

# NEWSLETTER

Issue 8

August 2014

## Creekside's New Activities

### Director, Judy Mills

We would like to extend a warm welcome to Judy Mills at Creekside Villas. She is the new Activities Director.

Many of you may already know her from doing Manicures and Pedicures at the facilities in the evenings. She already knows most of the residents and is wonderful with them.

At Creekside's recent luau Judy, pictured here, is demonstrating the fine art of the Hula-Hoop. Wish we had a video!. The luau included music, singing, dancing, crafts and loads of fun. Our dietary department cooked up lots of fun food ideas including Nutter-Butter beach seen here.



## Receptionist at the Lodge

Marie Trantham is our new receptionist. Marie has been working with us since October 2012 in the nursing department at Haywood Lodge. We are pleased to have this qualified employee on our team. Call or stop by to say "hello".



August will be another busy month. Just to name a few activities on the calendar: Watermelon Social (4th), Thrift shopping (5th), Picnic at Cataloochee or Sliding Rock and Looking Glass falls (15th), Haywood County fair (21st), Birthday bash w/ The Piano Man (26th), going on a picnic.

**Volunteers needed. We love extra help on the outings. Please contact Tammy Lowdermilk at 456-8365 x909.**



## Luau at Creekside in July

### Ice-Cream-In-A-Bag ... YUMMM!

In July residents made ice cream in the old fashioned way. Here's the recipe if you want to give this a try:

- Ice cubes (enough to fill each gallon-size bag about half full)
- 1 cup half and half
- 1/2 cup salt (The bigger the granules, the better. Kosher or rock salt works best, but table salt is fine.)
- 2 tablespoons sugar
- 1/2 teaspoon vanilla extract
- 1 pint-size ziplock bag
- 1 gallon-size ziplock bag



Your favorite mixins like chocolate chips, cereal pieces, or fresh fruit.

## Trip to Cherokee



On July 15 we took a trip to Cherokee. We took off across Soco stopping along the way to sight see and to feed the fish at Old Grouch's fish pond. Once we got into Cherokee we had a picnic down by the river, watching people wade and swim and also feeding the ducks our left over bread. After lunch, of course we HAD to go to Wendy's and have a frosty, then on into town for a little shopping. Though we were tired it was worth it.

## Our Locations

## HaywoodLodge.com

## info@HaywoodLodge.com

## Management

### Haywood Lodge

251 Shelton St  
Waynesville NC 28786  
(828) 456-8365/f 456-6792

### Creekside Villas

465 Boyd Avenue  
Waynesville, NC 28786  
(828) 456-9240/f 456-9012

### Spicewood Cottages

39 Loving Way  
Clyde, NC 28721  
(828) 452-3822 - Oaks  
(828) 452-0238 - Elms  
(828) 452-0913 - Willows

Aaron Crawford, Executive Director

Janice Fisher, Marketing & HR Director

Jaci Reynolds, Business Manager

Jenny Kwiatkowski, Transport

### Spicewood Cottages

Skie Jones, RN, Nursing Supervisor

Michale Doll, Dietary Supervisor

Jessica Jones, Activity Coordinator

### Haywood Lodge

Cathy Lowdermilk, Resident Care

Alice James, Food Services

Tammy Lowdermilk, Activities

Tish Lawrence, EVA

Ben Moody, Enviro Svcs

### Creekside Villas

Ruby Moore, Resident Care



## Yard Sale News

June's annual Yard Sale was very successful, raising \$800+ from the donated items, bake sale and hotdog stand. 50% of the earning were given to Sarge's and the other half

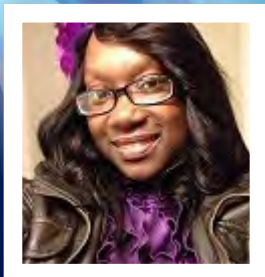
will be used to take residents out to lunch or on outings. Lots of fun for everyone. We sure do appreciate the volunteers that helped!



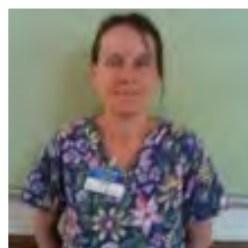
## **August Birthdays!**

Arthur Pitts—1st  
Sharon Stowe—2nd  
Joyce Kievett—5th  
William Haney 5th  
Louis Williams—6th  
Marilyn Grant—14th  
Gretchen Betlem—22nd  
Wanda Middleton—29th

## *Employee* **Of the Month**



**Erica Ward**  
July 2014



**Caroline Shipman**  
August 2014

Erica is a very hard worker and goes above and beyond to provide excellent care to the residents.

Erica's personality lights up the room and makes everyone at Spicewood Cottages enjoy working with her. The residents enjoy being around her and love that she is their med tech.

Loves everybody, excellent attendance, and always courteous and friendly. Caroline loves time with her grandchildren and family. A nursing employee since 2012 at Creekside, and previously at Spicewood for a few years, she consistently provides exemplary care to residents and helps with all departments including dietary & housekeeping.

## From the Activities Department:

It is almost August and I am trying to figure out where January thru July went. The saying is "Time flies when you are having fun" and I guess that is what is happening here at Haywood Lodge. We have been busy making homemade ice cream, crafting, singing, playing games and going on outings.

I would like to thank all the nursing staff, kitchen crew and Aaron for helping make the activities possible. Without all of you it would be nearly impossible to make them happen.

**Tammy Lowdermilk** — Activities director



## **Residents of the Month**

### *Haywood Lodge*

Kris Morgan

Kris loves horseback riding, her children and family. She was born in Chicago and has a real talent for drawing and knitting. She is always appreciative and grateful.

### *Spicewood Cottages*

Alma Holcombe

Kitty always enjoys a good conversation with visitors, and always has good things to say. She loves to see her grandchildren.

### *Creekside Villas*

Lillian "Kitty" Grasty

Alma is always laughing and smiling, holding doors for people and loves to socialize. Alma checks to see how others are doing and has a heart of gold. We are glad she is