

Menu Form for children ages 1-12 years

Month Menu # 1Year 2017

	Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<ul style="list-style-type: none"> Bread or bread alternate (including cereal) Juice or fruit or vegetable <ul style="list-style-type: none"> Milk, Fluid 	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk
Snack	<ul style="list-style-type: none"> Milk, fluid Juice or fruit or vegetable Bread or bread alternate Meat or meat alternate 	Juice Raisins Pretzels	Juice Vanilla Wafers Vanilla Pudding	Water Bananas Wheat Thins	Water Apples/Carmel Mini Clubs	Juice Wheat Muffin Cream Cheese mixed with Jelly
Lunch	<ul style="list-style-type: none"> Meat or meat alternate Vegetable and/or fruit 2nd Vegetable or fruit Bread or bread alternate <ul style="list-style-type: none"> Milk, fluid 	Chicken Patty Baked Beans Pears Bun Milk	Twice Baked Potato Casserole (Ham) Broccoli Peaches Milk	Cranberry Meatballs Corn Apricots Bread and Butter Milk	Pepperoni Pizza Boat Peas Strawberries Wheat muffins Milk	French Toast Sausage Links Tator tots Oranges Milk
	<ul style="list-style-type: none"> Milk, fluid Juice or fruit or vegetable Bread or bread alternate Meat or meat alternate 	Water Pineapple/Ham Crackers	Water Fresh Peppers/Dip Triscuits	Juice Cereal Mix	Juice Seasoned Oyster Crackers	Water Grapes Teddy Grahams

Use these codes: (1) New food, (2) Nutrition activity, (A) Vitamin A food, (C) Vitamin C food, (HM) Center made (S) Seasonal