

JOANNE LUTZ - THIRD OPTION COACHING PROGRAMS

REMINDING YOU OF WHO YOU BE, SO YOU MAY LIVE YOUR BEST POSSIBLE LIFE!

- **One Hit Wonder - \$130/session**

The occasional check-in appointment - a 60-minute reminder of who you truly be.

- **Introduction to Third Option Coaching (for first time clients only) - \$280/package**

Three 60-minute sessions within six consecutive weeks. Is there mutual chemistry for an on-going coaching relationship? This package provides an opportunity for discovery.

- **Trial Run - \$660/package**

Six 60-minute sessions within 13 consecutive weeks. Give yourself the space to delve in. Together we seek to explore and move through a single obstacle that has been holding you back.

- **Touchstone Sessions - \$1,580/package**

13 (60-minute) sessions within 12 consecutive months. A built-in support system to remember who you truly be, with the flexibility of clustering several sessions close together, if life throws something unexpected your way.

- **Getting Your Groove Back - \$1,660/package**

16 (60-minute) sessions in 26 consecutive weeks. Shift your paradigm. Re-discover your essence and learn tools to listen to that inner wisdom day-to-day to experience life changing results.

- **Commitment to Growth - \$3,900/package**

40 coaching hours within 52 consecutive weeks. We begin by clearing out the habitual debris. With this new found space, you learn tools, create and expand a vision, connect to your divinity, and manifest the life you've been waiting to live, and simply didn't know how.

JOANNE LUTZ - TRANSITION COACH & LIFE GUIDE

REMINDING YOU OF WHO YOU BE, SO YOU MAY LIVE YOUR BEST POSSIBLE LIFE!

Joanne Lutz provides expert Life Guidance through her **Third Option Coaching** practice for individuals, couples, and small organizations. With Joanne's unique perspective and ability to support the emergence of a client's own wisdom, clients move through fear and limiting beliefs, achieving a new perspective with tangible results; they discover a **Third Option**.

In addition to a variety of coaching modules offered by phone or in-person, Joanne facilitates workshops and retreats to support your personal growth and spiritual well-being. If you desire a transformative change in your life, select the program that best creates space for you to learn new tools, receive on-going support, and discover the power of gliding back to your essential self again and again; live the life you've been waiting for!

Joanne walks the talk of the work she facilitates. In addition to years of study, Joanne continues to participate in a wide variety of growth and healing modalities. As such, she recognizes there are many "doorways" to mind/body/spirit healing. If her porch light beckons to you, come and see what might be illuminated for your well being.

JoanneLutz.com

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