

## 2018 JRC Track Practice Schedule

Date	Start	Finish	Details	Location
4/2/2018	7:00	8:00	CANCELLED	JMS
4/4/2018	6:30	7:30		Horizon
4/8/2018	5:00	6:30		Horizon
4/9/2018	6:30	7:30		Horizon
4/11/2018	7:00	8:00	7-8 running, field events TBD	JMS
4/15/2018	5:00	6:00		Horizon
4/16/2018	6:30	7:30		Horizon
4/18/2018	6:30	7:30		Horizon
4/20/2018			DCG Meet	DCG HS
4/22/2018	12:00	5:00	JRC Elementary Meet	JMS
4/22/2018	5:00	6:30	5-6 running, 6-6:30 field events/hurdles	JMS
4/23/2018	6:00	7:30	6-7 running, 7-7:30 field events	Summit
4/25/2018	6:00	7:30	6-7 running, 7-7:30 field events	Summit
4/29/2018	5:00	6:30	5-6 running, 6-6:30 field events/hurdles	JMS
4/30/2018	7:00	8:00	7-8 running, field events TBD	JMS
5/2/2018	7:00	8:00	7-8 running, field events TBD	JMS
5/6/2018	5:00	6:30	5-6 running, 6-6:30 field events/hurdles	JMS
5/6/2018			Iowa Speed Meet	Tiffin
5/7/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
5/9/2018	7:00	8:00	7-8 running, field events TBD	JMS
5/12/2018			Excaliburs Meet	Waukee
5/13/2018	5:00	6:30	5-6 running, 6-6:30 field events/hurdles	JMS
5/14/2018	7:00	8:00	7-8 running, field events TBD	JMS
5/16/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
5/20/2018	5:00	6:30	5-6 running, 6-6:30 field events/hurdles	JMS
5/21/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
5/23/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
5/24/2018	5:00	8:00	JRC/ATC Relay Meet	JMS
5/28/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
5/30/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
6/3/2018	11:00	7:00	JRC Meet	JMS
6/4/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
6/6/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
6/10/2018	5:00	6:30	5-6 running, 6-6:30 field events/hurdles	JMS
6/11/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
6/13/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
6/16/2018			USATF State Meet	ISU
6/17/2018			USATF State Meet	ISU
6/18/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
6/20/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
6/24/2018	5:00	6:30	5-6 running, 6-6:30 field events/hurdles	JMS
6/25/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
6/27/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS

## 2018 JRC Track Practice Schedule

<b>Date</b>	<b>Start</b>	<b>Finish</b>	<b>Details</b>	<b>Location</b>
6/30/2018			AAU Regionals	Simpson
7/1/2018			AAU Regionals	Simpson
7/2/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
7/4/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
7/7/2018			USATF Regionals	ISU
7/8/2018			USATF Regionals	ISU
7/9/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
7/11/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
7/15/2018	5:00	6:30	5-6 running, 6-6:30 field events/hurdles	JMS
7/16/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
7/18/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
7/21/2018			Iowa Games Track Meet	ISU
7/22/2018	5:00	6:30	5-6 running, 6-6:30 field events/hurdles	JMS
7/23/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
7/25/2018	6:00	7:30	6-7 running, 7-7:30 field events/hurdles	JMS
7/29/2018	5:00	6:30	5-6 running, 6-6:30 field events/hurdles	JMS
			AAU Nationals	Drake