



# Southwestern REACTer



JULY 2016

## From the Editor

By John Wright, SWR 042

You have probably noticed the REACTer looks a little different this month.

Last month I was asked to take over editing the team newsletter after the resignation of the previous editor. I currently edit newsletters for two other volunteer organizations and am looking forward to making the REACTer the best it can be.

I plan on including photos every chance I get and I will be seeking articles from team members and others that pertain to our mission and to amateur radio in general. Links to internet resources and email addresses in the REACTer will be live links and can be directly clicked on.

The REACTer deadline will be the Saturday prior to the monthly general meeting and will be published prior to the general meeting.

If there is anything that should be included in the REACTer, don't hesitate to let me know.

The editor email is: [editor@southwesternreact.org](mailto:editor@southwesternreact.org) ♦



June McCollough, SWR 054, confers with race staff prior to the start of the Cycle East-lake event, May 21, 2016.  
Mike Bailey, SWR 092

## Preparing for the Unthinkable

By Roger McCollough, SWR 098, President

### *Thinking about the News and Your Ability to Act*

The recent disasters in Paris and Nice, France are a long ways away. There is about 9,000 miles between their problems and our safety. But how far away is the human tragedy in Orlando, Florida, or in Dallas? I don't need to give you a list to bring you my point; where will disaster, human or natural, hit next, and what will you do?

Now we are not likely to see disasters of this kind... or are we? Here is a link to Kevin Reeve, a defense expert, on the thinking of people caught up

in what he calls "Normalcy Bias"; that is, maybe what is going on has a "normal" cause (gunfire mistaken for fireworks or a car backfire). It is likely that your Normalcy Bias response is a slow critical realization, that is, the basic "fight or flight" (follow the mob).

**Link:** <https://ahtrimble.com/2016/03/15/counter-intuitive-strategies-for-facing-an-active-shooter/>

If you read his article carefully, and



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SWR's mission is to prepare for communications during emergencies and disasters. This preparation is accomplished through working community events such as: The Mother Goose (El Cajon) and North Park Holiday Parades, Descanso Endurance Horse Ride, San Diego International Triathlon, Fiesta Island Time Trials, the Silver Strand Half Marathon and CalFire Volunteers In Prevention Red Flag Patrol.

### **OFFICERS**

**President:** Roger McCollough  
SWR 098

**Vice-President:** Daniel McDougal  
SWR 063

**Secretary:** June McCollough  
SWR 054

**Treasurer (Interim):**  
June McCollough  
SWR 054

**Director-At-Large:**  
Wayne Oliver  
SWR 142

The Southwestern REACT General Meeting is held the third Thursday of the month at 7:00 PM at 2650 Melbourne Drive San Diego, CA

### **REACTIVE TEAM NET**

The Team Net is held monthly on the first and fourth Thursdays at 8:00 PM on the 449.440 Mhz Community Based Repeater with a Negative offset of 5Mhz and a PL tone of 107.2 Hz (Mt Olay).

study that he teaches us that survival and disaster mitigation comes from:

1. The ability to recognize the true event,
2. The ability to accept the paradigm shift represented by the event, and
3. The ability to adapt to it.

These skills apply to any activity that involves protecting life and property, such as quakes, wildfires, and the loss of infrastructure. I remind you of something I hope you have heard and remember; You can't help others if you don't take care of yourself.

### **New Team Go-Box Portable Station**

If you missed it at the last General Meeting, the Team voted to purchase two three part tool cases on sale at Home Depot. We will have one of them at the next meeting. The intention is to make them into a portable VHF/UHF station to replace the station in the trailer. Final planning and design are pending, but currently the bottom box will be the power equipment, the middle unit will contain the radio(s), and the top unit will hold parts and cables. If you have any feature or design ideas, we are open to your suggestions. Part of this construction involves salvaging useful items from the trailer. Look for a notice from Daniel Mc. for date and time.

Daniel Willan has been doing a search of the internet, and he found a power box using the same bottom box of the tool kit we bought. That is a start. It has not been decided if the radio unit (middle box) will support just a VHF/UHF transceiver and accessories or some other radio or repeater. When complete, the Go-Box should be a complete, stand-alone radio site supported by its battery, or AC (through a charger, external generator, or solar panels.) Let's see how good a station we can build.

### **The Upcoming Refreshing of the Team Mind and Capability**

Finally a review of currently standing events shows we are quiet until September. To make the best use of the free time we will go into a heavy training program. Some of you have unique or special skills and if they apply to our mission, we welcome your input. Contact Dee if it can be covered in 15 minutes or less during a training moment. If what you have to offer requires more time, contact Training Chair, Carl D. We intend to compress the general meeting agenda for the summer for additional training. Come to learn or teach or both.

"Nuf said..."

**LET'S GIT' ER DONE!!! ♦**

[pres@southwesternreact.org](mailto:pres@southwesternreact.org)

## **After Action Report: 2016 San Diego International Triathlon**

Submitted by Don Dodson, SWR #055, Event Coordinator

SW REACT provided communications support for the 2016 San Diego International Triathlon held on June 26, 2016. Hard copies of documents generated or provided by the event holder are provided as attachments to the original hard copy of this Report, which will be given to the Vice President at the next General Meeting.

Nine (9) SWR Team Members worked the event in the following assignments:

- NET CONTROL & STAR OF INDIA: George Reeves, SWR #081
- SHADOW: Dee Osargent, SWR #058
- CABRILLO POINT: Wayne Oliver, SWR #142
- NAVAL STATION GATE: Walter Wallenborn, SWR #089

- LOWER CAÑON @ LOCUST: June (SWR #054) and Roger (SWR #098) McCollough
- START / TRANSITION: Don Dodson, SWR #055
- HARBOR ISLAND: Jim Patterson, SWR #151
- FINISH: Mike Woods, SWR #057

### **What Worked Well?**

- Member radios and both frequencies worked well with minimal relocations requested by Net Control. Primary Frequency: Team #5 and Alternate: Team #3/#4.
- Essential positions were covered, as requested by the Race Director.
- All Team Members were either on their assigned stations or at the Event Briefing on time.

### **What Could Make This Event Better?**

- Provide the Team Event Coordinator with more lead time for pre-event meeting(s) and with the alleged “bind-er” of previous lessons learned.
- Add mile markers on map provided by Race Director, since they are used as reference points for tracking participants and reporting mishaps.
- A designated chase person for the run portion to reduce potential of “missing” the last runner when they are not visible from the motor vehicle route. {Perhaps the Event Holder could arrange for the volunteer Race Guards to have a bicycle that stays in contact with the last runner/walker.}
- Recommend to the Race Director that the bicycle course delineation at Lower Cañon and Locust Streets smooth out the out-bound and in-bound turns.
- Recommend to the Race Director that the volunteers assigned to keep the participant pathways clear be better trained in crowd control. The public walkway east of the public rest room building at Start/Transition presents an exposure to potential injury to participants and the general public. Many non-participant pedestrians were observed crossing when participants were running out of the water to Transition and out of Transition onto the foot race course. It was noticed that some of the volunteers were staring at the bay flapping their arms as non-participant pedestrians walked past them directly into running participants. Also, the concept of using an “outdoor command voice” would be more effective. It was witnessed that a collision occurred between an out-bound runner and a rather disoriented male non-participant who ignored the rather ineffective attempts to keep him out of harm’s way. Perhaps, channeling the wandering non-participant pedestrians with caution tape on traffic control “candles” and instructing volunteers at the forced crossing gap location to face the non-participants rather than having their backs to them.

### **Other Information:**

- Seek to reduce confusion on souvenir tee shirts.

Our thanks to Repeater Trustee Chuck Wood, for his gracious use of the Mission Hills Repeater. I also wish to personally thank all Team Members for their professional assistance and participation. ♦

## **American Red Cross Communication Team Report**

By June McCollough, SWR 054

The ARCCT meeting for July was held on July 9th. Discussed call out for the Border Fire at ICP and ARC shelter.

ARCCT has a net every Tuesday night at 2000 hours (8:00 PM) on the ACS

Frequency: 147.195; all amateur radio operators are welcome to check-in.

The next meeting will be on August 6th at 9:00 AM at 3950 Calle Fortunada, San Diego, CA. 92123. This meeting will be a Readiness Exercise.

These meetings are open for anyone unless they are discussing confidential ARC business. ♦



## Auxiliary Communications Services (ACS)

By June McCollough, SWR 054

The ACS meeting was held on July 11th at the Office of Emergency Service (OES). We discussed our part in the Border Fire for OES.

July 30th will be another training meeting 1300-1700 – subject is still being decided.

We have a net every Monday except the first Monday or County Holidays at 1930 (7:30 PM). It starts on frequency 147.195 and then moves to 223.800, 52.600 and 448.78 (not necessarily in that order). If you would like to check it out, please feel free to check-in as visitor when requested at the end of the formal part of the net.

The next meeting will be on August 1st at 1830 hours (6:30 PM). All are welcome. ♦

## Amateur Radio Emergency Service (ARES)

By John Wright, SWR 042

The ARES meeting was held July 9th at 8:00 AM at Scripps La Jolla hospital.

Topics discussed included the recent amateur radio Field Day, planning for the Miramar Air Show, (September 23-25 2016) and upcoming training activities.

Photographs were shown of the Field Day activities of the San Diego Six Shooters and the South Bay Amateur Radio Society.

The next ARES meeting will be on August 13th at 8:00 AM at Scripps La Jolla Hospital. The main topic will be a table-top Simulated Emergency

Test. This will be conducted in the same manner as a normal SET, but will be face to face.

As always, the meeting will be followed by the Gateway Communicator Workshop. ♦

## REACT General Meeting Team Training Moment

Submitted By Dee Osargent, SWR 058

At our next general meeting, July 21, Don Dodson will present "An Introduction to the Incident Command System (ICS)." ♦

### Events/Meetings/Nets

- Sept 25th Fiesta Island Time Trails #5 of 6
- Nov 6th Fiesta Island Time Trails #6 of 6
- Nov 20th Mother Goose Parade
- July 21st REACT General Meeting
- August 11th REACT Board Meeting
- July 29th REACTIVE Net
- August 4th REACTIVE Net

If you would like to help with these events, please contact a board member at [board@southwesternreact.org](mailto:board@southwesternreact.org).

### 2016 TEAM JOBS

#### FROM POLICIES AND PROCEDURES

*Appointed officers (sect. 2):*

SERGEANT-AT-ARMS

CHAPLAIN

HOSTESS

HISTORIAN

PARLIAMENTARIAN

BB REPEATER TRUSTEE

AMATEUR REPEATER TRUSTEE

PUBLIC INFORMATION OFFICER

Carl Jensen

Carl Jensen

Daniel McDougal

Doug Waltman

*Committee chairpersons (sect. 3)*

AUDIT

[as needed]

BUDGET

[as needed]

BUILDING & PLANNING

BY-LAWS

TEAM EQUIPMENT

Mike Corum

ELECTION

[as needed]

INTER-ORGANIZATION LIAISONS:

• ANIMAL RESCUE

Dee Osargent

• ARES

- CALFIRE George Reeves
  - CIVIL AIR PATROL Mike Woods
  - ACS Roger & June McCollough
  - RED CROSS Roger & June McCollough
  - SANDARC Roger & June McCollough, George Reeves, Daniel McDougal,
  - VOAD Roger McCollough
- MEMBERSHIP Grady Yearwood  
NOMINATING [as needed]  
POLICY AND PROCEDURES  
PROGRAM Dee Osargent  
REACT NET George Reeves

- REACT STORE  
SUNSHINE  
TRAINING Carl Demas  
WAYS & MEANS  
AMATEUR RADIO CLUB  
JUNIOR REACT  
MANAGEMENT INFORMATION SYSTEM  
WEB MASTER Mike Corum
- FROM BY-LAWS Article XI**  
TEAM BULLETIN EDITOR John Wright

## More Cycle Eastlake Pictures

Courtesy Mike Bailey, SWR 092

