

# Snack Menu - 2017



## SAINT MARY'S DAYCARE

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		Week 1	Week 2	Week 3	Week 4
Monday	Morning	Cereal & Milk Bananas	Cereal & Milk Fruit	Nutigrain Bars Milk	Cereal & Milk
	Afternoon	Apples Cheese & Crackers Water	Pretzels & Cheese	Melons Graham Crackers Water	Egg Salad Spread With Melba Toast Water
Tuesday	Morning	Cinnamon Toast Blueberries Milk	Bagel & Cream Cheese / Butter Berries Milk	Mixed Fruits Milk & Cereal	Cinnamon Raisin Toast with Fruit Milk
	Afternoon	Hot Dogs Whole Wheat Bun Water	Yogurt Apples Water	Muffins Grapes Water	Veggies & Dip with Pita Water
Wednesday	Morning	Yogurt With Granola Milk	Scrambled Eggs Toast & Oranges Milk	Mini Croissants with WOW Butter/ Jam Milk	English Muffins With Jam & Fruit Milk
	Afternoon	Pudding & Berry Water	Veggies & Hummus Crackers Water	Cold Cuts Cheese Breadsticks Water	Pretzels / Popcorn Cheese Water
Thursday	Morning	Pancakes & Applesauce Milk	Hot Oatmeal Pears Milk	Waffles Peaches Milk	Mini Muffins Bananas Milk
	Afternoon	Picnic Mix Oranges Water	Applesauce Graham Crackers Water	Rice Cakes & Creamy Cheese / Jam Water	Pizza Quesadillas Carrots Water
Friday	Morning	Leftovers Milk	Leftovers Milk	Leftovers Milk	Leftovers Milk
	Afternoon	Multigrain Tortillas Salsa Water	Banana & Cheese Water	Picnic Mix Water	Baked Goods Apples Water

**All Snacks are Nut Free**