

Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069
 Hours 9:00am to 4:00pm

COME JOIN US!!!
 Lunch Served Daily
 Monday Thru Friday
 11:30am TO 12:30Pm



JUNE 2019

SUN	MON	TUE	WED	THU	FRI	SAT
<p>2 Senior Information 464-3069</p>	<p>3 Stir Fried Chicken & Vegetables, Brown Rice and Pineapple w/Coconut</p>	<p>4 Pesto & Mushroom Pizza, Romaine Salad w/Peppers & Tomatoes, Fresh Orange and Ice Cream Salad Bar</p>	<p>5 Burgers on WW Bun w/Lettuce, Tomato & Onions, Oven Browned Potatoes, Evie's Bean Salad and Cantaloupe</p>	<p>6 Chinese Chicken Salad, Whole Wheat Dinner Roll and Mandarin Oranges</p>	<p>7 Hot Turkey Sandwich on WW Bread w/Gravy, Mashed Potatoes, Broccoli & Cauliflower and Peach Cobbler</p>	<p>8</p>
<p>9 </p>	<p>10 Chicken Cacciatore w/WW Pasta, Spinach, Romaine Salad w/Peppers and Garlic Bread</p>	<p>11 Scrambled Eggs w/Green Onions, Oven Browned Potatoes, Biscuits w/Gravy and Strawberries Salad Bar</p>	<p>12 Stuffed Peppers, Spinach Salad w/Mandarins & Red Onions, WW Bread and Pineapple w/Coconut</p>	<p>13 Chef Salad, Whole Wheat Dinner Roll and Peaches</p>	<p>14 French Dip Sandwiches, Tossed Salad w/Romaine & Spinach and Cantaloupe</p>	<p>15 </p>
<p>16 </p>	<p>17 Tuna Sandwich on WW Bread, Home Made Tomato Soup, Marinated Broccoli & Cauliflower Salad and Apples</p>	<p>18 Variety Pizza, Romaine Salad w/Peppers & Tomatoes and Watermelon Salad Bar</p>	<p>19 Beef Bourguignon w/WW Pasta, Braised Cabbage w/Dill, Romaine Salad w/Red Peppers and Pears</p>	<p>20 Baked Chicken, Sweet Potatoes w/Apples, Mixed Vegetables, WW Bread and Fresh Fruit</p>	<p>21 Pork Loin w/Sweet n Sour Sauce, Oriental Vegetables, Pineapple Coleslaw, Coconut Rice and Hawaiian Luau Cake</p>	<p>22</p>
<p>23</p>	<p>24 Spaghetti w/Meat Sauce, Cauliflower & Carrots and Sliced Tomatoes w/Basil</p>	<p>25 Vegetarian Taco Salad w/Tortilla Chips, Onions & Peppers and Oranges</p>	<p>26 Chicken Salad, Pea Soup and Whole Wheat Roll</p>	<p>27 Baked Fish, Spinach, Tangy Coleslaw, Brown Rice Pilaf and Strawberries</p>	<p>28 Burger on WW Bun w/Lettuce, Tomato & Onions, Sweet Potato Fries, Romaine Salad, Watermelon and Ice Cream Sundaes</p>	<p>29 Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304</p>
<p>30 Menu is Subject To Change Without Notice</p>						