



**CARLEEN HEALTH INSTITUTE**  
of SOUTH FLORIDA

## Skills Checklist

Students are responsible for knowledge and mastery of the following skills during the various clinical experiences. There are many audiovisuals available to further demonstrate and clarify these skills. You are encouraged to go to the campus lab frequently for practice. Failure to perform the indicated skills on a satisfactory level upon completion of the course may result in a clinical failure of the course.

### NURSING PROCESS/ TRANSITION NURSING I

Basic communication skills	Specimen collections: urine, stool, sputum, cultures
Complete hygiene care	Enemas
Bed-Making	Postmortem care
Body Mechanics and ROM	Urine S&A, blood glucose monitoring
Transfer and positioning	Urinary catheter insertion and care
Vital signs-manual/ automatic	Sterile technique: simple and CVC dressing
Restraints	Nutrition care: feed patient(oral, tube)
Universal precautions	Maintenance of N/G tube
Medical asepsis	Weigh patient
Isolation techniques	Intake and Output
Basic physical assessment	Application of heat and cold
History taking	Application of ace bandages/Ted hose
Principles of Documentation:	Nursing care plan
Flow sheets and narrative	Oral suctioning
Medication administration and documentation:	Oxygen maintenance via nasal cannula
Oral, IM, Subq, IVPB (tubing change, regulation)	Use and maintenance of pulse oximetry
Dosage calculations/ IV rate calculations	

**In addition to the Nursing Process skills, students will be responsible for following additional skills listed in the following individual courses.**

### HEALTH ALTERATIONS I / TRANSITION NURSING I

Bladder irrigation and CBI	TPN administration
Colostomy care and health teaching	Insulin administration and health teaching
Advanced assessment skills for GI/GU/Endocrine	Insertion of gastrointestinal tubes and maintenance
Patient controlled analgesia, epidural and duramorph	
Care of patient and maintenance of equipment	

### HEALTH ALTERATIONS II / TRANSITION NURSING II

Knowledge and use of therapeutic beds	Traction equipment and cars
Cast care	Administer IV push medication
Advanced Ortho-Neuro assessment	Insertion of peripheral intravenous catheters

### HEALTH ALTERATIONS III / TRANSITION NURSING III

Advanced assessment of cardio-respiratory client	Postural drainage
Application of monitoring devices	Tracheotomy care
Discussion of ventilators	Suctioning- naso/endo tracheal
Advanced inhalation therapy (MDI, nebulizers)	Discuss chest tubes and care of patient
Use and maintenance of pulse oximetry	Identification of dangerous arrhythmia
Use and maintenance of CO <sub>2</sub> analyzer	Use of manual resuscitators
Oxygen administration and equipment maintenance	Use of electronic anti-arrhythmic devices

### PEDIATRICS

Assessment of the pediatric patient	Medication calculations of pediatric doses
Maintenance of croupette	Burette setup and maintenance

### HEALTH CARE OF WOMEN

Assessment and care of women in the stages of pregnancy, labor, delivery, and postpartum	Doppler to detect pulses and fetal heart tones
Assessment and care of the newborn	Skillful insertion of urinary catheter
Health teaching: maternal and child care	Discussion of fetal heart monitoring

### PSYCHIATRIC NURSING

Performs a psychiatric examination	Utilizes advanced communication skills
Conducts interview- one to one interaction	Familiarizes self with community resources
Transfers principals to other health care settings i.e. Medical-Surgical area	

### HEALTH ALTERATIONS IV/TRANSITION NURSING IV

Demonstrates ability to care for a group of patients	Demonstrates problem solving techniques, management
Participates in various types of health care delivery Systems - i.e. Home Health	Management and leadership skills for a group of patients
Evaluates effects of care and achieved outcomes criteria for assigned patients	Give a comprehensive report on group of patients

**IN ADDITION, STUDENTS WILL BE RESPONSIBLE FOR ALL SKILLS LISTED ABOVE BEFORE COMPLETING THE NURSING PROGRAM.**

Signature \_\_\_\_\_

Date: \_\_\_\_\_