



## **Tips for mailing blood samples**

- Keep all samples cool and out of the elements.
  - In the Summer – keep samples in a cooler with and ice pack or refrigerated until shipped
  - In the winter – keep samples out of freezing temperatures
- Check that all tubes are Labeled
- Bundle tubes together with a rubber band
- Wrap bundles in paper towels or other absorptive material
- Place wrapped samples in Ziploc bag or self sealing baggie
- Securely Pack the bags with bubble wrap or absorbent newspaper
- Include Client information – Name, Address, Phone Number, Email address etc....
- Place sample submission forms, checks and any other paperwork in a Ziploc and place on top of samples.
- Ship in a box, do not use envelopes (machines used in sorting can crush blood tubes)
- Ship overnight is possible – prevents samples from sitting in a non-temperature-controlled environment (freezing/overheated warehouses)

## **Shipping Address:**

609 Franklin Avenue  
Sunnyside, WA 98944

Please call with any questions: (509) 836-2020