



Mah BoundLotus® Treatments ***Align with Your Destiny®.***

What is a MahBoundLotus® Treatment?

A MahBoundLotus® Treatment aligns you with your destiny. It is a sacred experience of coming into relationship with yourself at your highest level.

A MahBoundLotus® Treatment can also allow the destiny of an individual to change...If it is necessary for one's higher good.

This treatment form was first taught to MahanKirm by YogiBhajan. MahanKirm and GuruDev Singh have certified healers in this treatment form.

How Many Treatments are Necessary?

A MahBoundLotus® Treatment, originally given as a once in a lifetime experience; except in cases of severe nervous system damage or stress. In these times of Aquarian beginning assimilation to this age produces such a nervous system stress that the treatment may be done on an annual basis by a certified MahBoundLotus® healer.

What Happens During a MahBoundLotus® Treatment?

During the treatment the practitioner sits before the client in Bound Lotus, at the same time practicing Sat Nam Rasayan contemplative healing on the client. The sits comfortably cross legged and may choose to lean against a cushioned wall or to lie down.

This fusion in the posture of Bowing Bound Lotus, taught by Yogi Bhajan, as the most powerful yogic posture, with the grace and space of Sat Nam Rasayan®, creates the shift in alignment with destiny in the client.

After this time the client and the practitioner sit face to face, while the practitioner uses a technique of Sat Nam Rasayan®, administered through the eyes. This is sometimes called "bringing infinity through the eyes." This second phase of the treatment does not have a set time, and can last as long as approximately 22 minutes.

During the second phase the practitioner and client also synchronize breathing. This is a simple process that will be shown to you during your treatment.

What Should I Do After the Treatment?

Immediately after a treatment the client allows time to rest before leaving the treatment site.

Some clients find that they need more rest than usual for a week or two after the treatment. If this is the case for you try to make time for this in your schedule. Your system has just undergone a lot of change.

Some clients find that they are releasing after a treatment, either as a physical or emotional detoxification or both. In either case drink plenty of water. Meditate. You may wish to journal or draw to encourage the process of release. Support is available for questions or recommendations.

Make sure you are getting plenty of support from friends and family, and taking good care of yourself to facilitate the process of change gracefully.

You may also find your life post treatment becomes easier. As though what you need to do is simply flowing through you. Those conditions, relationships, beliefs and situations that counter your really being you, just begin to drop off and drift away or they begin to change to become in line with your true nature. New possibilities gracefully emerge, direction from the core of you may seem suddenly clearer than ever before.

Scheduling Appointments

Due to the intense nature of these treatments, a limited number are given each week.

Cost of Appointments

Treatment cost is \$1100 USD and €1001 Euro.

This process includes a remote Sat Nam Rasayan® Treatment after 40 days.

Payment Plans are available. Full payment or Payment plan arrangements are due prior to the appointment.

If interested in ongoing support treatments of Sat Nam Rasayan, a 4 treatment package is available.

