



Kiddos Academy

December 17th to December 21st



Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:30 - 8:30	<ul style="list-style-type: none"> ✓ Biscuit ✓ Scrambled eggs ✓ Orange juice ✓ Milk 	<ul style="list-style-type: none"> ✓ Oatmeal ✓ French Toast ✓ Peaches ✓ Milk 	<ul style="list-style-type: none"> ✓ Turkey Sausage, Egg White & Cheese on WG English Muffin ✓ Pears ✓ Milk 	<ul style="list-style-type: none"> ✓ Grits & Honey ✓ Buttered WG Bread ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Scrambled Eggs ✓ Mozzarella & Roasted Garlic Chicken Sausage ✓ WG Bread ✓ Pineapple ✓ Milk
Lunch 11:00 - 11:30	<ul style="list-style-type: none"> ✓ Chicken & 3 Cheese Mini Tacos ✓ Refried Beans ✓ WG Rice with Black Beans ✓ Mango ✓ Milk 	<ul style="list-style-type: none"> ✓ Beef & Cheddar WG Wraps ✓ French Fries ✓ Strawberry ✓ Milk 	<ul style="list-style-type: none"> ✓ Mixed Vegetables, chicken Broth & Chicken ✓ WG Brown Rice with Peas ✓ WG Bread ✓ Banana ✓ Milk 	<ul style="list-style-type: none"> ✓ Breaded Wild Cod ✓ Tartar sauce ✓ Cream of Mushroom Soup ✓ WG Brown Rice with Carrots ✓ Tropical Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Beef and Bean Burritos ✓ Boiled Carrots ✓ WG Rice with Beans ✓ Water Melon ✓ Milk
Snack 2:00 - 2:30	<ul style="list-style-type: none"> ✓ Chex Mix ✓ Mandarin Oranges ✓ Milk 	<ul style="list-style-type: none"> ✓ String Cheese ✓ Ritz Crackers ✓ Mixed Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Yogurt ✓ Goldfish ✓ Peach ✓ Milk 	<ul style="list-style-type: none"> ✓ Oats 'n Honey Crunchy Granola Bars ✓ Fresh Oranges ✓ Milk 	<ul style="list-style-type: none"> ✓ Greek Yogurt ✓ Graham Cracker ✓ Peach ✓ Milk
Dinner 4:00 - 5:30	<ul style="list-style-type: none"> ✓ Parmesan Encrusted Tilapia ✓ WG Brown Rice ✓ WG Bread ✓ Tropical Fruit ✓ Milk 	<ul style="list-style-type: none"> ✓ Butterball Turkey Burgers ✓ WG Brown Rice with Vegetables ✓ Pears ✓ Milk 	<ul style="list-style-type: none"> ✓ Beef Fajita ✓ Refried Beans ✓ Honey Wheat Rolls ✓ Pineapple ✓ Milk 	<ul style="list-style-type: none"> ✓ Spaghetti Meat Balls ✓ WG Bread ✓ Fresh Salad ✓ Strawberry ✓ Milk 	<ul style="list-style-type: none"> ✓ Chicken Alfredo Penne pasta ✓ WG Garlic Bread ✓ Mixed fruit ✓ Milk

Notes:
