JESSICA...

On the contrast between her femme fatale roles on screen and her conservative personality in real life:

I've always been very practical and real with what Hollywood is. There's a lot of hot air there. When I did press in those days, the journalist always wanted to hit a club, or go drinking. I would have to explain, 'I don't do that stuff.'

On finally feeling content:

Content is good because I wasn't always. I was kind of unsatisfied and angsty. It's nice shedding the angst.

On owning who she is, and not apologizing for who she dreams of being:

If you don't know those things, you can float. And when you float, someone can come in and push you out of the way. Maybe this is just the first step, but I feel like at least I am in the right place at the right time for me.

On being what her mother Cathy calls "a workaholic control freak" in the office:

Being an actress is like a vacation; business is relentless. People work hard here. It's nice to be around people who are so committed.

On questioning career decisions and, finding a work-life balance: You don't really know how [your career] is affecting [your kids] until they are adults and they say, 'You ruined my life, Mom!' Maybe they want me to be a stay-at-home mother who bakes chocolate-chip muffins all day. Nah. I'd probably want to start a chocolatechip-muffin company. Ya know?

On the link between environmental hazards and the increases in everything from cancers to

allergies to learning disabilities: The increases have coincided with the rise of these untested, potentially harmful chemicals. I know firsthand what it's like to have a compromised immune system. I really, really didn't want to have my kids go through what I did. If [the government] won't safeguard my family, I'm going to have to.