

Bettendorf Wrestling Club

2017-18 Information

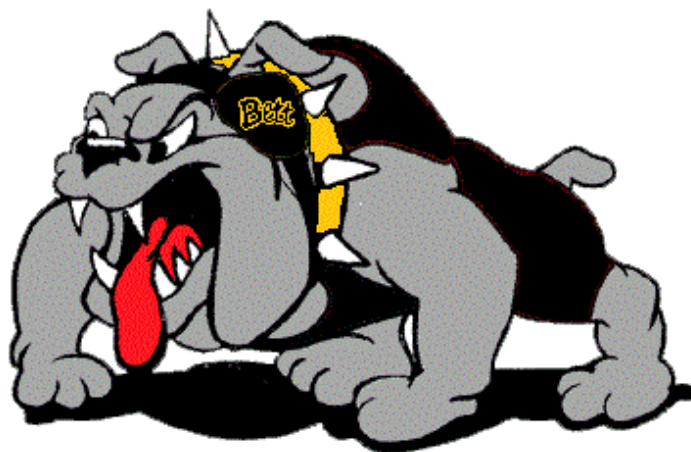
The Bettendorf Bulldog Wrestling Club is a terrific opportunity for kids to learn the sport of wrestling in a fun and supportive environment. The Bettendorf Wrestling Club strives to develop confidence, self-discipline, positive attitudes and good sportsmanship. The Bettendorf Wrestling Club is one of the top clubs in the state of Iowa and is the feeder program to the perennial state and national powerhouse Bettendorf High School Wrestling team. The goal of the Bettendorf Wrestling Club is to not only prepare young wrestlers to compete at the high school level but also to help build the character traits and work ethic that will make them successful in life.

Coaches:

Wade Baffa	Brady Glazebrook	Rob Murray	Miguel Trevino
Aaron Bartels	Tim Hernandez	Scott Newton	Joey Trizzino
Tim Clark	Dan Knight	Chad Odom	Mark Trizzino
Brian DeKeyser	Josh Liddle	Kyle Schoenfelder	Matt Vercillo
Jason Evans	Sergio Mendoza	Jeff Swarm	

Board Members:

Brady Glazebrook – President
Kyle Schoenfelder – Vice President
Wade Baffa – Secretary
Sergio Mendoza – Treasurer
Scott Newton
Miguel Trevino
Josh Liddle
Tim Hernandez
Ken Jefferson
Mark Trizzino
Jason Evans
Jim Kerr



Bettendorf Wrestling Club

Fees:

Registration Fee: \$60.00 – Includes Club registration, AAU card and t-shirt (if registered by 11/1/17)

Facility Usage Fee: \$25.00 (\$50.00 for non BCSD students)

Register At: <http://bettendorfwrestlingclub.siplay.com/site/>

Equipment:

Competition Singlet: Singlets are not required but are recommended for competitions. Singlets can be purchased online for \$40.00 (see BWC website). We do have a limited number of used Club singlets that will be sold for \$10-\$30. Club singlets are required to be worn at Districts and State in order to be eligible for the Club issued warm up and at any tournament that a wrestler is receiving Club funds.

Headgear: Headgear is not required at practice (required at some tournaments).

Shoes: Wrestling shoes are recommended but not required. If a wrestler does not wear wrestling shoes a clean pair of athletic shoes must be worn. Wrestlers will not be permitted to practice without shoes. No “street” shoes are to be worn on the wrestling mats by wrestlers or parents.

Practice Attire: Shorts and t-shirts are recommended. No clothing with snaps, buttons or zippers will be permitted.

Equipment Swap: The Club has a Facebook “Equipment Swap” page. This is a good way for Club members to pass along used shoes, headgear and singlets to other club members. Items posted on this page are to be donated. Anyone selling items on this site will be blocked.

Safety Policies:

Fingernails: Fingernails must be trimmed short enough that they will not scratch other wrestlers.

Jewelry: No jewelry is permitted at any time. This includes rings, watches, earrings, necklaces and bracelets (medic alert bracelets are permitted as long it remains covered with tape).

Personal Hygiene: Each wrestler should shower immediately following all practices or competitions.

Skin Disease: The wrestling mats are disinfected daily. This combined with each wrestler showering immediately after practice will greatly reduce the chances of spreading skin diseases. If your child shows any signs of skin irritation, please see one of the coaches.

Injuries: Most injuries in wrestling practice will be minor (scratches, bloody nose). In the event of a more serious injury the coach will first check to see if a parent is present. If a parent is not present the coach will call the emergency contacts provided.

BWC Website: www.bettendorf-wrestling-club.com

REMIND App: www.remind.com/join/4hc7a8 – Used to send reminders, news and cancellations

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Competitions:

When should a wrestler begin competing? Ultimately the decision of when to begin competing will be between the parent and wrestler. If you are unsure, feel free to discuss the concern with the coaches before or after practice. The coaches will offer insight on which tournaments might best fit the goals you have for your child. As a general guideline we recommend that wrestlers go out and compete. The tournaments give wrestlers a chance to use what they are learning in practices and offer the needed mat time for success in the sport.

When are tournaments? You can find tournaments almost every weekend from late October through March. We will be participating in 5 tournaments as “official” Club tournaments plus the AAU District and AAU State Tournaments.

Bettendorf Wrestling Club Bi-State Tournament: This is our Club’s tournament held on Sunday, January 14, 2018. This tournament not only gives our wrestlers a chance to wrestle in front of a Bettendorf crowd it is also the Club’s largest fundraising event for the year. Due to the size of this event at least one member of each family is required to work a shift. This is a great tournament with over 600 wrestlers and it cannot happen without your support.

Practices:

K-2 nd Grade	Middle School	Monday & Wednesday	6:00 – 7:15 pm
3 rd -5 th Grade	High School	Monday & Wednesday	6:00 – 7:15 pm
6 th -8 th Grade	High School	Monday & Wednesday	7:15 – 8:45 pm

November – 1,6,8,13,15,20,27,29
No Practice – 22

December – 4,6,11,13,18,20 No K-2nd Practice On 12/11
No Practice – 25,27

January – 3,8,10,17,22,24,29,31
No Practice – 1,15

February – 2,5,7,12,14,19,21,22,26,28

If school is cancelled practice will be cancelled

One practice at HS 6:00-7:15 (Feb 2,19,22,26,28)

Any optional practices over holidays will be announced

K-2nd grade practices start 11/27

3rd-8th grade practices start 11/1

Middle School Wrestling Room: Enter at the main entrance. Go through the doors, go straight ahead, crossing two hallways, until you reach the wrestling room.

High School Wrestling Room: Enter the main gym entrance (off 18th). Go through the doors, turn left and go down the stairs. At the bottom of the stairs turn right and follow the hallway. You will pass the pool area and enter the stairs immediately after the pool. This brings you to the back side of the wrestling room. **You must go this way. Please do not take a shortcut through the gym. This will disrupt basketball practice and cause problems for the Club.**

Bettendorf Wrestling Club

Wrestler/Parent Code of Conduct

Please review these rules with your child:

Practice:

1. Attend, and be on time, for scheduled practices.
2. Wrestling shoes or clean tennis shoes must be worn at all practices/tournaments. No "street" shoes on the wrestling mats.
3. No horseplay before practice. If you want to be on the mat you should be working on wrestling moves.
4. No Climbing or running up the wall mats.
5. If wrestlers/parents/siblings are distractions during practice they will be asked to leave.
6. Report all injuries to a coach immediately.
7. No talking while the coaches are talking.
8. Give 100% effort at all times.
9. Positive attitude. Have fun!
10. Good sportsmanship at all times.

Tournaments:

1. Represent the Bettendorf Wrestling Club in a positive manner at all times. If you can't do this you will be asked to leave.
2. Give 100% effort at all times.
3. Positive attitude. Have fun!
4. Good sportsmanship at all times.
5. Shake your opponents hand before and after the match. Win or lose you need to be respectful.
6. Do not complain or question the calls made by the referee. If a call is questionable the coaches will discuss it with the official.

By participating in the Bettendorf Wrestling Club the Wrestlers and Parents agree to abide by these rules.



Bettendorf Wrestling Club

Please take the time to visit and thank the businesses and individuals that have so generously sponsored the Bettendorf Wrestling Club through their donations to the 2017 Golf Outing.

Bellig Family
Wainwright Orthodontics – Bettendorf, LeClaire, Moline
XPAC - Milan
Crown Trophy – Bettendorf
Summit Training Center – Bettendorf
Schumacher Company - Durant
Adcraft – Clinton
Bad Boy'z Pizza – Davenport
Bill & Sue Eby
Billy Jochman Memorial
Brad & Lorelee Cole
Brady & Danyel Glazebrook
Computer Systems Professionals – Bettendorf
Diamond Builders - Milan
Fresh Blends - Bettendorf
Gallagher, Millage and Gallagher – Bettendorf
Griffin Family
IDLife – Hernandez Family
Jefferson Family
Mendoza Family
Morris Family
Radon Solutions – Bettendorf
Rainbow International of the Quad Cities
Reitz Construction – Blue Grass
Riverbend Signworks – Bettendorf
Shaw Wellness – AdvoCare Independent Distributors
Temples Sporting Goods – Moline
Randy & Darlene Glazebrook
Ruth Kennedy
Barrel House –Davenport, Moline, Silvis
Biaggis - Davenport
Blue Iguana – Le Claire
Brent Skogland
F&S Enterprises by Frank Slaby
Governors – Bettendorf
Granite City – Davenport
HyVee – Davenport (53rd & Utica Ridge)
Jimmy Johns – Bettendorf
John Cook
John Groves
Magellan Pipeline – Bettendorf
NearFall Clothing
Pancheros - Davenport
QC River Bandits – Davenport
Rick Stahl
Steventon's - LeClaire