

MIDDLE RIVER ASHEVILLE

House Expectations

- Use of drugs and alcohol is prohibited. This includes, but is not limited to: Kava, Kratom, Subutex, Suboxone, Pro-hormone's, designer or synthetic drugs and controlled substances of any kind. 2-3 random drug tests a week are required. If tested positive, residents will be discharged.
- Secure a sponsor and join a home group within the first 2 weeks. Attend 5 outside AA/ NA meetings and 1 mandatory house meeting each week.
- The first 30 days, meeting verification sheets will be required.
- A minimum commitment to live at the house of 90 days is required.
- Secure employment, schooling, IOP or volunteer work within the first two weeks. Daytime hours are highly preferred, 3rd shift jobs are not permitted. IOP, volunteer work and school will only be acceptable in lieu of employment if resident has alternative means to pay their rent and must be at least 25 hours combined.
- Pay rent when it is due. Your rent will be due each week, on the day of the week you entered the program. The most convenient way to pay your rent is online at www.middleriverasheville.com. Our rooms are \$175 per week. Upon move in we require a \$700 non-refundable administrative entrance fee + \$100 refundable deposit and the first 4 weeks of rent. For a total of \$1,500 to move in. The \$100 deposit is refundable as long as the resident gives at least a 2 week's notice of moving out. It is required that the resident has a reliable means to pay their rent until solid employment is secured. The first four weeks of rent are recommended to be paid up front in order to give the residents time to find employment and to become fully self-supporting.
- Keep rooms and living areas clean and follow all chore guidelines and assignments. Chores are to be completed and maintained every day.
- Be on property by designated curfew times. All curfew privileges are contingent upon residents ability to follow all rules of Middle River Asheville: *Curfew extensions may be considered for recovery or work related activities
 - Week 1: 10:00 pm
 - Weeks 2-4: 11:00 pm Sunday thru Thursday and 12:00 am Friday and Saturday
 - After week 4: 12:00 am Sunday thru Thursday and 1:00 am Friday and Saturday. Overnight passes are considered after 60 days and dependent upon staff approval
- Privileges for attending concerts, out-door live music events, festivals, and alike is dependent on your progress and approval by staff.
- No visitors on the property without prior approval by staff and housemate's.
- No burning candles, incense or smoking cigarettes in the house. Smoking is permitted outside.
- Sleeping on the couches and food in bedrooms is not permitted.
- Proper hygiene habits must be maintained.
- Being mindful of utility usage is required.
- If taking any approved medications, you must take them as prescribed.
- ZERO tolerance policies include, but are not limited to: Residents participating in violence both verbal and physical, bigotry, disrespect, purposely not complying to house rules, gambling, theft, destruction of property, associating with persons actively drinking or using drugs, possession of/the use of weapons, sexual relationships on the property and criminal behavior of any kind. Residents who do not comply to our ZERO tolerance rules will be discharged immediately and all program fee's will be forfeited.
- Middle River Asheville is not responsible for any lost, damaged or stolen items of residents and highly suggests not possessing anything irreplaceable while residing at the house.
- Video game consoles are only permitted in bedrooms and only with consent from your roommate.
- Residents must agree to a background check. Persons with sexual offenses or violent crimes are not permitted.
- If mandatory discharge is required, resident's belongings will be held for up to 2 weeks and then discarded or donated.

This is not a complete list of all the possible rules and/or violations that may happen. Staff will enter the house at any time to ensure all guidelines are being met. To insure a happy, drug and alcohol free recovery environment please do your part to use common sense when it comes to either doing or not doing something that may affect yours and others stay.