



JACOB CUNNINGHAM
NVHS BOOSTER CLUB FEATURED WINTER SEASON ATHLETE
BOYS SWIMMING PROGRAM

Booster Club Reporter: When did you start playing your sport/how did you get introduced to it?

Jacob Cunningham: I started swimming competitively when I was 7 years old, and it was my mom who introduced me to it.

Booster Club Reporter: Do you play any other sports?

Jacob Cunningham: Along with swimming, I play water polo as a goalie, and I've played many other sports before entering high school.

Booster Club Reporter: What has your sport taught you/what lessons have you pulled from it?

Jacob Cunningham: Swimming has taught me resolve and how to push through absolute mental and physical pain. It's expanded my boundaries and taught me how to take loss in stride and keep pressing on.

Booster Club Reporter: What do you wish you knew when you were just starting?

Jacob Cunningham: I wish I knew how to kick my legs while racing. I still don't really know how to pair my kick with my arms, and it's still a challenge for me.

Booster Club Reporter: What quote/inspiration do you resort to when things get really hard?

Jacob Cunningham: "Once you stop improving, everybody else will catch up."

Booster Club Reporter: Share something about you that isn't well known.

Jacob Cunningham: I'm a huge fan of old movies and old music as opposed to new movies and new music.

Booster Club Reporter: Where do you go from here? College plans?

Jacob Cunningham: I will be headed to UIC to continue my swimming and academic career and hopefully end up doing something in advertising or in the field of English/literature.

Booster Club Reporter: Do you have a role model?

Jacob Cunningham: I don't really have a role model. I have taken advice and philosophies from many different athletes and greats.