

Help from God

By Roy Stephenson

In Psalm 20, David said, "May the Lord answer you in the day of trouble! May the name of the God of Jacob protect you! May He send you help from the sanctuary and give you support from Zion!"

Did you notice the exclamation points in this psalm? You will see more exclamation points in verses 3, 4, and 9. The translators want us to see David's great emotions. David expects a positive response from God. He is certain that God will send him help. His help will come "from the sanctuary."

In Psalm 30:2, David is thankful and says, "Oh Lord my God, I cry to you for help and you have healed me." We ought to depend on God as David did.

During this National Emergency and worldwide pandemic, we are learning new behaviors, such as keeping our distance from each other. But we should pray for our world, reach out to one another with encouragement, and rely on God for our help.

Christians have a Great High Priest who is able to sympathize with us and who gives us confidence as we draw near to God's throne in prayer (Hebrews 4:15-16). We are valuable to each other, and need encouragement, but our greatest spiritual lift will come from God. "May the Lord answer you in the day of trouble!" I got that from David.

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