



"This was the change that needed to happen even though it was so hard."

Our Therapeutic Boarding School Staff is Making Lasting Change in American Teens

"A year ago when we dropped our daughter off at Caribbean Mountain Academy, it was the hardest thing we've ever done. I felt like I was abandoning her even though I knew I could not help her the way she needed. I wasn't equipped for that. After arriving in the Dominican Republic and meeting the staff at Caribbean Mountain Academy, I was overwhelmed with a sense of peace. The staff were so inclusive. So patient. They reminded me that I'm not the only parent that feels this way or the only one who's struggling with their child. I knew, in that moment, that this is where God wants her to be. I still walked away brokenhearted, but I also had hope for the first time in a very long time.

Throughout the next year, I witnessed so much change in her. I've watched this amazing progression over our online therapy sessions, our phone calls and email conversations. When I traveled back to the Dominican Republic to pick her up a year later, I saw this person who was no longer broken. God had made her whole again. It was incredible to see her again in the flesh. I felt like I had my little girl back. She had always brought me such joy up until a couple years ago, but she's here again. It's a miracle and the Lord is so good. He worked through the staff here to show her His love and she decided to take the steps to be the wonderful human being He made her to be. She has so many gifts inside of her and has been so bogged down with the cares of this world and the hurt of her childhood. She's had the freedom here to let that go and be seen as God sees her. -Like a child of God. She just glows and it's absolutely beautiful."

- A parent of a recent Caribbean Mountain Academy Graduate

LASTING CHANGE

Lifeline CROSSWINDS
Mental & Family Services, Inc.

Crosswinds.org | (800) 509-6884
4150 Illinois Road | Fort Wayne, IN 46804

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FALL 2017

"Working for His Purpose"

Mark Terrell
CEO

Someone recently asked me if I knew what we do would be as big as it is today. I immediately laughed to myself as I remembered that at one point all I was thinking was if we would have enough money to meet the payroll for the 16 employees working for us that week.

Someone even suggested to me the idea that we might be doing work across the country. At the time, I thought the idea was absurd that we'd ever be working outside of Northeast Indiana.

Fast forward to today and we have 600+ employees working with over 30,000 people a year. I'm reminded of our growth every month when I speak to our new hire training class. These classes are consistently bigger than the entire organization when I became the CEO 25 years ago.

I don't say much I don't believe, and I believe God has been working in this organization to do something incredible. He has been working in seemingly small, disconnected projects to prepare us to be a national leader for years now.

He has provided a group of passionate leaders that have a heart for helping broken people, broken families and broken communities. One in four people in this country struggles with mental illnesses. The part that keeps me, and many of my staff, up at night is two-thirds of these people do not seek help. God is calling us to change this. God is calling YOU to change this.

In Romans 8:28 it says: "And we know that all things work together for good to those who love God, to those who are the called according to His purpose."

There are many Christians who look at the current state of our country and have simply given up and are just hoping for the Lord to return. Although I am all for Him returning, I believe that what we do is so important that God can, if he chooses to, bring about the revival of our country.



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You might be rolling your eyes as you read this and I understand that, but I would challenge you to begin to think about what could happen if we all worked together for "His purpose".

As you read through this newsletter, I want you to invite you to help with "His purpose", whether it's praying for our staff as they reach the brokenhearted to help them find hope through counseling services, or supporting our staff who work with troubled American teens at our therapeutic boarding school in the Dominican Republic, I want you to be a part of this change. Maybe it's just reaching out to someone in your life who you know is going through a difficult experience. Let them know there is help and hope available.

Together we can help individuals succeed, families thrive and communities prosper.

Mark Terrell

Chief Executive Officer

UPCOMING



Reserve your tickets now!

Mark your calendar for Jazzin' Up January 2018

Join us for our biggest event yet! Not only will there be delicious food stations, jazz music from the New Millennium Jazz Orchestra, and a silent auction, but you can help us celebrate Lifeline's 50th anniversary. Our 50 years of experience at Lifeline, has helped Crosswinds become one of the biggest counseling services in Indiana. You won't want to miss the opportunity to learn more about us on this night.

Thursday, January 25, 2018

Save your spot before tickets run out: Crosswinds.Org/Jazzin

Connect with us:



Individuals Succeed. Families Thrive. Communities Prosper.

Over 400 Backpacks Distributed to Struggling Families Through Community Celebration



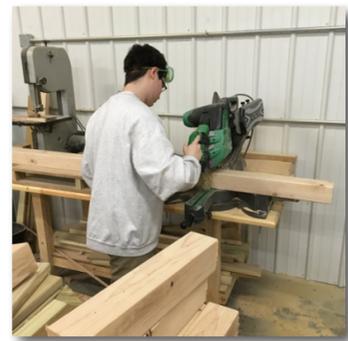
Mayor Tom Henry announced August 3rd as “Project Incentive Day” to mark the program’s 30th Anniversary. Lifeline Youth & Family Service, celebrated the 30 years of Project Incentive during an annual cookout and backpack distribution at Brookmill Court Apartments on Aug. 3rd. This is a Lifeline program that includes a free-of-charge preschool that operates five days per week, with weekly lesson plans and activities centered on specific educational themes. Lifeline understands the cost of school supplies is on the rise and many struggling parents face the

choice of purchasing school supplies or providing basic needs like food for their children. Lifeline partnered with The Chapel, Parkview Health, local businesses, organizations and individuals to collect over 400 filled backpacks for the children at Brookmill Court Apartments, a low-income housing community in Fort Wayne. At this event, Backpack Round Up, families gathered for a free meal and activities for the children including pony rides, carnival games, face painting and music, as well as health and safety information.

Vocational Program Helps Builds a Future For Young Men at Pierceton Woods Academy

Meet Eric. Eric lives in our residential facility in Pierceton after several bad decisions resulting from an early childhood of neglect and abuse. While at Pierceton Woods Academy, Eric has been working hard with our therapists to change his life and to learn how to make better decisions. Eric has always been drawn to the woodshop at PWA. Working in the woodshop through our vocational program has provided Eric the preparation he needs to successfully enter the workforce, including that first real job experience that can be referenced as he seeks employment after leaving our program—something that can be difficult for kids like Eric to obtain. The hours he has spent in the woodshop has ignited a passion in Eric. After a few weeks, Eric was awarded “Project Foreman” over a large project involving building piers for a business in the community. He was

so excited to receive such an honor that he immediately wanted to tell his grandfather. He knew he would be proud to see him doing so well. Eric even asked for a stack of business cards for the woodshop to give to his grandfather to hand out to friends and neighbors. Because of your support of the vocational program, Eric has found a sense of purpose. For a kid who was all but written-off, this is the start of a new future, full of hope and determination.



Giving Hope To More Families Than Ever Through Online Counseling

Since it’s inception in 2012, Crosswinds has been reaching more and more families through counseling in clients’ homes, at our multiple offices across Indiana and now online through any device. With the number of families needing help on the rise in recent years, we have been able to expand our services by offering online counseling at an even lower rate than traditional counseling. Clients who choose online counseling and connect with their therapist or coach from the comfort of their phone, tablet or computer will receive the same benefits as traditional counseling. This eliminates a commute to an office, and scheduling an online sessions helps those who have busy lives but still need help. We look forward to utilizing online counseling to extend our reach beyond Indiana as we take our place as a national leader in helping individuals succeed, families thrive and communities prosper.



“She Helped Piece Us Back Together”

“When I reached out to Crosswinds my family was in crisis. My daughter was cutting herself. My son was distant and depressed. My marriage was strained. I felt shame as a mother and didn’t want anyone to know how desperate we were. I was able to do much of the intake discreetly through email. Shanna came to our home. She didn’t judge us. She helped piece us back together. Less than one year later we were back on track! We are once again the loving family that I am proud of!”

You Are Helping Our Real Life Heroes

Because of your generosity through this year’s Crosswinds Planking Challenge, we’ve been able to offer counseling and coaching hours to police, fire and military personal at reduced rates. We are so grateful for your support and passion for helping those who sacrifice so much.



Mission Trips Aren’t Always Filled With Manual Labor

When planning a mission trip to our campus in the Dominican Republic, most groups think they’ll have to put in hours and hours of work on construction projects or will be doing work they may not be comfortable doing. This is simply not true at all. Every team gets to choose what type of service project to spend their time on during their Mission Trip. One group that always brings their own unique flair to the DR is World Baseball Academy. A yearly visitor of our campus, WBA uses their week to faithfully to bring the gospel, encouragement, smiles and sports to Dominicans. They participate in Baseball Outreach, Volleyball Activities, & Kids Ministry Outreach through out the neighboring community.

Caleb Kimmel, CEO of World Baseball Academy said in a post on Facebook, *“This has simply been an amazing week for so many reasons. We’ve served easily over 200+ Dominican kids, shared our heart & listened to the vision of community leaders, serving Caribbean Mountain Academy staff & students, and watching a group of Ten team members from varying backgrounds/ages unite for a common purpose and focus of being the hands & feet of Christ. What a week!”*

We’re now booking mission trips for 2018! If you’d like information, please email us at info@crosswinds.org.



Faith to Move Our Mountain Campaign

Have you received the “Faith To Move Our Mountain” Catalog in the mail?

This catalog describes how you can make a difference in the facility updates for those who serve, live and visit the campus.

Learn more: Crosswinds.org/Mountain

