don’t want to miss anyone. Our volunteers are so important to the success of the center, the dinner is our way of saying thank you for all you do.

Just a reminder, 2019 is levy renewal year, remember to spread the good word about your center. Thank you for the laughter I hear every day and thank you to everyone that volunteers at the center every day!

Misty



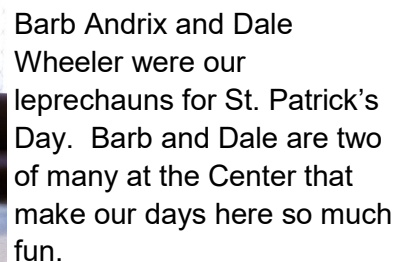
Below: Donna Sheridan and Don Knox volunteering during the busy March Birthday Monday lunch. Donna is serving birthday cake and Don is scraping dirty dishes. We really appreciate them.



Below: Sgt. Misty Waller, also from the West Jefferson Post, answered questions about changes for the new driver's licenses.

London City Police officers Chief Glenn Nicol and Sgt. Joe Cox also answered questions from the audience about handicap placards, clearing snow off of car windows, headlights on after dark and much more.

We had around 100 people at the Center for lunch and the Safe Driving class. Thank you to Amber Snyder of Madison Co. Department of Health and the Police Officers and Highway Patrol for bringing this program to us. Thank you to Bluebird Assisted Living for donating cookies for dessert and also a \$50 gas card for our raffle. Congratulations to Barb Andrix who won the gas card.



Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.



High Euchre Score

2-25-19 Rodger I. Baker 71

3-4-19 John Henry 77

3-11-19 John Henry 69

High Bridge Score

2-27-19 Jerry Cummins 5080

3-6-19 Doug Pyles 4080

3-13-19 Doug Pyles 5200



WEEKLY SCHEDULE

Monday:

8:30 a.m.-Indoor Walking/Exercise Class

9:00 a.m.- Chair Volleyball

9:30 a.m. - Crocheting, Knitting & Needle Crafts

10:30 a.m. - Sitting Exercise/ Strengthening

1:00 p.m. - Euchre

Tuesday:

9:00 a.m.- 3 p.m. Quilting Class

10 a.m.-12:00 p.m. - Bowling at Madison Lanes

1:30 p.m.- Rays of Hope for Seasons of Life Support Group

5:00 p.m. - Cards and Billiards

5:30 p.m.- Line Dancing

Wednesday:

8:30 a.m. Indoor Walking/Exercise Class

9:00 a.m. - Chair volleyball

10:00 a.m.—Pickleball at London Community Center

10:30 a.m. -Aerobics/Strengthening Class

12:05 p.m. - Bridge

1:15 p.m.- Yoga

2:00 p.m.- Diabetes and Weight Loss Support Group

Thursday:

9:00 a.m.. - Chair volleyball

9:00 a.m.- Fun Bingo April 4th and 18th

1:00 p.m.—Pickleball at London Community Center

Friday:

8:30 a.m. Indoor Walking/Exercise Class

9:00 a.m.- Painting Class with Harry Croghan

10:00 a.m.- Chimes April 5th and 19th

1:00 p.m.- Free Movie and Popcorn at the senior center. See what is playing on page 4.

Rays of Hope For Seasons of Life Support Group

April brings hope and happiness to see Spring. There is always room for one or more new attendees. Please come and join in the conversation that may speak to a person in the room. Your experience may just be what someone needs to hear and be encouraged by. Currently we are reading a book on being happy. The book is free. For questions call:

Donna Wharton Care Counseling

cell -740-490-5936

E-mail—dmwharton342@yahoo.com



**Our fitness room is open
Monday through Friday
whenever the center is open.**



UPCOMING DAY TRIPS!!



APRIL MYSTERY LUNCH AND MORE—Thursday, April 18th. Fee for this trip is \$5. We will leave the Center at 10:15 a.m. There will be a couple other stops while we are out that you will find most delicious!

SNOOTY FOX UPSCALE THRIFT STORES—NOTE NEW DATE!! Friday, April 26th. This trip is full. **Please be at the Center by 8:30 a.m. as we are leaving at 8:45 a.m. As usual, lunch will be on your own at one of our stops. Please remember we will be on a schedule, so you will need to be sure to be back on the bus on time at each stop. Don't forget your bus driver tip.**

SHOPPING AT JEFFERSONVILLE OUTLET MALL—Thursday, May 2nd. Trip fee is \$5. We will leave the Center at 9:00 a.m.. We will meet up at 11:30 and go for lunch at Wendy's.

MAY MYSTERY LUNCH AND MORE—Thursday, May 23. Fee for this trip is \$5. We will leave the Center at 9:30 a.m. Just like the April trip, we will have a few extra stops with yummy treats and other fun and interesting items to see/purchase.

OHIO CAVERNS TOUR AND UNCLE BETH'S BBQ—Thursday, May 30. Fee for this trip is \$5. You will pay your own \$12 admission when we get to the caverns and lunch is on your own afterward at Uncle Beth's. We will leave the Center at 8:15 a.m. You may want to bring a sweater or jacket as it is cool in the cave.

******Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!**



Christmas in July Trip July 15, 2019 \$107

We will travel to the Cleveland area and our first stop will be in Cleveland's Tremont neighborhood to tour Ralphie Parker's house as featured in scenes of the 1983 film, A Christmas Story.

Afterward we travel to Castle Noel which is America's largest, year round, indoor, Christmas entertainment attraction. See New York City animated Christmas windows, Hollywood Christmas movie props and collectible toys. We will enjoy an old-fashioned Christmas dinner with turkey and all the trimmings. Your meal is included in the price of the trip.

This trip does require moderate amounts of walking. There will be time to rest on the motorcoach and between attractions. Your fee of \$107.00 includes transportation, all admissions, lunch, snack on motor coach, and driver tip. We will leave the Center at 7:00 a.m. and return at approximately 6:30 p.m. Also there is a short registration form to fill out, so be sure to do so when you come in to pay.

Sign up early so you don't miss out!



Delightful Dining

Sign up early! Sometimes late reservations cannot be accommodated at the restaurants.
Ride the vans for \$5.00 per person while the seats last or you may drive and meet us there.

Monday, April 1, 2019

Asian Grill

122 East Columbus Road (Rt. 42)

South Charleston, OH 45360

Vans leave the center at 5 p.m.

We will arrive at the restaurant at 5:15 p.m.

Monday, May 6, 2019

Ruby Tuesday

4065 Marlane Drive

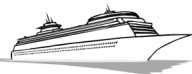
Grove City, OH 43123

Vans will leave the center at 4:30 p.m.

We will arrive at the restaurant at 5:15 p.m.

2019 Overnight Trip Information

PRE TRIP MEETING! - 2019 Tulip Time Festival in Holland, Michigan May 7-9, 2019. We will be having a pre trip meeting on Tuesday, April 16th at 1:30 p.m. here at the Senior Center. If you cannot attend, please let us know by calling the Center at 740-852-3001.



Alaska Cruise September 9-18, 2019— Check out and join our Facebook page for this trip-Carnival Legend Alaska September 10, 2019. If you are signed up and have questions or need help with booking excursions or paying for prepaid items on the cruise, call Janisse at the Center, 740-852-3001. **Trip final payment due by June 1, 2019.**

Christmas at the Biltmore—December 4-7, 2019 Four days, 3 nights. Includes Biltmore House and Gardens, Biltmore Estate Winery, Blue Ridge Parkway, Candlelight Christmas Evening, Folk Art Center, Grove Arcade, National Gingerbread House Display, Biltmore Village, Asheville City Tour. Also motorcoach transportation, 3 nights lodging, 3 breakfasts, 3 dinners, all shows and admissions, baggage handling, tips for driver, guides and porters, professional tour manager, travel insurance. Double \$899 per person, Triple \$884 per person, Single \$1,099 per person. **Deposit of \$150 per person will secure your reservation with the balance due by September 15, 2019.**

Day Trip Payment and Cancellation Policy

When you sign up for a trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure or by a deadline stated in the newsletter. If



Tecumseh!

Thursday, August 15, 2019

\$97 per person

Travel with the Madison County Senior Center to Chillicothe, Ohio to the Sugarloaf Mountain Amphitheater to witness the epic life story of the legendary Shawnee leader as he struggles to defend his sacred homelands in the Ohio country during the late 1700's.

We will have a backstage tour by cast members and learn about the drama's historical setting, weaponry, and production techniques.

A Frontier Dinner Buffet is included featuring a wide selection of wholesome American foods. You won't walk away hungry! Explore the grounds after dinner and visit the prehistoric Indian mini-museum. Browse for souvenirs at the Tecumseh Trading Co. Gift Shop. Then sit beneath the stars and experience Tecumseh! Sheer spectacle will surround you with a herd of galloping horses, live military cannons in action and the most dazzling battle sequences.

Save your seat on the motorcoach with \$50 down. Balance is due by Monday, July 8th.

We will leave the Center that day at 2 p.m. and return approximately at midnight. Expect small amounts of walking with time to rest on the coach and between attractions.

Senior Week is May 13th to 17th

Monday-Bring a friend for lunch or a class

Tuesday-Senior Fair 9:30 a.m. to 1:30 a.m.

Wednesday-Games during Lunchtime!

Thursday-50's Day! Dress up in 50's style!

Friday-Ice Cream Social at noon sponsored by

Merchants National Bank



Friday Cinema

1 p.m.



Free Popcorn!

April 5th – Ocean's 8 – Sandra Bullock, Cate Blanchett - 2018 – PG-13 – Action

April 12th-No movie due to Volunteer Appreciation Dinner

April 19th – A Question of Faith – Richard Jones, C. Thomas Howell – 2017 – PG – Drama/
Faith

April 26th – Game Night – Jason Bateman, Rachel McAdams – 2018 – R - Comedy

Baby Shower!

Twice a year the Madison County Health Department holds a baby shower for low income women that may not otherwise have one.



If you like to knit, crochet, quilt or sew you are welcome to donate new blankets, baby clothes, hats, bibs, quilts, etc. to the shower.

The next shower will be May 14th. If you would like to help by donating some of the above items, please bring them in to the Senior Center by May 1st.

Thank you in advance for your generosity!

Fore!!!

Our Golf Team meeting went really well. We have 9 people interested in playing. It was decided to wait until it warms up and dries up a bit before starting. Those present decided to get together and play foursomes, etc. and not try to be in a league.

If you are interested in joining, call the Senior Center at 740-852-3001.



1950's Display Case Items Needed

Does anyone have any Elvis Presley collectibles, 50's collectibles or pictures of themselves from the 50's?

Call Janisse at the Center if you do! 740-852-3001.

We would like to have the items in our display case by April 30th!

Riddles!

Where did the Easter Bunny go to college?

Johns Hopkins!

What's long and stylish and full of cats?

The Easter Purrade!

Who is the Easter Bunny's favorite movie actor?

Rabbit DeNiro!



Adult Day Center

Welcome Spring! We are so happy to have you back!

We celebrated Lucille's birthday on March 18th. She's 84 years young!

On April 2nd Ruth Dever will be celebrating her 91st birthday.

We also want to thank our wonderful and generous Quilters for all the help we receive from them, sometimes on short notice. A very big thank you to Chris Hart for making a holder for our ADC member Mike's hearing device.

Hoppy Easter to all of our peeps and everyone have a wonderful spring!

Beth, Jeanna and all our wonderful volunteers!



GETTING TO KNOW YOU FEATURING..... Judy Paynter

The person who influenced Judy's life the most was her husband.

The happiest moments of her life were when her children, grandchildren and great grandchildren were born.

Judy's earliest memory was walking down the road holding her Dad's hand. It was in the country and very dark.

Her favorite thing to do is traveling and spending time with her family.

In school Judy was involved in basketball, Charm Club and several other clubs.

She is most proud of the relationship she has with her family.

Judy's favorite thing about the Senior Center is spending time with wonderful people and all the laughter.

She would like to be remembered for being a really good Mom and Grandmother and a caring, loving person.

Welcome New Members

Virgil Hix Janet Rogers

Robert and Anna Moore
James and Krys Gerrich

Paul Tremayne Mary Beth Lech

David Junk Kathy Lyon

Tom and Pat Miller T.J. Dwyer

Crystle Goodwin Robert Morrison


Baird and Judi Borders



Phone Buddies

Do you live alone? Maybe you live with someone but don't have any family nearby? Sometimes it's just good to have someone check in with you and have a friendly voice to talk to.

We are going to try to start up a volunteer Phone Buddy program. Whether you want to call people or you want to be called, just let us know. Call the Center at 740-852-3001 and we will get you set up. You decide how often you want to be called.

B	Judy Hastings	116	Bill Link	149	Carolyn Garver	138	Deb Weisman	79
O	Karen King	140	Larry Threlkeld	122	Barb Florence	94	Jane Hackworth	74
W	Carl King	163	Paul Hackworth	150	Ann Pickens	98	Dolly McDonley	72
L	Barb Gordin	119	Barb Cooper	90	Ray Sheridan	163	Phil Florence	89
I	JR Venrick	159	John Conn	146	Cecil Herman	98		
N	Barb Andrix	96	Gene Noble	113	Jim Harden	127		
G	Duane Glass	181	Linda Ridolfo	163	Joe Fuchala	113		



WEDNESDAY NIGHT BINGO IS BACK!

1ST WEDNESDAY OF EACH MONTH

WEDNESDAY, April 3rd AT 7:00 PM

ORIGINAL FORMAT

\$15 PER PERSON/9 PACK - 2 GAMES A SHEET

SPLIT THE POT

EXTRA COVERALL

HOG WILD PROGRESSIVE GAME

****No one under 18 allowed in the Bingo Hall**

DOORS OPEN AT 6:00 PM

SENIOR CAFÉ WILL BE OPEN

MADISON COUNTY SENIOR CENTER

280 WEST HIGH STREET • LONDON • 740-852-3001 • mcsenior.org

In the Kitchen with Joanna

One of my absolute favorite sandwiches is a Monte Cristo. Although the ingredients are simple enough making them is another story. They are not the easiest sandwich in the world to make. I have a simplified version of the Monte Cristo that is very good and tastes very much like the original and very easy to make.

Waffle Monte Cristo

½ cup of Apricot Preserves or Current Jelly
 8 frozen waffles
 4 slices of deli turkey
 4 slices of deli ham
 4 slices of Swiss or Havarti cheese
 4 bacon strips, cooked
 2 tablespoons butter, softened
 Maple Syrup

Preheat a griddle or large skillet over medium heat. Spread preserves or jelly over 4 waffles. Layer with turkey, ham, cheese and bacon, top with remaining waffles. Lightly spread outside of waffles with butter.
 Place on griddle, cook for 4-5 minutes on each side or until golden brown, cheese is melted and heated through. Serve with syrup for dipping.

Spring Quotes

You can't see Canada across Lake Erie, but you know it's there. It's the same with spring. You have to have faith, especially in Cleveland.—**Paul Fleishman**

In the spring I have counted 136 different kinds of weather inside of four and twenty hours.—**Mark Twain**

Science has never drummed up quite as effective a tranquilizing agent as a sunny spring day.—**W. Earl Hall**

April prepares her green traffic light and the world thinks Go.—**Christopher Morley, John Mistletoe**

It's spring fever. That is what the name of it is. And when you've got it, you want—oh, you don't quite know what it is you *do* want, but it just fairly makes your heart ache, you want it so! - **Mark Twain, Tom Sawyer, Detective**

No matter how long the winter, spring is sure to follow.—**Proverb**

Spring is nature's way of saying, "Let's party!" - **Robin Williams**



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Madison County Senior Citizens Center

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280 West High Street
London, OH 43140
Phone: 740-852-3001
Fax: 740-852-3052

We're on the Web!

mcsenior.org or on Facebook at Madison County
Senior Citizens Center



April 2019

Misty Bradley, Executive Director

Ramalingam Selvarajah, M.D., Medical Director

Janisse Williams, Activity Coordinator/Marketing

Marilyn Lowery, Front Office/ Substitute Driver

Ruth Kennedy, Staff Nurse/Wellness Coordinator

Beth Dillion, Daycare Aide

Jeanna Bernard, Daycare Aide

Bonnie Radcliff, Daycare Aide/Substitute

Sandy Darlington, Daycare Aide/Substitute

Jackie Cain, Homemaker

Joanna Sadler, Chef

Steven Wehrs, Cook

Brenda Castle, Transportation Coordinator

Carolyn Wilson, Driver

Wayne Bricker, Substitute Driver

Betty Lawrence, Substitute Driver

Don Hawkins, Substitute Driver

Luther Dolby, Maintenance

Dated Material

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.