



Noreen's Kitchen

Creamed Spinach

Ingredients

Serves 4 to 6

3 pounds fresh baby spinach, washed, cooked & squeezed dry or 2 packages frozen spinach thawed and squeezed dry	3 to 4 cloves garlic, minced
4 tablespoons butter	1/4 teaspoon ground nutmeg
1/2 medium onion, chopped	1 cup, heavy cream
	1/2 cup grated parmesan cheese

Step by Step Instructions

Melt butter in a large skillet.

Sautee garlic and onion until onion is translucent.

Add spinach to skillet and mix well.

Add cream and stir through.

Allow cream to reduce by 1/3 over medium heat just until slightly thickened.

Add parmesan cheese and nutmeg and stir to combine.

Remove from heat and serve.

Enjoy!