

December 2022

Menu

	Mon 28	Tue 29	Wed 30	Thurs 1	Fri 2
A.M. Snack 8:00-8:45	Cinnamon Roll Milk	French Toast Sticks Syrup Milk	Breakfast Mix Mix	Cereal Mix Milk	Pancakes Syrup Milk
Lunch 11:00-12:00	Taco Meat Tortilla Chips Mixed Vegetables Pears	Tomato Soup Cheese Cubes Crackers French Fries Banana	Breakfast Bake Hashbrowns Biscuit Blueberries	Grilled Chicken Wrap Lettuce Oranges	Meatballs Garlic Bread Mixed Vegetables Assorted Fruit
P.M. Snack 2:45-3:30	Vanilla Wafers Milk	Carrots w Ranch Juice	Muffin Milk	Yougurt Juice	Goldfish Milk
	Mon 5	Tues 6	Wed 7	Thurs 8	Fri 9
A.M. Snack 8:00-8:45	Poptart Milk	Fruit Milk	Yogurt Juice	French Toast w Syrup Milk	Muffins Milk
Lunch 11:00-12:00	Hot Dogs Bun Baked Beans Applesauce/Apples	Eggs French Toast Broccoli Mango	Chicken Patty Wrap Corn Strawberries	Lasagna Asparagaus Melon	Sloppy Joe Breadstick Lettuce Assorted Fruit
P.M. Snack 2:45-3:30	Turtles Milk	Vanilla Waffers Milk	Wheat Thins Milk	Cheese Cubes Crackers Juice	Puffcorn/Popcorn Milk
	Mon 12	Tues 13	Wed 14	Thurs 15	Fri 16
A.M. Snack 8:00-8:45	Bagel w Cream Cheese Juice	Waffle w Syrup Milk	Wow Bread Milk	Banana Milk	Rice Cakes Milk
Lunch 11:00-12:00	Shredded Beef Bread Carrots Mixed Berries	Cheeseburger Casserole Peas Pineapple	Chicken and Rice Cubed Potatoes Peaches	Pulled Pork Bun Green Beans Strawberry/Banana	Tomato Soup Crackers Celery Assorted Fruit
P.M. Snack 2:45-3:30	Pretzels Milk	Cold Meat Crackers Milk	Graham Crackers Applesauce Water	Muffin Milk	Chips and Salsa Juice
	Mon 19	Tues 20	Wed 21	Thurs 22	Fri 23
A.M. Snack 8:00-8:45	Nutri Grain Bar Milk	Pancake W Syrup Milk	Jelly Bread Milk	Cinnamon Roll Milk	Cereal Mix Milk
Lunch 11:00-12:00	Fish Sticks Roll Cali Blend Oranges	Taco Meat Tortilla Chips Corn Mango	Chicken and Noodles Mashed Potatoes Strawberries	Meatballs Garlic Bread Brocoli Cherry Medley	Pizza Peas Assorted Fruit
P.M. Snack 2:45-3:30	Cheeze its Milk	Fruit Milk	Ranch Crackers Juice	Goldfish Milk	Snack Mix Juice
	Mon 24	Tues 25	Wed 26	Thurs 27	Fri 28
A.M. Snack 8:00-8:45	Closed	closed	closed	closed	closed
Lunch 11:00-12:00	Closed	closed	closed	closed	closed
P.M. Snack 2:45-3:30	closed	closed	closed	closed	closed

* Snacks include 2 of the food groups

*Lunch includes at least 1 serving of each of the food groups

*All Juice is 100% Juice

*Milk always served with Lunch